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May 2023 • Issue 282

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DEAR READERS

Dear Readers

Whether you are a supporter or not of the Royal Family, you cannot get away from the fact that the Brits know how to celebrate. Only a few of us will remember the last Coronation of Queen Elizabeth II, so this month's **Coronation** will be one to enjoy. Many of the groups and charities in the area are organising events for the **King Charles III Coronation**. See page 38 for more information.

We would like to congratulate **TJ Electricals**, Camposol B on their 12<sup>th</sup> Anniversary. They have provided a wonderful service to so many happy customers.

We **Welcome/Welcome Back** the following advertisers:

- Astronomy Tours
- Bar La Granja
- For Sale House Spain
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We continue to cover Southwest Murcia and Beyond, with great response from businesses in Mojácar particularly. Many

businesses are prepared to travel from their bases to all of the areas that we distribute the **Costa Cálida Chronicle and Beyond**. Our website is updated each and every month, going live by the first of the month so that everyone has the opportunity, wherever they are in the world, to read the latest copy. We give all groups, organisations and charities in the area the chance to have an article printed in the magazine each and every month, but please note that the deadline for guaranteeing inclusion is the 15<sup>th</sup> of the previous month.

Enjoy the good weather and take advantage of visiting some of the beautiful places in the area including Northwest Murcia and Southwest Murcia and Beyond.

From the **Costa Cálida Chronicle and Beyond** team

THANK YOU TO OUR CONTRIBUTORS

- Adrian & Dawn Leyland Bridge - **History Snippets**
- Ashlí Miréla - **Health & Wellness**
- Car Registrations Spain - **Driving in Spain**
- Jane Cronin - **Learning Spanish**
- LG Dental - **New Teeth in One Day**
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**The Value of Local Financial Advice**

This is the fourth article I have written on the value of choosing a **Financial Adviser** who is well-established in your local area; not just because this is a matter of great importance, but also because if you are forearmed, you can avoid the pitfalls and expensive mistakes that expats are encountering on a daily basis. In my previous article, I explained how some ill-informed advice from a UK based adviser sadly resulted in the client receiving a €70,000 tax bill due to the lack of knowledge of the Spanish tax system. I am going to share the uncomfortable and costly experiences that a new client of mine was recently confronted with.

Quite simply, the clients had a long-term relationship with their UK adviser. They held a large investment portfolio and over the years they have been transferring their investments over to ISAs to benefit from the tax advantages the ISA offered.

The clients had been in Spain since 2014 but kept most of their finances in the UK as they travelled back and forth between the two countries. Despite the clients becoming Spanish tax residents in 2019, the adviser continued to manage their investments with

the same strategy.

Through the clients' bank and the Common Reporting Standards requirements, the Spanish Authorities became aware of the recent transaction. This resulted in serious consequences.

You are not allowed new ISA subscriptions if you are not UK resident Tax is due on profits from ISAs in Spain. The clients had a full tax review from the Hacienda going back to 2016. (The Hacienda can only go back 5 years fortunately for this client)

One can only imagine the stress these clients were facing and frustratingly, this could have been easily avoided if they had found a Spain-based adviser when they became residents.

This is an ongoing investigation that ended up being very expensive for the clients.

Additionally, the financial adviser in the UK was completely ignorant to the products that were tax efficient in Spain and available to these clients. This is a common problem for advisers based in the UK. They wish to retain their long-standing clients with whom they have a trusted relationship and from whom

will continue to receive the trail commissions and annual fees, but quite often they can be obtuse to the financial harm their clients risk. Following Brexit, it is very unlikely that a UK based financial adviser will have all the passporting requirements needed to provide regulated advice in the EU anymore.

Arguably, a UK based adviser should never be responsible for giving financial advice to someone based in Spain, as they have no idea of the implications the advice could bring on a client.

I often work alongside UK based advisers to assist their clients in preventing catastrophic mistakes. Please be vigilant with your financial planning in Spain and contact us for a no-obligation review of your portfolio.

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Our office suite is easy to find on the main N332 through road of San Pedro del Pinatar with easy parking.

If you want more information or wish to make an appointment to discuss your own situation, please call **657 684 094** or email [keith.littlewood@blacktowerfm.com](mailto:keith.littlewood@blacktowerfm.com)

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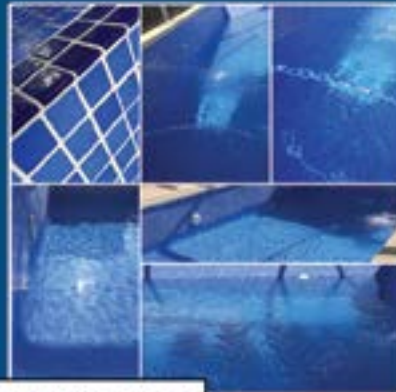
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**EDITORIAL**



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**Night Sky In May**

**Evening Sky** in May perfectly reflects the spirit of Spring that surrounds us and welcomes us with new energy and keenness to explore and appreciate the world around us. As soon as the darkness comes, what greets us, is the cornucopia of shapes and patterns that during our history we came to recognize as constellations, both the zodiac and the general ones.



Picture of the Plough and the North Star

Each of those constellations hides a precious gem easily discoverable while stargazing and observing the night sky with a telescope! The most recognizable is the **Big Dipper** and with this constellation a way to find the **North Star**, knowledge of the direction of the **World** and the

geographical position of the observer. That characteristic constellation has been a companion of all travellers throughout history.



When the roaring **Leo** climbs above the horizon, it helps us position the telescope to take a look at **Leo Triplet**, three galaxies so close to each other they can be captured together in a single picture. **Zodiacal Cancer, Virgo** and **Libra** will find their celestial reflections on the sky in May evening as well; with them, more secrets to explore the **Universe** and to take a peek at with the telescope.

A young population of stars sharing the same origin, known today as a **Beehive Cluster**, can be observed via the telescope and on a dark night even seen with the

naked eye. It has been described by the ancient astronomer Ptolemy as a "Nebulous mass in the chest of Cancer". Within the constellation of a beloved ancient hero, **Hercules**, we can observe the remains of distant galaxies absorbed by our own within a **Globular Cluster of Hercules**.



Picture of the three galaxies (taken by my husband, Charles)

A constellation crucial to the development of our civilization and portrayed within the shapes of ancient pyramids, **The Summer Triangle**, unveils the secrets to determine the ways of nature and gift human beings with the knowledge we have today.

For more information please call **623 140 902**

**EDITORIAL**



Tel: +34 631 484 511

[info@camposolpropertysales.com](mailto:info@camposolpropertysales.com)

[www.camposolpropertysales.com](http://www.camposolpropertysales.com)

**Exciting Times For Camposol Property Sales:**

Sylvia van de Velde joins myself at **Camposol Property Sales** as a 50% Business Partner.



Sylvia and I have worked together previously at another company for quite a few years

and since then have always remained friends. We always talked about one day working together again and the timing was perfect for us both to enable this to happen. Between us we have nearly 25 years' experience of selling properties on Camposol and we believe we will be the perfect fit to take **Camposol Property Sales** on to the next level.

We both have the same desire to want our clients to be satisfied and happy with our services, with the focus on 'clients come first'. We also feel honesty is a priority. Sylvia has several language skills which include Dutch, (and Flemish), German, Spanish, English & French, which will enable our company to grow bigger and stronger. She has been working in the industry for

about marketing your property through us, or just to say hi and wish Sylvia luck for the future. We thank all our clients who have helped in making our **Camposol Property Sales** grow to where we are and now together we can grow even stronger.



If you are looking for a trustworthy, reliable and friendly estate agent to market your property, we are the one for you. Have you been with an agent too long? Are your selling fees too high? Are you new to the market? Contact **Camposol Property Sales** to list your property. No sale no fee. We do exclusive videos and virtual viewings for all of our properties.

Don't hesitate to contact us today either by email or phone:  
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**We are here to help you sell your property.**

the last 13 years as an office manager, but such is her belief in our project, she quickly jumped at the chance as soon as i discussed and offered her this opportunity. We are both very excited to be taking our company forward.

Please feel free to call in to enquire

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# South West & Beyond

Including Aguilas, Garrucha, Lorca, Los Gallardos,  
Mojácar, Puerto Lumbreras & Vera

EDITORIAL



Nr: +34 950 478 935

Web: <https://mojacarestates.com>

## Discover Mojácar: 5 Reasons to Make Almería's Hidden Gem Your Home

The stunning town of **Mojácar**, located in the province of Almería, Andalusia, has been captivating the hearts of many for years. This hidden gem on the SE coast of Spain offers a unique blend of natural beauty, history and modern amenities that make it an ideal destination for those looking to invest in property. You may be wondering why you should choose **Mojácar** as your new home. Here are five compelling reasons to buy property in this picturesque town and why **Mojácar Estates** is the perfect agency to guide you through the process:

backdrop of the Sierra Cabrera Mountains, there's no shortage of natural beauty to explore. The town has managed to preserve its charm, making it an attractive location for those seeking a tranquil retreat from the hustle and bustle of city life.

**Rich History and Culture:** **Mojacar's** history dates back to the Bronze Age and its multicultural influences can be seen in the architecture and historical sites. The town is divided into two parts:

**Mojácar Pueblo**, a traditional hilltop village with winding streets, white-washed houses and stunning views.

**Mojácar Playa**, the modern beachfront area with a variety of restaurants, shops and nightlife.

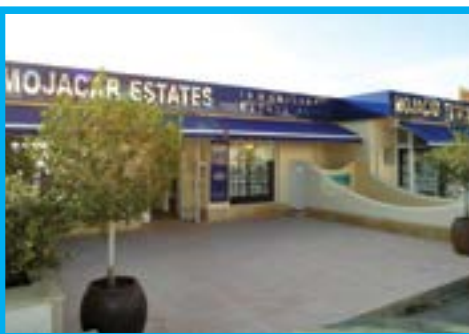
This blend of old and new creates a captivating atmosphere that provides an authentic Spanish experience.

from various countries, including the UK, Germany and Scandinavia. This diverse population fosters a welcoming atmosphere and ensures plenty of resources, events and support as you integrate into your new life in Spain.

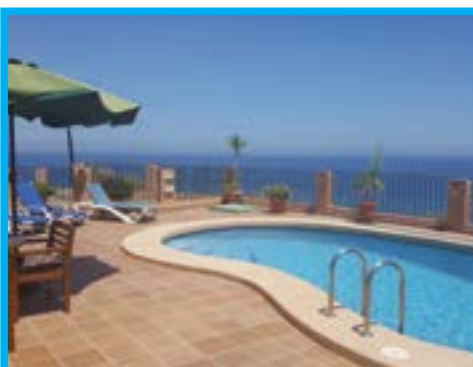
**Affordable Property Market:** **Mojácar** remains reasonably priced compared to other popular coastal regions in Spain. With a wide range of properties available, from modern apartments to traditional Andalusian-style villas, there is something to suit every taste and budget. This affordability, coupled with the town's strong appeal, makes **Mojácar** a sound investment choice.

**Favourable Climate:** With over 300 days of sunshine per year and mild temperatures, **Mojácar** boasts an exceptional climate. The Mediterranean weather allows for outdoor activities such as golfing, hiking, cycling and water sports, to be enjoyed all year round. This fabulous climate not only improves your quality of life, but also makes for a sound property investment.

**Strong Global Community:** **Mojácar** has a vibrant community of people from all over Spain and the world, with residents hailing



**Unspoiled Beauty:** **Mojácar** is known for its idyllic landscapes, ranging from pristine beaches to breath-taking mountain ranges. With 17 kilometres of coastline and a



## Why Choose Mojácar Estates?

**Mojácar Estates** is a reputable real estate agency with over 40 years of experience in the area. Their team of multilingual experts is dedicated to helping their clients find their dream property in **Mojácar**. As a locally-based agency, they have an in-depth understanding of the property market and can provide invaluable advice and insights. By choosing **Mojácar Estates**, you can expect personalized service and support throughout the entire buying process. Their commitment to customer satisfaction, extensive knowledge of the area and strong relationships with local professionals ensure a smooth and stress-free experience.

**Mojácar**, with its unspoiled beauty, rich history, fantastic climate, vibrant global community and affordable property market, is an ideal location for those looking to invest in a Spanish property. Trust **Mojácar Estates** to help you find the perfect property and make your dream of owning a home in this enchanting town a reality.



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**GROUPS**

**Los Bandidos**

Email: [ironmankev08@gmail.com](mailto:ironmankev08@gmail.com)



**Los Bandidos Kick Off The Season**  
Just five Los Bandidos runners participated in the first race in the Circuito de Carreras Populares Diputación de Almería 2023 in Olula del Rio on Saturday 14<sup>th</sup> April. The race was advertised as 10k, but the actual route, which went through the town and along the Via Verde, was just under 9k. Once again the **Los Bandidos Ladies** came away with trophies!

as to the overall winners.

142 - Rachael Slack - 51:57 (1<sup>st</sup> E-F)  
146 - Sharon Howelett - 54:54 (2<sup>nd</sup> D-F)

Full results:

<https://www.cruzandolameta.es/clasificaciones/v2/olula-del-rio-circuito-de-carreras-populares-diputacion-de-almeria-2023---1796/#clasificaciones>

**Los Bandidos** was set up in June 2018 with a small group running the 5k Mojácar Paseo. The group now has road cycling, sea swimming and triathlon groups. All ages, nationalities and speeds are welcome, whether permanent residents or holiday makers.

**Los Bandidos** are keen to integrate and support the local community. We are currently collecting non-perishable food and toiletries for the **Red Cross Food Bank**.

We are very sociable and most sessions are followed by a post-activity coffee, cake or breakfast, depending on the time of day. Follow us on Facebook to keep up-to-date with our latest activities [facebook.com/groups/490933409244200](https://www.facebook.com/groups/490933409244200)  
We look forward to seeing you soon.



**Los Bandidos** results (position, name, time and age group prizes)

70 - Steve Slack - 40:06  
79 - Aki Lisauskaite - 40:49 (3<sup>rd</sup> F)  
126 - Sarah Briggs - 49:42

The winner finished in 31:25, with the first lady in 32:31. 159 runners crossed the finish line. Trophies were awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in each age group as well



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**Ref 2635: Linked Villa in San Juan de los Terreros**



Linked Villa offered as two independent properties comprising in total 5 beds/ 3 baths, located in the hamlet of Pilar de Jaravía, just 5 minutes drive from San Juan de los Terreros.

The property benefits from high ceilings, double glazed windows, a rear courtyard with a built-in dipping infinity pool type jacuzzi, two large covered terraces, a great outdoor storage area and roof terrace with 360° views.

€249,000

**Ref 2340: 4 Bed villa on the outskirts of Vera**



Opulent 4 bed residence set in 10,000 mts<sup>2</sup>. The ground floor offers living accommodation with the added benefit of a study and laundry/ironing room, master bedroom with ensuite and walk in dressing area. 2 further double bedrooms and 2nd bathroom. The semi basement area can be accessed internally and externally making it ideal to be converted to a separate annexe and comprises double bedroom, bathroom, study and large "multi purpose room". Externally there is a fully walled mature garden, garage, private pool and decking, children's playground and entertaining area with outside kitchen, BBQ and toilet facilities.

€549,950

**Ref 2610: 2 bed villa in Garrucha**



Detached 2 bed Villa in Garrucha set in 10,000 mts offering excellent views of the mountains and Mojácar Village. All rooms are exterior and therefore benefit from lots of natural light. There is a large open plan garage and the many extras including fan assisted wood burner, fully fitted kitchen with breakfast bar, large cloakroom (big enough to add a shower), and french windows to the terrace of the main bedroom.

€245,000

**Ref 2575: 2 bed / 2 bath apartment Los Gallardos**



2 bed / 2 bath ground floor apartment in Los Olivos development in Los Gallardos with it's own private garden as well as communal gardens, 2 swimming pools/changing rooms etc. The apartment benefits from air conditioning, granite worktops in the kitchen and a covered terrace. Los Gallardos is within walking distance and the sea just a short drive.

€95,000



**CHARITY**

Web: <https://paws-patas.org>



Dogs: [dogs@paws-patas.org](mailto:dogs@paws-patas.org)

Cats: [cats@paws-patas.org](mailto:cats@paws-patas.org)

Nr: +34 711 01 92 16

**Night In The Kennels!**

One of our lovely volunteers, Christine Logan, is becoming a legend at the **PAWS-PATAS** shelter for her fundraising antics!



For the 3<sup>rd</sup> year running, Christine raised money for the wonderful dogs at **PAWS-PATAS**. This year's fundraising culminated in Christine spending a night in our kennels with one of our residents - **Jamie!**

With the final amount totalling €1,600, a huge thank you goes to Christine from the **PAWS-PATAS** team!



**PAWS-PATAS'** mission is to help reduce the number of stray and abandoned animals in the area by sheltering them and trying to find them permanent homes. We also reduce dog and cat overpopulation through neutering.

**PAWS-PATAS** endeavours not to have to sacrifice any animal in our care that is medically and behaviourally sound.

**PAWS-PATAS** is run entirely by volunteers and we depend solely on donations from

the public and our outlets in Mojácar, Turre and Las Bouganvillas. We know we can't remove the problem, but with your support we can relieve a lot of unnecessary suffering.



For further information regarding volunteering, adopting, fostering, etc. please visit our website [www.paws-patas.org](http://www.paws-patas.org)

 HORARIO DE AUTOBUS LOCAL DESDE EL 1 DE ABRIL AL 31 DE MAYO DE 2023					
SOPALMO	MAGENAS	PTO.MARINA H-INDALO	P. COMERCIAL	MOJÁCAR PUEBLO	MARINA TORRE/ AVDA.PALACIO
08:50	08:52	8:55 9:25 9:55	9:10 9:35 10:10	9:15 9:45 10:15	9:30 10:00 10:30 Va a Mágina
	10:50	10:25 10:55 11:25 11:55 12:25 12:55	10:35 11:10 11:35 12:10 12:35 13:10	10:45 11:15 11:45 12:15 12:45 13:15	11:00 11:30 12:00 12:30 13:00 13:30 Va a Mágina
	13:50	13:25 13:55	13:35 14:10	13:45 14:15	14:00 14:30 Va a Sopalmos
14:50	14:52	14:55 15:55 16:25 16:55	15:10 16:10 16:35 17:10	15:15 16:15 16:45 17:15	15:30 16:30 17:00 17:30 Va a Mágina
	17:50	17:25 17:55 18:25 18:55	17:35 18:10 18:35 19:10	17:45 18:15 18:45 19:15	18:00 18:30 19:00 19:30 Va a Mágina
	19:50	19:55 20:55	20:10 21:10	20:15 21:15	20:30 21:30 Va a Mágina
	21:50	21:55 22:55	22:10 23:10	22:15 23:15	22:30 23:30 Fin de trayecto
Jueves y Viernes Santo		23:55 24:55	24:10 01:10	24:15 01:15	24:30 01:30 Fin de trayecto

Mojácar R  
Misión social y cultural

Más información: 950 61 50 25

**Hippie peace and love party**

**Yamaya beach Bar Mojácar May 20th**

Live music by **GLAM SLAM**

60's and 70's disco

5€ Entry tickets from Yamaha all proceeds to the Vera and District Lions club



**RELIGION**

*Living Water Church Mojácar*

[www.facebook.com/LivingWaterChurchMojacar](http://www.facebook.com/LivingWaterChurchMojacar)  
[www.livingwaterchurchmojazar.com](http://www.livingwaterchurchmojazar.com)

**The View From God's Eyes**

The eyes of the Lord are everywhere, keeping watch on the wicked and the good, so what creates a different view of us within God's eyes?

One view of us all by God is seen *before* the cross and the other view is seen *after* the cross. God loves His creation; His very nature is love. His love is experienced differently by those who love and accept Him, to those who do not accept that Jesus died on the cross for us.

Two people outside on a bright sunny day can have very different experiences. The one who is in the sunshine is warm, whilst the other who is in the windy shadows can be very cold. The sun is the same; it is just the different positions we choose to stand in.

When people accept Jesus on the cross, this has the effect of changing the view in God's eyes. God's eyes then become filtered by the cross of Jesus. Because of this, all our misdeeds are seen differently by God, so instead of experiencing the fullness of the guilt we all deserve, we receive the experience of forgiveness and are seen by God without all our guilt. All our guilt has been left with Jesus on that cross.

Non-Christians are the unbelieving ones. By self-choice, they are choosing not to believe in His cross, but believe in themselves or other alternative things. Our God still loves them, even if they choose not to believe, but all their misdeeds are not hidden. This is the choice God gives you, because of love.

True love lets people go; true love does not force anyone to love them. Let's be honest; if everyone could do it, it would be so easy for God. He only wants people to believe in Him by their own personal choice. You do not need to practice Godly habits; you don't need degrees in theology. The thief next to Jesus on the cross did not have time to learn these things. For him, he just accepted his Saviour and that is all that he needed or had time for.

The view from God's eyes was changed by the view of our acceptance of Jesus on the cross. Think of God's eyes looking down on you with forgiveness and love. God always views you with love.

*Dave McInerney*

**CHARITY**

Web: <https://paws-patas.org>



Dogs: [dogs@paws-patas.org](mailto:dogs@paws-patas.org)  
 Cats: [cats@paws-patas.org](mailto:cats@paws-patas.org)  
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**Who Let The Dogs Out?** by Chrissie Cremore

Spring has definitely sprung and **PAWS-PATAS** animal charity were delighted to offer a fabulous fun day with their **Spring Fayre** at The Oasis Camp Site, Los Gallardos on Sunday 16<sup>th</sup> April. With the sun shining and not a cloud in the sky, people flocked in to enjoy an impressive array of entertainment, plus meet some of the kittens, cats and dogs from the nearby shelter. With plenty of seating, food and drink on offer, folk were able to leisurely wander around the 19 craft stalls offering an incredible range of home-made goods from greeting cards, toys, jewellery, ornaments, cakes, ceramics and much, much more. Karen Hillman's famous onion bhajis sold out instantly and raised an incredible 230€!



The warmth of the afternoon weather, coupled with the varied live acoustic sounds, supplied a mellow and relaxing backdrop to the event. For those feeling brave enough, the large swimming pool was open for use with sun beds available to have a siesta after so much activity. The afternoon proved to be an amazing success, not only raising an incredible amount of €1,751, but puppy and kitten adoptions were secured and people came forward offering to volunteer at the shelter and in their outlets.

Shelter Manager Vanessa Maipaw who joined **PAWS-PATAS** 6 years ago explained "We always need more helping hands. There are so many ways in which you can get involved with the cats and the dogs, not just cleaning and feeding, but walking and socialising with the animals, perhaps even driving those lucky enough to their forever homes overseas. We also need fosterers and will supply food, bedding and medical assistance if required. If you have the time and wish to help, we can offer you what best suits you and your abilities."

**PAWS-PATAS** receives no Government funding and in order to 'keep the wheels turning' at the shelter, monthly costs can be as much as €12,000 including vet bills, electricity, water, maintenance, food, cat litter, cleaning goods, fuel, etc. Vanessa concluded "In the past 6 years I have witnessed 1,239 dogs finding their 'forever homes' in Spain, Holland, Germany, Belgium and the UK. We are so grateful for your continuous support and generous donations."

**PAWS-PATAS** have 4 outlets situated in Mojácar, Turre and Las Buganvillas. For further information please visit:

[www.paws-patas.org](http://www.paws-patas.org)  
 Email [dogs@paws-patas.org](mailto:dogs@paws-patas.org)

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NEWS

# South West News

We receive information from the South West region on activities very close to the events happening which is often too late to publish in the current magazine. Keep up to date with fiestas etc, by checking the blog [www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/](http://www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/)

**Including: Aguilas, Garrucha, Lorca, Los Gallardos, Mojácar, Puerto Lumbreras & Vera**  
**Check at your local Tourist Office for full details of events.**

**Don't forget to check out our Business News section on page 6 to see what fabulous offers, events and announcements some of our advertisers have this month**

**Aguilas**  
[www.aguilas.org](http://www.aguilas.org)  
 Tel 968 493 285 - Sat Market

**Saturday 6<sup>th</sup> May - La Curva de la Felicidad** @ Doña Elena Auditorio

**Sunday 14<sup>th</sup> May - Cantajuegos** @ Doña Elena Auditorio

**Sunday 28<sup>th</sup> May - Musical from the 80's** @ Doña Elena Auditorio

**Saturday 6<sup>th</sup> May - Visit to the Historical Centre of Águilas**, narration in Spanish. (Accessible route for people with reduced mobility)  
 Visit the Carnival Monument, Plaza de España, Church, Archaeological Museum, Roman Baths (subject to availability) and Carnival Museum. Departure from Tourist Office 11am. Max 30 people.

**Sunday 14<sup>th</sup> May - 4.7km Free Marina de Cope Walking Tour** on the coast of Aguilas. 9.30am from Restaurante El Pocio in La Marina de Cope.

**Sunday 21<sup>st</sup> May - Free Guided Tour of Aguilas Railway's History**, narration in English. 11am.  
 Book at Tourist Information Centre

**Sunday 21<sup>st</sup> May - 8km Sendalhamá Hiking Tour** (approx 4hrs/med-low

difficulty)  
 Discover the famous Pozos de Nieve. 8am from La Cubana Park Esplanade.  
 Register at Tourist Office.

**Sunday 28<sup>th</sup> May - Free Guided Tour of Aguilas. 11am from Tourist Office.**

**Every Saturday - Antique & Collectable Market** near the Railway Station. From 10am

**Contemporáneos de Coronado Permanent Art Exhibition** @ Doña Elena Auditorio Thur-Sun 7pm-10pm

**Carnival Museum** @ the Francisco Rabal Cultural House.  
 See some of the amazing carnival costumes which are changed each year to show those from the most recent carnival festival.  
 Open Tues-Sat 9am-2pm & 4-9pm

**Garrucha Fri Market**  
 Tel 950 132 783

**Huércal Overa**  
 Tel 678 798 688 Mon Market

**Lorca**  
[www.lorcatourismo.es](http://www.lorcatourismo.es)  
 Tel 968 441 914 - Thurs Market

**Las Ermitas Walking Path Encircling Lorca Castle**  
 This new 9km walking route connects the entire perimeter of Lorca Castle, starting in Parque de las Mujeres, ending at the San Lázaro viewpoint. The new walkway provides a picturesque and healthy walking route with freshly planted pine and oak trees and plants such as lavender and rosemary. Stairs built with sleepers and wooden railings make it easy for walkers to see beautiful views of Lorca and the

surrounding area. Parking is available at the Parque de las Mujeres, Calle Sor Matilde García.

**For families with children** - The old town of Lorca hides a lot of history. Get ready for a fun visit full of surprises with your family every 1<sup>st</sup> Saturday of the month at 5pm March-May and October-December; 8pm June-September.

**Monday 15<sup>th</sup> & Saturday 20<sup>th</sup> May & Saturday 3<sup>rd</sup> June (5pm) - 2 hour Guided Tour of Historic Lorca.** The tour includes a free visit to one of the Embroidery Museums which exhibits items worn during **Semana Santa** processions. 2€. 11.30am.  
 Book on **968 441 914**  
**Future Dates:** 09/06/2023, 11/06/2023, 09/07/2023, 13/08/2023, 10/09/2023, 08/10/2023, 12/10/2023, 01/11/2023, 12/11/2023, 06/12/2023, 08/12/2023, 10/12/2023

**Saturday 6<sup>th</sup> May & Saturday 3<sup>rd</sup> June - 75 min Theatrical Visit Myths & Legends Of Lorca.** 5pm from Plaza de España

**Thursday 4<sup>th</sup> - Sunday 7<sup>th</sup> May - Cruz de Navajas de Mecano Musical** @ Margarita Lozano Theatre  
 Thurs 8pm/Fri 8pm/Sat 5pm & 9pm/Sun 6pm  
 Tickets 35€-40€

**Thursday 4<sup>th</sup> May - Momo** @ Teatro Guerra 7pm  
 In an abandoned amphi-theatre on the outskirts of a city lives Momo. She has some special gift, like making people feel better just by being by their side and Momo has a great ability to listen to them. 5€/10€/12€

**Friday 5<sup>th</sup> May - Faemine and Tired** @ Teatro Guerra 9pm.  
 According to the Kaon Lin tradition of Chinese culture, the god Kuan Lon, the only deity who lives in a canteen, allows a human being to enjoy clairvoyance 14 times in a lifetime. Faemino and Cansado maintain that 14 is too few and that they are already at 17. 18€/22€/25€

**Saturday 13<sup>th</sup> May - Quiero Flamenco Festival** @ Teatro Guerra 10pm.  
 Israel Fernández, Diego del Morao, Farru and the Camarón Family will entertain. 28.50€ & 33€

**Friday 19<sup>th</sup> May - Tadeo Jones Musical**  
 @ Teatro Guerra 9pm. 15€/18€

**Thursday 26<sup>th</sup> May - Beauty and the Beast**, Musical Drama @ Teatro Guerra. 9pm 12€/15€

**Saturday 27<sup>th</sup> May - Free Arts & Crafts Tour of Centro de Artesanía and Casa**  
 Continued on page 17





Continued from page 16

**del Artesano.** 11am. Book at Tourist Office/call **968 441 914**

**Lorca Castle** – general entry 6€. **Guided Tours** available in English for 4€ on Thursdays at 10.30am (22€ to include lunch), with special packages on Sundays. Check at Tourist Office for full details.

**Los Gallardos**  
Tel **950 469 000 - Tues Market**

**Mojácar**  
[www.mojacar.es](http://www.mojacar.es)  
Tel **950 615 025 - Wed Market**

Mojácar came alive for another year during **Semana Santa** with processions, some full of joy, some in silence and some lit with candles. There were painting exhibitions, competitions and a 10km running trial, half marathon for those on roller skates and a 5km run for children. The sun was shining for all the events and the area was full of residents and holidaymakers. Cafés, restaurants and bars were buzzing and there was a feeling of happiness in the air.

If you didn't manage to join in with any of these, make a note in your diary for at least one of the popular events that are on the calendar for 2023.

**Dates for your Diary**

**May.** Mojácar celebrates **San Isidro** on a Sunday in mid-May with a procession of floats and vans, decorated with flowers and accompanied by music, followed by cars, vans and motorcycles. The procession leaves from the bottom of Mojácar Pueblo and arrives in Sopalmo, a small hamlet in the hills. There is an awful lot of horn beeping, so you may want to take your earplugs! People spend the day in the country having lunch with friends and families. At the time of going to print the date was yet to be confirmed but keep an eye on our blog and FB page for the date and the programme. We will post it as soon as we have confirmation.

**Friday 20<sup>th</sup> May.** Come and join the

**Hippie Peace and Love Party** in aid of **Vera & District Lions** at Yemaya, Mojácar Playa. Live music from Glam Slam and a 60's and 70's Disco. 5€ From 6.30pm

**Friday 16<sup>th</sup> - Sunday 18<sup>th</sup> June - The Moors & Christians**

This epic 3 days is one of fun and partying until the early hours The Medieval Market will be making an appearance here again. If you're interested in participating please contact: **711792549/ 658853632.**

**Saturday 1<sup>st</sup> July - Noche de Romantica (Night of Romance)**

**Friday 25<sup>th</sup> August - Monday 28<sup>th</sup> - Fiestas de San Agustin**

**Saturday 2<sup>nd</sup> September - Noche de las Velas (Night of the Candles)**

**Regular Events**

**Every Thursday** - Free Memory Workshop @ Centro de Usos Múltiples, Mojácar Pueblo 5-6pm (over 60's)

**Every Sunday - Rastro Market** @ Centro Multiusos, Mojácar Pueblo

**Los Bandidos**

**Tuesdays - Cycle Ride** from Mojácar Playa Tourist Info Centre 9.25am



**Wednesdays - Run/Walk/Jog Meeting** from Best Indalo Hotel Mojácar Paseo 8.55am

**Thursdays - Cycle Ride** from Mojácar Playa Tourist Info Centre 9.25am

**Thursdays - TSB Golf Society**

**Competition.**

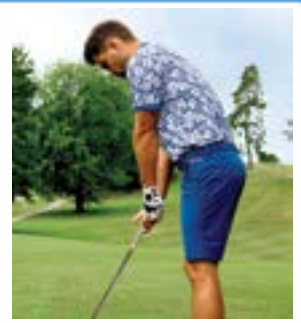
Call in to see Dez @ Alice's Bar in Turre

**Saturdays - Run/Walk/Jog Meeting**

from Best Indalo Hotel Mojácar Paseo 8.55am

**Sundays - Cycle Ride**

from Mojácar Playa Tourist Info Centre 9.25am



**Mojácar Bowls Club**

**Every Tuesday and Saturday** – 9.30am for 10am start at the Bowling Rink (behind Servigroup Marina Mar Hotel, Mojácar Playa)

**TSB Golf Society Competition.** Every Thursday. Call in to see Dez @ Alice's Bar in Turre." It needs to be placed after the Mojacar Bowls Club info.

**Puerto Lumbreras**

Tel **968 436 153 - Fri Market**

**Saturdays in May** (check dates at Tourist Office) - **1hr Night Visit to the Cabezo de la Jara Astronomical Observatory**

Get closer to the stars with the astronomical activities that take place around the Astronomical Observatory. Prior reservation required. Starting point: Astronomical Observatory. 7pm. (2.50€. Children under 10yrs free)

Discover the historical and patrimonial wealth of Puerto Lumbreras through **Medina Nogalte** visiting its cave-houses and the Nogalte Castle. From Craftsman workshop cave house, reception of Medina Nogalte. 7pm. 3€ (under 10's free). Payment due 2 days prior to visit @ ES 12 3058 0204 15 2732000020-City Hall of Puerto Lumbreras.

Please check availability as some of the evenings are already fully booked.

**Vera**

Tel **615 423 287 - Sat Market**

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RELIGION

DID YOU KNOW?

Tel: 602 466 534



**The Trinity** (Part 2)

**The Trinity** is a central teaching within mainstream Christianity. Last month's issue outlined how this doctrine entered the Church. It was established that this teaching entered the Church by the beliefs of Plato, a Greek philosopher. He believed in the Triad deities of the ancient religions. He believed he could define God above all the deities of Greek mythology. His definition was:

1. The first God, who was the supreme being in the universe.
2. The second God, Plato described as the soul of the universe.
3. The third God, he defined as the spirit.

Philo of Alexandria, a Jewish philosopher between 15BC and 50AD, was also influenced by Greek philosophy. He believed God to be:-

1. Father, who created all things (named Demiurge).
2. Mother, who was knowledge, the maker possessed.
3. The beloved Son was the world (union of Demiurge and knowledge to produce man's world).

As time progressed, more Greek philosophers further defined Plato's perception of God as three Substances; the Supreme God or the one from which came mind or thought and a Spirit or Soul. They felt that all were different divine substances or aspects of the same God. 'Towards the end of the 1<sup>st</sup> Century and during the 2<sup>nd</sup> Century, many learned men came over from Judaism and Paganism to Christianity. These brought with them into the Christian schools of Theology, their Platonic ideas and phraseology and they especially borrowed from the philosophical writings of Philo.' (Cyclopaedia of Biblical, Theological and Ecclesiastical literature, 1891, vol.10 'Trinity', page 553)

Arthur Weigall, who was a Trinitarian and an Egyptologist, stated "It must not be forgotten that Jesus Christ never mentioned such a phenomenon (the **Trinity**) and nowhere in the New Testament does the word **Trinity** appear. The idea was only adopted by the Church

three hundred years after the death of our Lord and the origin of the conception is entirely pagan..." (read the book by Arthur Weigall; Paganism in our Christianity, 1928, page 197-203)

The ancient world believed in the **Trinity** (Triune or Triad God). Some of these were Sumerian, Babylonian, Indian, Grecian, Egyptian, Phoenician, Roman, Germanic, Celts, Hindu and many others.

The Encyclopaedia of Religion vol. 15, 1987 admits, "Theologians today are in agreement that the Hebrew Bible does not contain a doctrine of the **Trinity**." Also it states "Theologians agree that the New Testament also does not contain an explicit doctrine of the **Trinity**." The Encyclopaedia Britannica 1976 observes, "Neither the word **Trinity** nor the explicit doctrine appears in the New Testament." The new Catholic Encyclopaedia states "The doctrine of the **Holy Trinity** is not taught in the Old Testament." Karl Barth, Protestant Theologian quoted in the New International Dictionary of New Theology 1976 that "The New Testament does not contain the developed doctrine of the **Trinity**. The Bible lacks the express declaration the Father, the Son and the Holy Spirit are of equal essence."

In Colossians chapter 2, verses 8 & 9, it clearly states "Beware lest any man spoils you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world and not after Christ. For in Him dwelleth all the fullness of the Godhead bodily." Also in 1<sup>st</sup> Corinthians chapter 14, verse 33 says "For God is not the author of confusion, but of peace, as in all Churches of the saints." 1<sup>st</sup> Timothy, chapter 2, verse 5 explains "For there is one God and one mediator between God and men; the man Christ Jesus".

Deuteronomy chapter 6, verse 4 "Hear oh Israel, the Lord our God is one Lord." (This is repeated in Mark chapter 12, verses 28 & 29). Matthew chapter 3, verses 16 & 17 says "And Jesus, when He was baptised, went up straightway out of the water and lo the heavens opened unto Him and He saw the Spirit of God descending like a dove and lighting upon Him. Lo a voice from heaven, saying, this is my beloved Son, in whom I am well pleased."

in the inner man, that Christ may dwell in your hearts by faith, that ye, being rooted and grounded in love."

John chapter 17, verse 3 says "And this is life eternal, that they might know thee the only true God and Jesus Christ, whom thou hast sent."

John chapter 14 and verses 16-18 states "And I will pray the Father and He will give you another comforter, that He may abide with you forever, even the Spirit of truth, whom the world cannot receive, because it seeth Him not, neither knoweth Him: but you know Him, for He dwelleth with you and shall be in you. I will not leave you comfortless, I will come to you."

John chapter 14, verse 6 explains clearly "Jesus saith unto Him; I am the way, the truth and the life: no man cometh unto the Father, but by Me."

Acts chapter 2, verses 1-8 states "And when the day of Pentecost was fully come, they were all with one accord in one place. Suddenly there came a sound from Heaven as of a rushing mighty wind and it filled the house where they were sitting. There appeared unto them cloven tongues like as of fire and it sat upon each of them. They were all filled with the Holy Spirit and began to speak with other tongues, as the spirit gave them utterance. And there were dwelling at Jerusalem, devout men, out of every nation under Heaven. Now when this was noised abroad, the multitude came together and were confounded, because every man heard them speak in his own language. They were all amazed and marvelled, saying one to another, "Behold, are not all these that speak Galilean and how hear we every man in our own tongue, wherein we were born?"

Roman chapter 10, verse 17 states "So then faith cometh by hearing and hearing by the word of God."

John chapter 17, verse 17 says "Sanctify them through thy truth, thy word is truth." Acts chapter 5, verse 29 states "Then Peter and the other apostles answered and said, "We ought to obey God rather than men." In Acts chapter 17, verses 10 & 11 we have wisdom "And the brethren immediately sent away Paul and Silas by night unto Berea: who coming thither went into the synagogue of the Jews. These were more noble than those in Thessalonica, in that they received the word with all readiness of mind and searched the scriptures daily, whether those things were so."

I hope you have learned more about the scriptures. Next time we will look at 'History in the book of Daniel' (the scriptures).

If you would like to know more, contact Sandra on **602 466 534**

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Galatians chapter 4, verse 6 states "And because ye are sons, God has sent forth the Spirit of his Son into your hearts, crying Abba Father." Ephesians chapter 3, verses 16 & 17 says "That He would grant you, according to the riches of his glory, to be strengthened with might by his Spirit



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**INFORMATION**

**Spanish Fiestas in May**

**Fiestas in May**

**1<sup>st</sup> - 3<sup>rd</sup> May - Wine Horse Festival - Caravaca de la Cruz**

This spectacular festival culminates in a horse parade where the horses are beautifully bedecked for the occasion, accompanied by thousands of people on a run up to the castle. The festival was awarded the UNESCO Intangible Cultural Heritage of Humanity designation in 2020. Hundreds of locals participate during the festivities in honour of the Blessed and Vera Cruz de Caravaca. The horses and their elaborate silk mantles embroidered in fine gold thread are the central focus of the festival. The animals are paraded through the streets attired in all their finery and accompanied by their trainers.



The two streets of El Sol and El Medio are the setting for the procession of La Cruz. Their inhabitants are also the creators of a whole array of fireworks to mark the historic rivalry between both streets. This curious event attracts thousands of visitors each year.

**3<sup>rd</sup> - 14<sup>th</sup> May - Cordoba Courtyard Festival**

Many houses in the centre of the city of Cordoba, in Andalusia, adorn their balconies and wrought iron grilles to participate in this competition. Every year judges select the most beautiful entrant. The scent of jasmine and orange blossom and the colour of the flowers fill the streets during the popular **Wrought Iron Grilles and Balconies Competition**, which is held simultaneously with the well-known **Courtyard Contest**. These are days to be spent in the street, enjoying flamenco and delighting in the beauty of the courtyards, balconies and wrought iron grilles decorated in the traditional Andalusian style.

**6<sup>th</sup> - 13<sup>th</sup> May - Jerez Horse Fair**

This fair consists of joy, fun and purebred animals. The nobility of the horses seen during the event has made it internationally famous. It was originally a livestock market, but over the years it has evolved into today's festivities.

Horse-related activities take place during this festive week, such as international show-jumping competitions, dressage, horse rallies, selected livestock exhibitions and auctions. During the day, González de Hontoria Park fills with hundreds of riders and carriages that drive through the streets in a majestic spectacle well worth seeing.

Associations set up their marquees adorning the avenues and paths with flowers and garlands with a different theme each year. Prizes are awarded to the best in show. Inside the marquees there is fino wine (sherry) and regional produce to sample.

People dance Sevillanas until

the early hours of the morning with an incredible, enjoyable atmosphere that seems to transform the park into one big flamenco hall. There are also food and drinks stands and children's attractions. Bullfights, *Sevillana* dance competitions and fireworks are other festive activities that complete the programme of the fair.

**6<sup>th</sup> & 7<sup>th</sup> May - Los Mayos - Alhama de Murcia**

This festival serves to recreate old professions in Alhama de Murcia and satirise current situations.



Although its origin is unknown, the first written references to it date from the 1920's. The festival consists of placing life-sized dolls dressed with human features painted on their faces, dressed in old clothes on doorsteps of houses in order to create a scene. They are normally dressed in clothes from old professions, representing everyday situations, or satirising certain modern-day problems. These scenes can be seen from Saturday morning until Sunday afternoon.

**20<sup>th</sup> - 27<sup>th</sup> May - Fair in Honour of Nuestra Señora de la Salud (Our Lady of Health) - Cordoba**

The fiesta has a marked Andalusian flavour with 'casetas' (marquees with food, drink and music) erected at the city's fair ground. The thoroughfare and the surrounding streets fill with horse-drawn carriages, flamenco dress, *Sevillana* music and wine. The origins of the fair go back to the old livestock market which is now held on the outskirts of the city. During the period of the fair there are various bullfights that take place in the Los Califas Bullring.

**24<sup>th</sup> - 28<sup>th</sup> May - Music Festival - Segura de la Sierra (in Jaén, Andalusia)**

There is an impressive natural backdrop for this music festival with top-flight music amidst mountain landscapes. Visitors can enjoy a varied programme over several days that combines pieces from the great classics such as Mozart and Beethoven, alongside others by some of the best contemporary musicians. The concerts are held in special locations such as Segura Castle or the Mediaeval Chapel. Flamenco evenings, accordion recitals all take place with the backdrop of the Sierras de Cazorla, Segura y Las Villas Nature Reserve and the charming town of Segura de la Sierra with its narrow whitewashed streets and flower-filled balconies.



The race takes place on 2<sup>nd</sup> May and each horse passes through the crowd with its runners. Further parades and activities for children are held on 3<sup>rd</sup> May. There are prizes for the best dressed horses.

The origin of the festival dates back to an ancient legend that tells how, in a moment of scarcity, some locals managed to cross the enemy defences with a horse laden with wine running at full pelt until they managed to besiege the castle. The first references of the festival date back to the 17<sup>th</sup> Century.

**2<sup>nd</sup> & 3<sup>rd</sup> May - May Festivities in Los Realejos**

These combine popular tradition and spectacular fireworks displays. The streets and homes in the Cruz Santa district are bedecked with makeshift chapels containing crosses and altars, or 'enramas', where the locals apply all their skill to select the flowers to be used for the decorations in this celebration.

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# South East Murcia

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## CHARITY

### Murcia Mar Menor Charity

Tel: 968 570 059

and

Tel: 634 344 129



Hello to you all  
We are **Help Murcia Mar Menor**, a small

charity that has been established for 20 years.

We have an office at:  
C a l l e  
Penelope 11  
Los Alcazares  
Murcia 30710  
Tel: **968 570 059**

We are open:  
Mon / Wed /  
Fri 10am-  
12.30pm



We are open Tues-Fri 10am-1.30pm

After a slow start, things have started to really pick up with lots of customers and donations. We welcome all donations large or small.

**Help Murcia Mar Menor** also help other worthy causes: We purchased wheelchairs for **Los Arcos**, electronic tablets for local school children and an industrial fridge for the **Red Cross**.

We would not be able to do any of this without our customers, donations and of course our loyal Volunteers.

New Volunteers are always welcome. Just call in to our charity outlet or office.

**Monday 15<sup>th</sup> May - Summer Fayre @ La Zona Bar, Los Narejos - 10am-1pm**

Thank you for your support.



We hire out mobility aids such as mobility scooters, wheelchairs, toilets and bath aids. Our charity outlet moved from Oasis Boulevard in June 2022. Our new location is:

Avda de La Union 57  
San Javier  
Tel: **634 344 129**

## RELIGION



### Salt Church Mar Menor @ THE HUB

Email: [andy.neale@marmenorchurch.com](mailto:andy.neale@marmenorchurch.com)  
Facebook: [@saltchurchmarmenor](https://www.facebook.com/saltchurchmarmenor)  
Website: [www.marmenorchurch.com](http://www.marmenorchurch.com)

#### Long Live the King!

This month sees an event which not so many Brits have witnessed before in their lifetime. The **Coronation of King Charles 111** comes after many years in waiting and the coverage of the event will be on a very different level from when his mother took her vows before God on 2<sup>nd</sup> June 1953 in Westminster Abbey.

Charles, like other Royal heads in Europe, is what we call a Constitutional Monarch and this is a far cry from the kings of old who rode out to battle and ruled with an iron fist.

There will be many who will be cheering the parade as well as those who are less joyful because they hold more of a republican mindset. However, no-one will be in fear of their lives if they are not seen to be waving their Union flags!

Perhaps because our only experience is of a Constitutional Monarchy, we do not really understand the Bible when it speaks of the Kingdom of God.

We can all too easily regard the Creator of the Universe as a benevolent uncle who waves from afar, smiles benevolently at any of us who bother to turn out to attend

Church services and pleads for everyone to get on with their neighbour. However, the God of the Bible is far more than that. He has a passion for justice and holiness, but justice and holiness as defined by Him. This God will not tolerate any competitors or pretenders to the throne. His Word is His bond and it is not up for debate or update.

Having said that, the God of the Bible is no medieval ogre who does not suffer fools gladly or tolerate troublemakers. The Scriptures tell us that He is slow to anger and swift to bless, but this King requires His subjects to come to Him with genuine honesty in respect of our faults, failings and foibles as well as giving Him the respect He is due.

When Jesus began His earthly ministry, He opened His manifesto by saying, "Repent and believe because the Kingdom of God is at hand."

Notice that before 'belief' comes 'repentance' and there's the rub.

Perhaps, we are all too often a people who want the benefits of residency in the Kingdom of God and receive the blessings of the King, but we are never quite willing to adhere to the requirements that citizenship

requires. I don't know what you reckon, but it's worth a thought...

To find out more about us here at **Salt Church Mar Menor**

and where we are coming from, simply scan the QR code which will take you through to our website.

We are situated right next door to Yorkshire Linen in San Javier.

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#### Pastor Andy Neale

Watch us on You Tube: **Salt Church Mar Menor You Tube**

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# South East Murcia News

We receive information from the South East Murcia region on activities very close to the events happening which is often too late to publish in the current magazine. Keep up to date with fiestas etc,

by checking the blog [www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/](http://www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/)

**Including: Cabo de Palos, Cartagena, La Union, Los Alcazares, San Javier, Santiago de Ribera, San Pedro del Pinatar & Torre Pacheco**  
Check at your local Tourist Office for full details of Events

**Cabo de Palos**  
**Sun Market**

**Cartagena**  
[www.cartagena.es](http://www.cartagena.es)  
Tel 968 128 800 -Wed Market

**The Blue Days: Free MultiCirco Workshop**  
@ Plaza Mayor, Cartagena  
**Friday 5<sup>th</sup> May** - Practice and experiment with La Chimenea Escénica, different disciplines: balance balls, slakline, mini trump, juggling, aerobatics and clown - for boys & girls 6-14 years. 6pm  
Prior registration at [https://cultura.cartagena.es/reservas\\_actividades.asp](https://cultura.cartagena.es/reservas_actividades.asp)

**The Blue Days: Escape The Magic Trunk**  
@ Sta Ana Polygon  
**Saturday 6<sup>th</sup> May** - Solve in the Escape Box with Start Play, clues, puzzles and riddles full of mystery - for boys & girls 8-14 years (under 11's must be accompanied by an adult). 5pm/7pm  
Cancellation list

**Saturday 6<sup>th</sup> May - Out of Sight** @ New Circus Theatre 7.30pm  
When a family celebrates together, it stays together, but you have to follow certain rules.  
20€/24€

**Sunday 7<sup>th</sup> May** - Comedian **Martita De Graná** presents **iMartita SEA!** @ El Batel Theatre 9pm 18€

**Saturday 14<sup>th</sup> May - The Happiness Curve** @ New Circus Theatre 7.30pm  
This humorous work presents fragile characters with many insecurities are quite indecisive who, through many laughs, show their most human side. 17€/20€

**Sunday 21<sup>st</sup> May - Coton** @ New Circus Theatre 12.30pm  
Coton doesn't like to be different from other rabbits. He has a floppy ear and he wants to have both straight ears, like his friends. He decides to create a series of inventions to keep his ear straight. With the help of a herbal hare that he meets in the woods, he understands that there is nothing wrong with being different and accepts himself as he is and is finally happy.  
Ideal for children over 3 years (5€). Adults free

**Thursday 1<sup>st</sup> June - Bernada Alba Musical** @ New Circus Theatre 8.30pm  
After the death of her second husband, Bernada imposes a rigorous 8-year mourning period on her five daughters, forcing them to be totally isolated from society. Within this oppression, Angustias, her eldest daughter, becomes engaged to Pepe El Romano. This triggers the main theme: authority versus

the desire for freedom. Adela, the youngest daughter, has a secret relationship with Pepe, which causes a conflict that leads to a tragic end.  
17€/20€

**Check dates in May for:**  
**Free Guided Tour of Roman Amphitheatre**  
@ Cartagena 11am/12.30pm. Bookings at [https://www.cartagena.es/agenda\\_ciudad\\_detalle.asp?id=2409](https://www.cartagena.es/agenda_ciudad_detalle.asp?id=2409)

**XLIX Floral Games of the Campo de Cartagena in La Palma & XXVIII National Youth Poetry Contest**  
Single prize of €1,300 and a Natural Flower will be awarded to the best poetic composition on the single theme 'El Viaje' with a minimum length of 75 verses and a maximum of 175.

12-14 years old - a diploma and 400€.  
15-18 years old - a diploma and 600€.  
The texts presented, of a creative nature, must be strictly original and unpublished and in Spanish. The theme will be free, with a minimum length of 14 verses and a maximum of 100.

The winning authors will attend a ceremony on **Saturday 13<sup>th</sup> May** and the winner of each category will read the winning work.

**Roman and Mediterranean Cartagena Guided Tour** 2½ hrs

7.50€/13€/15€ in Spanish & English  
More information and dates: **968 500 093**  
With the help of an audio guide, explore the centre and history of Cartagena at your leisure, visiting the two main archaeological sites of the city, the Roman Theatre Museum and the Molinete Roman Forum Museum, as well as enjoying the beautiful examples of modernism or the military past.  
**Route:** Museum of the Roman Theatre, Calle del Aire, Plaza San Francisco, Museum Roman Forum Molinete, Calle Mayor, Naval Museum, port and Plaza del Ayuntamiento.  
**Beginning:** Museum of the Roman Theatre. In addition to the route, there is the option of renting audio guides at each museum and site in several languages.

**Sunday 21<sup>st</sup> May - Triathlon** 9am

**Saturday 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> May - Esparto Workshop** @ Los Puertos de Santa Bárbara Ethnographic Museum 10.30am-12.30pm  
Booking essential - [up.cartagena.es](http://up.cartagena.es)

**Free Guided Tour of Carmen Conde-Antonio Oliver Museum @ Ramón Alonso Luzzy Cultural Centre** 11.30am

Booking essential  
Carmen Conde ordered in her will the donation, in favour of Cartagena City Council, of furniture and decorative objects in the living room, hall and office from her house at C/Ferraz, 67 in Madrid. This heritage has now been reproduced, trying to reconstruct the environment in which Carmen Conde and Antonio Oliver created as part of their important work.

**La Union**  
[www.ayto-launion.com](http://www.ayto-launion.com)  
Tel **868 049 941/692 925 970** -Tues Market

**Los Alcazares**  
**Market Tues & Sat (Los Narejos)**

**Every Saturday - Open Market** from 10am  
40 stalls selling a variety of goods on Paseo Real de la Feria and Calle Los Luisos.

**Every 1<sup>st</sup> & 3<sup>rd</sup> Monday - Mini Market** @ La Zona Terraza, Los Narejos. 10am-1pm

**Every Tuesday - Sonrisas Harmony** meet every Tuesday @ the Estribor Function Room, Los Alcázares. 10.30am-1.30pm

**Every Thursday - Spangles Ladies A Capella Chorus Rehearsals** @ Los Narejos 10am-1pm

**San Javier**  
[www.murciaturistica.es/en/san\\_javier/](http://www.murciaturistica.es/en/san_javier/)  
Tel **968 172 041** - Market Wed & Thurs

**Saturday 6<sup>th</sup> May - Free Classical Music Concert** @ The New Winter Theatre 7.30pm

**Every Monday - HAH Help at Home Table Top Sale** @ La Zona Bar 10am-1pm

**Every Monday - Friendship Group** @ The Garden Bar & Lounge 11am

**Every Tuesday & Thursday - San Javier Squalos Rugby** @ Rugby field, PDM Sports Ground. 12-18 year olds 7.30-9pm. Men 8.30-10.30pm. Women 10-11.30pm.

**Every Thursday - San Javier Squalos Rugby** @ Rugby field, PDM Sports Ground. 6-10 year olds. 6-7pm

**Every Saturday - San Javier Squalos Rugby** @ Rugby field, PDM Sports Ground. 6-10 year olds. 10-11am

**Aeronautical Museum** - Visit this museum with photographs and videos showing various items relating to the Spanish Military Air Force.  
Entrance free.  
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Call **968 582 107** to arrange group visits

**Santiago de Ribera**  
Tel **968 571 704** -Wed Market  
On 1<sup>st</sup> & 2<sup>nd</sup> Sundays every month - **Artesan Market Mar Menor** in the Explanade de Barnuevo 10am-2pm.

**San Pedro del Pinatar**  
[www.sanpedroturismo.com](http://www.sanpedroturismo.com)  
Tel **968 182 301** - Market Mon & Thurs (Lo Pagan)

**Torre Pacheco**  
[www.torrepacheco.es](http://www.torrepacheco.es)  
Tel **968 579 937** - Market Thurs (Balsicas) & Sat (Dolores)



**CHARITY**

**P.A.P.S.**

Email: [animalesperrosdelsol@hotmail.com](mailto:animalesperrosdelsol@hotmail.com)

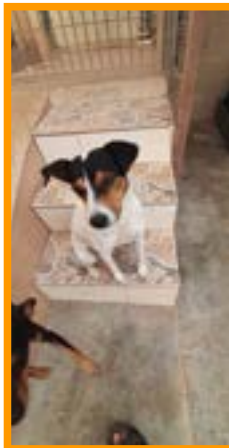


While dog abandonment here in Spain has gradually improved over the years, sadly lovely animals are still arriving in shelters, so it is important for people to adopt, rather than buy from a breeder. Many potential owners are afraid of adopting, fearing that the dogs will have problems. While a small percentage of shelter dogs may have issues stemming back to their earlier treatment and experiences, many rescue dogs are there due to misfortune: owners passing away or becoming too ill; relationship breakdowns; owners who move houses but don't want to, or can't, take their animals.

Sadly there are some dogs that have not been trained by unwitting or inept owners, but this is something that can be successfully addressed, so, please, if you are thinking of adding a furry companion to your home, do consider a rescue dog first. Having been blessed with 3 dogs that were literally taken off the streets, I can promise you that they can bring immense pleasure and fun to your home, if only given a chance.

How about a lovely little lad like **Pancho**?

**Pancho's** first owner sadly passed away, then he was adopted again, but his new Mum developed health problems and she was unable to care for him. A devilishly cute Bodeguero, **Pancho** is approx



40-42cms, dob. approx 11/11/17. He loves cuddles, adores humans, is house-trained and neutered/vaccinated etc. He is compatible with other dogs and doesn't even mind cats. He can live with dog-savvy older children, but hasn't been tested with younger ones. Can someone give

**Pancho** a third chance of a happy life by adopting him?

**PAPS** is always looking for financial support, so if anyone would like to help **Pancho**, or any of the other dogs, by sponsoring them for as little as €5 a month, please email [animalesperrosdelsol@hotmail.com](mailto:animalesperrosdelsol@hotmail.com) about this or any other enquiry.

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**EDUCATION**

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**It's never too late to learn.**

**Nunca es tarde para aprender.**

It's never too late to learn.

This is something I find myself saying to people in one way or another almost every day. On a similar subject, I was reading in a Spanish magazine the other day about women over fifty who had turned their lives around. The stories were quite inspiring. Luckily for me and this article, they were also full of **Past Tenses**. Here are a few quotes from one lady called Menchu:

**Me casé a los 22 años y dejé de trabajar.**

I got married at 22 and stopped working.

**Estaba contenta dedicándome a mi familia.**

I was happy dedicating myself to my family.

**Cuando mis hijos crecieron, una amiga me propuso trabajar con ella. El cambio me gustó y me puse a hacer cursos como una loca.**

When my children grew up, a friend suggested that I worked with her. I liked the change and I started doing courses like crazy.

**Nunca pensé que era mayor para buscar empleo.**

I never thought I was too old to look for work.

**Una de las cosas que me aporta el trabajo es que rejuvenece.**

One of the things that work does is rejuvenate.

Here are the words of another lady, Maite, who started studying at 59:

**Me enteré hace siete años de que existía la Universidad de Mayores y me picó la curiosidad. No dije nada a mi marido ni a mis tres hijos y me presenté a la prueba de selección. Levaba 40 años sin hacer un examen. Estaba como un flan, pero cuando me aceptaron sentí una gran satisfacción.**

I have decided to let you translate this one, but here's some help!

**Enterarse** means 'to find out'.

Another expression I rather like is: **estar como un flan** -to be like a flan.

This doesn't mean those round sponge things we eat, but a Spanish flan which wobbles about. Now you're imagining a lady with lots of wobbly bits, but it actually means 'shaking like a jelly'.

Let's get back to the point. This short

extract illustrates the Spanish **Past Tenses** wonderfully, as it contains a sequence of events - she found out; she was curious; she said nothing; she sat an exam; she was accepted; she felt satisfied.

Contrasted with these are two descriptions using the **Past Continuous Tense** - she was (had been) 40 years without taking an exam; she was shaking like a jelly.

Here is the final statement in Maite's story: **Si tienes la cabeza ocupada, no te estancas. Y es una forma estupenda de llegar a la madurez.**

If your mind is occupied you don't stagnate. It is a marvelous way to reach your mature years.

This takes me back nicely to the first point of this article - **nunca es tarde para aprender**.

Reading Spanish magazines is good too. One was called *Mujer Hoy* (but is also good for men!). I liked it except for its lead story which told me that Sarah Jessica Parker considers herself a victim of fashion!

Jane Cronin's 'Step by Step Spanish' articles are available as E-books at [www.janecronin.eu](http://www.janecronin.eu) where you can also obtain Jane's 'Step by Step Internet Spanish Course'.

**CHARITY**

**Samaritans in Spain**

Email: [pat@samaritansinspain.com](mailto:pat@samaritansinspain.com)  Samaritans in Spain



Our call volumes in March rose quite a bit from February, but our dedicated team of Listeners took this firmly in their stride. A huge thank you to all of our Listeners, who are based



far and wide throughout Spain. They continue to work extremely hard to ensure that this invaluable service endures.



HMA brunch Alicante

Our charity shop in the Punta Marina Mall in Punta Prima has seen a steady year so far, with our dedicated Shop Volunteers continuing to provide their time to allow the organisation to function. We could not do it without you all. Thank you to all our wonderful Volunteers.

Caitlin in Barcelona, a welcome new addition to the team.

Our President, Donna Williams, was lucky enough to represent us at a lunch held by His Majesty's Ambassador to Spain at the British Consulate in Alicante. This offered a great opportunity to network with other charitable organisations.

If you think that you would like to join us as either a Listener, a Shop Volunteer or as a Trustee, then please do not hesitate to contact our Secretary on [secretary.spainsams@gmail.com](mailto:secretary.spainsams@gmail.com) - we are constantly recruiting.

If you think off-loading would help you, or if you know someone who needs to offload, **Samaritans in Spain** lines are open from 10am-10pm every day of the year and our fully trained listeners are available if you need to talk.

Remember we are here for you and together we are stronger. The number to call is **Freephone 900 525 100**

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# Colour Glass Window Tint

Colour Glass Window Tint is a business run from: Condado de Alhama, Murcia covering regions of Murcia, Valencia and Andalucia.  
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The coloured film that Colour Glass Window Tint provides stops up to 99% of all UV light which helps to protect your art pieces and furniture from fading and it also stops the glare of sunlight entering the rooms of your property.

Very importantly, over the course of the year, the colour window tint on your windows will reduce the price of your utility bills; in the summer months it will help to keep cool air in and decreases the use of air conditioning and in the few winter months it helps keep the warmth in.

As owners of your own home in Spain, you can appreciate the beautiful colours of your homes. The different colours of film Colour Glass Window Tint brings more style and colour to your homes, so why not put some class to your glass today?



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**EDITORIAL**

**Camposol Heating & Maintenance S.L**



**Spring News From Camposol Heating & Maintenance S.L.**

As the warm weather approaches our thoughts turn to both air conditioning and our water supply.

**Air Conditioning**

**Camposol Heating & Maintenance (CHM)** install top of the range Baxi air conditioning units which provide both heating and cooling and use the very latest technology with regard to carbon emissions and compliance.

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We can provide anything from a small bedroom unit to a large unit suitable for extended/open plan areas. Just contact us



for an obligation-free quotation.

**Back Up Water Deposits**

The entire country is in the grip of a serious drought, with no major rain forecast at the time of going to print. Clearly there is a lot we can do to help preserve water, such as turning off the tap



when cleaning your teeth etc, but water cuts are often carried out with little notice and we are often caught out. The summer scenario can be that you have a house full of visitors and no water to even flush a toilet. In some areas the pressure drop is so low that there is not even enough pressure to fire a water heater. There is a simple solution, however.

Install a 1,000 litre, domestic water deposit with a pump and never be without water, or low water pressure again. Please contact the **CHM** office for your free site survey and quotation.

**Secondary Electricity Meters**

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NEWS



# TV News

Tel: (0034) 686 358 475  
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[www.rainbowsats.org](http://www.rainbowsats.org)

Writing this copy in mid-April, the heat seems to have been switched on early this year. Today is forecast for 30°C and an hour in the garden this morning has left me with a very red head! All is well at the **Rainbow** house – the garden has needed almost continual watering throughout the winter having had so little rain. Every morning we walk the dogs and part of that walk is through a rambla that has always had some pools of water – even in the height of summer. This year they are dry. I just hope the wildlife find somewhere to drink and the wild boars a new mud bath to roll in!

Back at home, now that we have four permanent dogs, we do not foster for **Rainbow's** sponsored charity – **Friends of Mazarrón Animals (FMA)** – something we really miss. Could you foster? The charity will always find a home for any animal eventually, but the period from taking on the animal to that home is always so difficult. Yes they can, and do, use kennels, but apart from the cost, the environment is not ideal for rehabilitating an animal, although the kennels do an excellent job. Home life and continual human contact is needed and that is just where a foster home helps. We often hear "I could not foster because I could not let them go." – but you need to approach fostering with the knowledge that you are helping one along the rehabilitation road to get a permanent home, then you can help the next one! Contact us or **FMA** for more details.

## TV NEWS

The big news must be the continual decline of the UK TV satellite system in

southern Spain. More channels are going to frequencies we just cannot receive down here, even on the biggest dishes. None of the BBC channels are now available 24/7. You might be able to thumb around the regions and find working versions at various times of the day, but continual watching is not possible. Those of you with non-HD boxes should be picking up a temporary SD non-regional version of the BBC channels, but BBC have said these will only be temporary to give clients the chance to buy HD boxes. (This information is only applicable in the UK where the BBC notices are intended for!). ITV HD has not been available for some months to us Spanish watchers and many non-mainstream channels have disappeared.



UK satellite TV is really finished in southern Spain – the only option now is internet TV. That presents its own problems – an excellent internet supply is required and any easy-to-use, professionally maintained

system will have a subscription. There are ways to watch the main channel streaming services free of charge, but this will require a VPN service that will carry a subscription and live TV is not always available.

**Rainbow Satellites** (we probably need to rethink that name!) have a comprehensive internet TV system (IPTV). We offer a free in home-demonstration and the loan of a box for up to a week. This way you can fully test and appreciate the system before you commit to a purchase and it also tests that your internet is good enough for live TV which is very demanding. If after a week you do not want to proceed we will just take the equipment away – no hard sell! Contact us for a trial – you will need stable internet of 10MBS plus. If you don't have that, we may be able to loan you a 4G router for the trial period.

If you subscribe to IPTV during May 2023 we will offer a 30€ discount on a one year subscription OR remove your satellite dish (excluding any concrete base) free of charge if you want to dispose of it ('easily' accessible dishes only). Ask for offer 'May23'.

Sponsored by **Rainbow Satellites SL** - the company for all your TV needs in the Murcia region of Spain. Contact us for free friendly advice on any TV issue at: Email: [rainbowsats@gmail.com](mailto:rainbowsats@gmail.com) Tel: **(0034) 686 358 475** (including WhatsApp)

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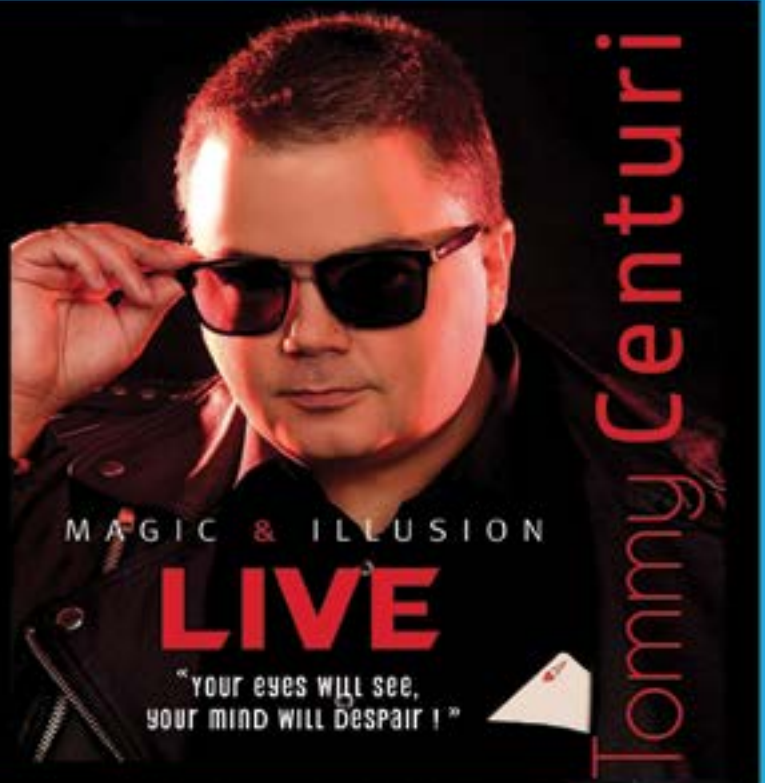
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**Preparing Your Vehicle For The Spanish ITV Import Test**

If you are thinking about registering your vehicle on Spanish plates, what are the potential issues and what changes need to be made to the vehicle in advance of the import test?

**Paperwork**

In order to register a foreign vehicle onto Spanish plates you will always need to produce the original vehicle registration document, which you will surrender to the Spanish authorities in favour of your new Spanish documentation. For UK vehicles this is just the V5C logbook, but for some countries such as Holland, Germany, Belgium and Sweden there are two registration documents and both need to be provided for registration purposes.

You should also bear in mind that if the vehicle registration documents aren't in your name, you will have to pay additional taxes when registering the vehicle in Spain, in addition to normal import costs, unless you have an EU dealer invoice with an international VAT number on it.

Bear in mind that even if you have a UK dealer invoice, you will still pay the change of owner tax, following post Brexit changes.

**Headlights**

If you're importing a vehicle from continental Europe, the original headlights fitted to the vehicle will be okay for the import test, but if you have a UK registered vehicle, your existing headlights will almost certainly need to be realigned or be replaced.

Without doubt the cheapest option is to have the beam pattern on your headlights realigned, rather than having to purchase expensive replacement units.

**Rear Lights**

Most standard European left hand drive vehicles' rear lights should be okay for the import test, as long as they are original spec or homologated replacements.

If you have a UK registered vehicle then you will either have dual rear fog lights, a central rear fog light or a fog light on the

right hand rear. Whilst dual rear fog lights or a factory fitted rear central rear fog light are acceptable for the Spanish import test, a single right hand rear fog light would have to be swapped across to the left hand side to comply with test requirements. Do bear in mind that over 90% of rear lights can be adapted, rather than having to purchase expensive replacements.



**Tyres**

Tyres have to be the correct size, load and speed rating for your vehicle and there will usually be a manufacturer sticker on the door pillar or fuel filler cap indicating the permitted sizes. If your existing tyres are different from those indicated on the sticker, they may still be okay if they are within 3% variance, so do check with a tyre specialist or vehicle importer before replacing them.

Finally, the tyres on each axle must be identical, so both front tyres need to be the same and both rear tyres need to be the same.

**Windows**

Rear window tints are a great idea here in Spain, but if your vehicle already has aftermarket tints, these must be stamped and certified prior to the import test. Front window tints are not permitted in Spain, so will need to be removed if your vehicle has them.

**Tow Bars**

Most aftermarket tow bars have to be removed prior to the Spanish import test, so if your vehicle was fitted with a tow bar after it left the factory it will need to be removed. Be careful here, as some tow bars replace the vehicle's rear crash support beam and if this is the case you would also

require a replacement beam to be fitted. If you have any doubts, we recommend speaking to your local workshop.

If the tow bar was fitted at the factory it should be okay, as long as it is included in the vehicle's homologation.

**Warning Lights**

If your vehicle has the ABS, or engine management light illuminated, it will fail the import test, so we normally recommend a pre-import check whenever possible.

**Speedometer**

In order for your vehicle to be imported on to Spanish plates it must be able to show speed in km/h. This can be on the main clock, on a heads up display or on a digital readout.

**Modifications**

Aftermarket modifications are not generally permitted for import as the vehicle has to be in its original factory state that corresponds to the vehicle's homologation. If there are any modifications, your vehicle may have to pass an expensive lab test in addition to the normal import test.

**Insurance**

In order for your vehicle to be tested, it must have a permanent insurance policy in place and you may have to provide a copy at the ITV station.

**Avoiding Pitfalls**

The requirements above are far from an exhaustive list and there are many items that can delay or even prevent your vehicle from being matriculated on to Spanish plates. In the first instance we would definitely recommend speaking to a vehicle import specialist as this will likely not only save you a lot of hassle, but potentially a lot of money too. For more information, please don't hesitate to contact us at:

[info@car-registrations-spain.com](mailto:info@car-registrations-spain.com)  
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**Beautiful 3 bedroom Duplex with Communal Pool**

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On the 1st floor, the master bedroom with balcony and sea views, another 2 bedrooms and a beautifully reformed bathroom. Up to the solarium where you can admire the panoramic views of the Mediterranean sea.

Views to the swimming pool, so ideal, to keep an eye on the children. The property is fully furnished and equipped with an air con and a security alarm.



**Price:**  
133,000€



**Reference:**  
CHA0399




## INFORMATION

# WORLD NO TOBACCO DAY



**Wednesday 31<sup>st</sup> May - World No Tobacco Day 2023:**

**We need food, not tobacco.**

WHO and public health champions around the world will celebrate **World No Tobacco Day** (WNTD). The 2023 global campaign aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops thereby contributing to the global food crisis.

tobacco then has a lower capacity for growing other crops, such as food, since tobacco depletes soil fertility.

cultivation which interferes with the right to education and is a violation of human rights.



Compared with other agricultural activities such as maize growing and even livestock grazing, tobacco farming has a far more destructive impact on ecosystems as tobacco farmlands are more prone to desertification.

Any profits to be gained from tobacco as a cash crop may not offset the damage done to sustainable food production in low/middle-income countries.

**Supporting the creation of alternative livelihoods**

The tobacco industry often touts itself as an advocate for the livelihood of tobacco farmers. This is far from the truth. The intensive handling of insecticides and toxic chemicals during the cultivation of tobacco contributes to many farmers and their families suffering from ill health. Unfair contractual arrangements with tobacco companies keep farmers impoverished and child labour is often woven into tobacco

Nine of the 10 largest tobacco cultivators are low/middle-income countries and 4 of these are defined as low-income food-deficit countries. The 2023 campaign calls on governments and policy-makers to step up legislation, develop suitable policies and strategies and enable market conditions for tobacco farmers to shift to growing food crops that would provide them and their families with a better life. The WHO Framework Convention on Tobacco Control offers specific principles and policy options on the promotion of economically viable alternatives for tobacco workers, growers and individual sellers and on enhancing protection of the environment and the health of people. The implementation of these provisions should be strengthened in countries.

The growing food crisis is driven by conflicts and wars, climatic shocks, and the economic and social impacts of COVID-19. Structural causes like the choice of crop also have an impact and a look into tobacco growing reveals how it contributes to increased food insecurity. Across the globe, around 3.5 million hectares of land are converted for tobacco growing each year. Growing tobacco also contributes to deforestation of 200,000 hectares a year. Tobacco growing requires heavy use of pesticides and fertilizers, which contribute to soil degradation. Land used for growing







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# Health and Beauty Section



**EDITORIAL**

*Verdiana*

Tel: 610 030 635



## Properties and Benefits of Turmeric

**Turmeric** is an aromatic spice that is used in the kitchen to flavour different dishes. However, its properties and health benefits have not gone unnoticed by natural medicine.



## The Best Turmeric Supplements of 2023

In recent years, **Turmeric** has become known as one of the healthiest superfoods in the world. Although the magical root that derives its power from the active ingredient *curcumin* has been around for thousands of years, its use in the field of medicine in the West is very recent. In Asia, the use of **Turmeric** is much more advanced. In the Far East, **Turmeric** and its healing properties were appreciated more than 100 years ago. In North America, the Indians in particular were known for their generous use of the plant's powder, both as an edible spice and for medicinal purposes.

**Turmeric** can be so beneficial for health that we have decided to dedicate this article to its magical properties. We will highlight some of the health benefits that show why **Turmeric** should be part of your diet. We will also share with you the results of months of intensive research that reveal which **Turmeric** supplement is the most convincing on the market!



## Why Turmeric?

Researchers have been finding more and more evidence of the 'power' of **Turmeric** for several years. Many doctors already regularly prescribe **Turmeric** to their patients to harness the root's natural healing powers. There is now evidence that the 'yellow powder' can boost our energy levels, improve our joints and even help achieve greater mobility and flexibility.

It is precisely because of these great health benefits that anyone over the age of 35 should make **Turmeric** their first choice in supplements.

## The Three Main Types of Turmeric Supplements

As the popularity of **Turmeric** has increased, the supply of supplements made from this root has also increased in the food supplement market. There are many different shapes and types:

### Turmeric Root Powder

This is the most basic form of **Turmeric** processed. This is basically finely ground **Turmeric**, similar to the spice in your supermarket. It works wonders in cooking, but it only contains trace amounts of the active ingredients *curcumin* and *curcuminoid*, so it is not recommended for medicinal use.

### Turmeric Extract

This is made from ground **Turmeric** roots. The big difference it presents with respect to **Turmeric Root Powder** is that it contains approximately 95% *curcuminoids*, making it much more effective.

## Turmeric Capsules and Powder in bulk

The choice is totally up to you and your preferences. The capsules are simple to use and can be easily swallowed with water like any other pill, while the bulk powder has several ways to use, such as mixed with food.



## The Importance of BioPerine® in Turmeric Supplements

**BioPerine®**, also known as *piperine*, is an extract derived from the fruit of black pepper. Some studies have shown that **BioPerine®** can improve nutrient absorption by 30% or more. The effectiveness of many high-quality food supplements has been significantly improved with the addition of **BioPerine®**. The same goes for the best **Turmeric** supplements. The greatest benefit is the fact that **BioPerine®** helps to improve the bioavailability of supplements, to increase the rate of absorption of active ingredients by the body. This is VERY important for several reasons. It slows down the waste process to give cells and tissues more time to absorb curcumin.

## You must avoid at all costs these 3 mistakes:

\*Do not buy **Turmeric** from the supermarket as the **Turmeric** powder usually found on the spice shelf does not provide any medicinal benefit.

\*Very cheap **Turmeric** is often inferior and in the worst case, it can do more harm than good to your health.

\*Avoid synthetic and non-vegetarian **Turmeric**.

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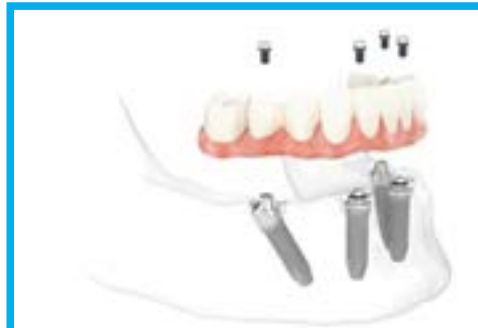


**Get New Teeth In One Day**

Among the tools used by dentists for the rehabilitation of patients with very deteriorated mouths; those who either have no remaining teeth, or they are about to become edentulous patients due to the very poor state of their mouths, there is an option among the great sources of conventional dental treatments, called **All-on-4®**.

of dental treatment constituted by 4 implants, taking into account that recent research has revealed that the loss of bone in toothless patients always occurs in the same way: there is less bone loss in the area that goes from premolar to premolar in both jaws. The **All-on-4®** concept uses this remaining bone to fix 4 implants that will support a complete denture, eliminating the need for complex bone grafts, which translates into a cheaper implant treatment.

having teeth. Another benefit is that it enables quick restoring of the aesthetics and chewing function in toothless patients or with severe dental problems.



Another of **All-on-4®**'s advantages is that it offers the possibility of placing the prosthesis immediately; the exact same day the implants are placed. This protocol is known as 'immediate loading', which ensures patients that they would not leave the clinic without teeth. In other words, on the same day/week in which the surgical procedure is performed, patients can wear provisional teeth, so they do not have to go through the bitter experience of not

It is important to emphasize that **All-on-4®**'s concept is another tool for the dentist in the treatment of his patients; that is to say, it is not ideal for every patient and it is the dentist who must consider if it is a suitable treatment or not.

There are large numbers of patients with very little bone, which makes the placement of implants a great challenge, because getting bone available to restore the entire upper or lower jaw with grafts could be prohibitive for many patients.

This kind of treatment was described by Dr Paulo Maló 20 years ago and, since its beginnings, it has been used to treat edentulous or potentially edentulous patients, due to the fact that it is a simple and economical option in comparison to other treatments involving dental implants. According to World Health Organization statistics, it is stated that there are 40 million toothless people in the Western world, of which 44% live in the US, 20% in Brazil, 7% in the UK, 6% in Germany, 5% in Canada and 14% in other parts of the Western world.



**All-on-4®**'s concept may meet the needs of patients whose jaws have very little bone and, in economic terms, they need a more accessible and immediate option to restore their aesthetics and function.

**All-on-4®** is described as a concept

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**INFORMATION**

**KING CHARLES III'S CORONATION**



**What is a Coronation?**

A **Coronation** is both the symbolic religious ceremony during which a sovereign is crowned and the physical act of placing a crown on a monarch's head. It formalises the monarch's role as the head of the Church of England and marks the transfer of their title and powers. It is not essential for the monarch to be crowned to become King. Edward VIII reigned without a **Coronation** and Charles automatically became King the moment Queen Elizabeth II died.



**There are several stages to the Coronation service:**

**The recognition:**

Whilst standing beside the 700-year-old Coronation Chair, King Charles will be presented to those gathered in the Abbey by the Archbishop of Canterbury. The congregation will shout "God Save the King!" and the trumpets will sound.

**The oath:**

King Charles III will swear to uphold the law and the Church of England.

**The enthronement and homage:**

The King will leave the Coronation Chair and move to the throne. Peers will kneel before the monarch to pay homage.

The Queen Consort will then be anointed in the same way and crowned.



**Coronations** have remained much the same for more than 1,000 years, but the British ceremony is the only remaining event of its type in Europe.

**King Charles III's Coronation** will be shorter and smaller in scale than Queen Elizabeth II's 1953 coronation, with a wider range of religions represented. The coronation procession is also expected to be more modest.

King Charles III and Camilla, the Queen Consort, will travel to Westminster Abbey in the King's procession and return to Buckingham Palace in a larger coronation procession where they will be joined by other members of the Royal Family.



**Local Coronation Events**

**Thursday 4th May - Mazarrón Ladies' Circle Party @ Playa Grande Hotel** who will do the catering and supplying non-alcoholic and alcoholic drinks. There will be background music and lots of chatter and gaiety. Bunting and flags will be flying and hopefully the ladies and guests will dress in red, white and blue and maybe wear hats to celebrate the festivities of this historical event in style.

**Saturday 6th May - FAST Party @ The Diner, Camposol B.** Traditional Buffet & Music by Byron G. 7.30pm until late. Tickets 12.50€

**Sunday 7th May - Age Concern Best of British Garden Party** to celebrate the Coronation @ Age Concern Social Centre, 2BAvenida De Los Covachos, Camposol C. 12pm-5pm. Tickets 10€ includes BBQ and cold buffet with tea, coffee and cakes.

**Sunday 7th May - Camposol C Green Fingers Coronation Street Party** on Calle Jimena, Camposol Lower C from 4pm. Music by DJ Carl Thomas. BBQ with burger/sausage bap. Bring your own drink. Tickets 5€ (under 12's free)

**Monday 8th May Forget Me Not Coronation Party** for King Charles III @ Social Centre, Camposol B 10.15am-1.15pm. Clients, volunteers and nurses will be encouraged to dress in red, white and blue to mark this auspicious occasion. The room will be decorated with bunting and Union Jack. Flags will be available to wave whilst enjoying some lovely party food and cake.

**The anointing:**

King Charles III's ceremonial robe will be removed as he sits in the Coronation Chair. A gold cloth will be held over the chair to conceal the King from view. The Archbishop of Canterbury will then anoint the King's hands, breast and head with holy oil made according to a secret recipe, but known to contain ambergris, orange flowers, roses, jasmine and cinnamon. The oil created for Charles will not contain any ingredients derived from animals.

**The investiture:** The sovereign will be presented with items including the Royal Orb, representing religious and moral authority; the Sceptre, representing power; the Sovereign's Sceptre, (a rod of gold topped with a white enamelled dove), which is a symbol of justice and mercy. Finally, the Archbishop will place St Edward's Crown on the King's head.

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## RELIGION

### The Rockin' Vicar

Tel: 634 386 179 Email: ahrea2@yahoo.co.uk

Have you got your mobile handy? What would we do without that gadget, which is so much more than just a 'phone; it's a computer, camera...actually it is just 50 years since the first mobile 'phone made a call. It was a huge apparatus with a battery life of half an hour! We used to call them bricks! Do you remember Del Boy showing off his executive remote controlled mobile 'phone?

The world today is ruled by social media, good and bad. I use social media; Facebook for a few years, now Instagram and very soon TikTok. I post my short videos on YouTube under the heading 'chatsparkbench', where I chat with my good friend Gerry in Ireland about matters which may be of interest. At the moment we are discussing Power and Churches - how many people are put off Christianity by misuse of power by some churches and all the bad press. [https://www.youtube.com/results?search\\_query=chatsparkbench](https://www.youtube.com/results?search_query=chatsparkbench)

I am also using social media for my books (links below) and soon BokTok when I've

worked out how to use it! I have to admit that someone who understands social media is helping me.

I often think of the writing of the Bible - how the message got out there and still does. It is amazing. There can be no doubt that the

Holy Spirit, the Helper, was inspiring and 'spread the Word' long before social media. Parchment and papyrus scrolls were superseded by high quality unlined paper, used for example, by Charles Dickens and his customary goose quill pen.



My experience only goes back as far as a typewriter and carbon paper! Now I use a laptop with Microsoft Word and the luxury of editing as I go along, copying and pasting, using the Internet for reference instead of spending hours at my local library. Do these still exist?

OK, we have come a long way. I guess humanity hasn't changed though for all our progress. The Bible is a history book that speaks to us today, if we have the time and inclination to listen.

It is always good to hear from you. Please do contact me if you need help or just for a chat. Here are the book links I mention:  
Facebook: <https://www.facebook.com/booksbyandrew>  
Instagram: <https://www.instagram.com/a.n.drewbooks/>

'Bye for now and God bless you  
Rev Andrew

## CHARITY

### MABS Calasparra Cancer Charity



Tuesday 11<sup>th</sup> April was the date for the 1<sup>st</sup> MABS Calasparra Cancer Charity Quiz of the year. Over 40 contestants took to their tables for a bit of fun, test their knowledge and hopefully come away the winners.



After a misty start to the day, in lovely afternoon sunshine for a few hours, there were questions in the first part of the Quiz, on Animals, Transport, Food & Drink and TV Themes, all with a musical element to the questions.

After the Raffle with an amazing amount of Prizes - thank you to everyone who contributed - the 2<sup>nd</sup> part of the Quiz had questions on Books, Art, Multi Choice and James Bond.



With a Quizmaster who was a bit rusty after the winter break, there were plenty of reminders from the Quizzers to bring him up to date on which question

was due!!! It seemed to be an enjoyable afternoon with the eventual winners being the Scrambled Egg Heads from Coto Rinales - winning a bag of 4 Cadburys Creme Eggs for EACH member of the Team.

The Booby Prize (for coming last) went to a deserving team called Piston N Broke - an all-male team who at least came along to take part and for their effort received a Creme Egg each.

The total amount raised was 315€ - a great amount and MABS would like to thank all



those who volunteered to help in the afternoon, but especially the people who came along to make up the Teams and contributed to that amount through

entry fee and Raffle ticket purchases.

MABS' next event is a Race Day at La Plaza Restaurant, Calasparra on Monday 8<sup>th</sup> May at 2.30pm at a cost of 20€.

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## NEWS

## Northwest Murcia News

We receive information from the Northwest Murcia region on activities very close to the events happening which is often too late to publish in the current magazine. Keep up to date with fiestas etc,

by checking the blog [www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/](http://www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/)

**Including: Bullas, Calasparra, Caravaca, Cehegin, Jumilla, Moratalla, Mula, Murcia & Yecla**  
**Check at your local Tourist Office for full details of Events**

The **Via Verde** is a Green Way for walkers and cyclists.

**BULLAS**

[www.bullas.es](http://www.bullas.es)

Tel: **968 652 244 Tues Market**

**Sunday 7<sup>th</sup> May - El Zacatan Artisan/Medieval Market** 9am-2pm

**Salto del Usero**, in Bullas, is the 5<sup>th</sup> Natural Monument in the Region of Murcia. It includes 1.7-hectares of beauty and rarity with geological formations, making this area deserving of special protection. Other Natural Monuments include: Las Gredas de Bolnuevo, Mazarrón; the Black Cape, Caravaca de la Cruz; Mount Arabí, Yecla and the Sima de la Higuera, Pliego.

Visit **Casa-Museo Don Pepe Marsilla**. Guided tours (in English) for only 2 people (5€ pp) or there is an audio guide system in English. **Museo del Vino** has a shop with bodega prices. To visit either/info, tel **968 657 211**, Tourist Office, or email [casamuseodonpepe@bullas.es](mailto:casamuseodonpepe@bullas.es)

**CALASPARRA**

[www.turismocalasparra.es](http://www.turismocalasparra.es)

Tel: **968 745 325 Fri Market**

**Saturday 6<sup>th</sup> May - XVIII Half Marathon**  
6pm - **Half Marathon**  
6.30pm - **10.5km**

More information at [www.clubalpinocalasparra.com](http://www.clubalpinocalasparra.com)

**Monday 8<sup>th</sup> May - MABS Calasparra Race Day** @ La Plaza Restaurant, Calasparra 2.30pm

Tickets 20€ to include tickets for the races, meal with beer, wine or soft drinks to enjoy during the meal.

**Saturday 27<sup>th</sup> May - MABS Calasparra Music Mix Night** @ Alandalus, Valle del Sol 8pm-midnight.

Tickets 5€ (children under 10 years 3€)

**Department of Sport**

Various activities have been organised by the Town Hall at 19€/month

**Tennis** - Beginners, Medium and Advanced (from 16 years) **Maintenance Gym Yoga Functional Training Gym For Older People** (9.50€ for pensioners)

There will also be sessions at the OAPs Club on Mon, Tues & Thurs

For more information and registering, go to the Town Hall for a copy of the full programme, the **Ayuntamiento de Calasparra** Facebook page, or [Calasparra.org](http://Calasparra.org) webpage

**3km Walk of Calasparra** begins at the Casa Granero Building which was originally the house of the family of the Counts of the San Juan Valley, but later became a cereal barn, from which it owes its current name.

**Underground Caves** - 700 metres of accessible areas and 9km of areas of stalactites and stalagmites made from the Upper Cretaceous Period. The reception centre has a café, a multipurpose room for conferences, an interpretive room, terraces for activities, parking and a caving centre.

**Jota Casinello Open Theatre** is located next to the Castle of Calasparra and it offers wonderful views of the town and the rice fields. You can wander round the gardens and in summer it becomes the scene of night concerts.

**CARAVACA**

[www.turismocaravaca.org](http://www.turismocaravaca.org)

Tel: **968 702 424 Mon Market**

**Monday 1<sup>st</sup> May - Wednesday 3<sup>rd</sup> May - Caravaca Wine Horse Festival**

Legend has it that the Castle of Caravaca was besieged by Muslim troops. Food began to be scarce and they decided to go in search of food finding wine near Lorca. Upon arrival at the Sanctuary they found a large Muslim fence, avoiding the enemy defences by running up the wineskins loaded on a horse.

The first documentary references appear in the 17<sup>th</sup> Century. Since then they have evolved to the point where they are currently a 3 day contest full of strength, beauty and emotion: the bareback horse, the harnessing and the race. The spectacular aspect of the wine horses is their harnesses, dressed in pieces embroidered with silk, precious stones and gold and silver beads, made to measure for each horse.

The party begins on **May 1<sup>st</sup>** with the bareback contest when the equine morphology is rewarded in its pure state.

**May 2<sup>nd</sup>** is the big day of the **Wine Horse Festival**. At noon, on the way up to the castle, the legendary **Wine Horse Race** takes place.

The participation of the young ones takes place on **May 3<sup>rd</sup>**. This constitutes one of the most emotional and friendly moments of this unique festival.

**Sunday 21<sup>st</sup> May - Artisan Market**

(check date because of local elections)

A **Museum** gem explores Caravaca's history of skilled craftsmanship and remarkable engineering. An amazing collection of miniatures portray these skills, including Caravaca's manufacture/export of espadrilles. Located at Calle Puentequilla No 3, Bajo.

Tel **968 795 620** for opening times.

**The Carlos Blanco Fadol Museum of**

**Ethnic Instruments** in Barranda has 5% of a 4,000-piece collection which rotates in the space available. 3€ (reduced 2€/child 1€). Check opening times with Tourist Office.

**CEHEGÍN**

[www.turismocehegin.es](http://www.turismocehegin.es)

Tel: **968 723 550 Wed Market**

**Friday 12<sup>th</sup> May - Concert by El Arrebato** @ Plaza de Toros.

More information and tickets from Tourist Office or online at <https://www.geventosmurcia.com/info-arrebato>

**The monthly Artisan Market is cancelled due to voting in local elections.**

The **Archaeological Site of Begastri** opens Saturdays & Sundays for tours: 10am-2pm. A video presentation is followed by a guided tour to see the remains of the Iberian culture before the IV century BC. 2€ pp.

**Eco Park 'Coto de las Maravillas'** for family activities including **zip lines, archery, nature walks** and many other organised outdoor activities. They can host any type of event. Campsite, **BBQ area** and **kiosk-bar** offering a great menu - and you can book.

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Tel **968 069 202** Mon-Fri 9am-3pm

Email [info@conexioncultura.es](mailto:info@conexioncultura.es)

[www.cotodelasmaravillas.com](http://www.cotodelasmaravillas.com)

**JUMILLA**

[www.jumilla.org](http://www.jumilla.org)

Tel: **968 780 237 Tues Market**

**Wine Exhibition** @ Wine Museum (until end of May)

Lovers of art should visit the **Saorin Painting Museum**, a small museum of works by the local artist, Jesus Lozano Saorin and others from the area. Includes sculptures and canvases.

Reserve guided visit on **660 959 631**.

The **Convent of Santa Ana del Monte** in the mountains South of Jumilla is worth a visit for the history and stunning views over the town and landscape. Follow the RM-714 South-West and signposted - 5km from town centre. Check with Tourist Office for opening times.

Check out the **Archaeological Museum** (Tel **968 757 379**) and the **Ethnography and Natural Sciences Museum** (Tel **968 780 740**) which also offer various workshops for all the family at various times.

**MORATALLA**

Continued on page 44



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Continued on page 42  
[www.ayuntamientomoratala.net](http://www.ayuntamientomoratala.net)  
 Tel: 968 730 208 Sat Market

**Sunday 21<sup>st</sup> May - XXIV Sierras de Moratalla** - Northwest Region of Murcia 2023

The Sierras de Moratalla Northwest Cycling Race in the Region of Murcia is one of the most demanding cycling events on the sports calendar in the Region of Murcia and at the same time one of the most attractive due to the environment in which it takes place. Go to the [yosoyciclista.com](http://yosoyciclista.com) website to register.

Tours to the **Rock Art of Moratalla** are available encapsulating prehistoric to medieval styles and is worthy of its UNESCO World Heritage status. There are several routes and modes of transport -

details on [www.turismomoratala.com](http://www.turismomoratala.com), [info@turismomoratala.com](mailto:info@turismomoratala.com), or tel **696 807 037**

**MULA**  
[www.mula.es](http://www.mula.es)  
 Tel: **968 661 501 Sat Market**

**Sunday 14<sup>th</sup> May - Artisan Market**

**El Cigarralejo Museum** and **Casa Pinatada** with relatively new exhibitions may have escaped your attention to-date - info from Tourist Office.

**MURCIA**  
[www.turismodemurcia.es](http://www.turismodemurcia.es)  
 Tel: **968 358 749**

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Centre, Murcia. The rink is open every day from 5.15pm-9.15pm. On Saturdays and fiesta days it will be open from 12noon-9.15pm.  
 30 minutes for 8€  
 It is obligatory to wear gloves.

Discover the contemporary arts centre **Centro Parraga** in the city centre.  
 Tel **968 351 410**  
[info@centroparraga.com](mailto:info@centroparraga.com)

**YECLA**  
[www.turismo.yecla.es](http://www.turismo.yecla.es)  
 Tel: **968 754 104 Wed Market**

**Monday 22<sup>nd</sup> May - 9km Walk & Visit Bodegas Casetaño** 9am  
 5€ to include snack and wine at end of tour.  
 Book at Tourist Office

**LEISURE** **WARM - Walkers Around the Region of Murcia** 

Email: [warm2005@gmail.com](mailto:warm2005@gmail.com)

Last time I was writing from South America. I am home now, but I have not personally been on any of these walks, but the group always has plenty to say on our Facebook page which helps me get a sense of the walks.



Group Photo Salmeron

This will be the penultimate article this walking season. Next time there will be three **WARM** and one **SWARM** walk to write about before our break. Normally we

only walk until the end of April, but the temperatures this April have made some of the walks hard going. There have been some fascinating and diverse walks stretching across the region of Murcia.

On 19<sup>th</sup> March, Carla and Douwe led a 15.3km walk in the Sierra de Ricote and one of the walkers said "Great company and free beers at the home of our walk leaders Carla and Douwe. Perfect weather. Life is good."

On 25<sup>th</sup> March, George and David led a walk near Cehegin, with beautiful blue skies and vibrant almond blossom and the chance for a swim as well. It was a low level walk close to Cehegin through woods, open countryside and alongside a stream. It also crossed a spectacular Roman aqueduct.



Cooling off

The **SWARMers** were out in force on 29<sup>th</sup> March in the beautiful village of Abaran. A very friendly group of 16 enjoyed a gentle riverside walk on the banks of the river Segura.

On 1<sup>st</sup> April Jess and Martin led the group on a new walk at Mount Arabi, close to Yecla. "Superb walk this morning organized by Martin & Jessica. So many different things to see & amazing views." The richness of both natural and man-made features in this small area, make it unique and precious within Europe and its UNESCO

World Heritage status. You can see from the photo how different and stunning it is.



Mount Arabi intrepid walkers

On 8<sup>th</sup> April there was a walk in another new area for the group. It was led by Juan and assisted by his friend and local nature lover, Pedro. It was interesting area that **WARM** had long neglected. El Salmerón is a very small village in Moratalla, situated near the border with Castilla La Mancha. The river Segura passes close by the village. It is mainly known for its extinct volcano and sulphur mines. Our walk organiser Martin said "An interesting tiny village that has sulphur ovens, mines and rocks with naturally occurring sulphur, not forgetting a 7-million-year-old volcano and a more modern (early 20th century) water wheel." Everyone then enjoyed a meal afterwards in the village of Valentin.

Our final walk was a repeat from earlier in the season from the abandoned village of Gilico on the road to Calasparra. Allen, Sue and Jane managed to combine a **WARM** and **SWARM** route and despite it only being the 12<sup>th</sup> of April, the **WARM** walkers certainly felt the heat on the last 2-3 km.

We will be walking again late September early October so look out for the dates in the August edition.

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INFORMATION

HISTORY SNIPPETS

By Adrian & Dawn Leyland Bridge  
dalbridge21@outlook.com

**The Independent 'Pirate' Republic of Murcia**

The early 1870's were a time of massive political turbulence in Western Europe. Napoleon III had been toppled as Emperor of France and the revolutionary Paris Commune had taken control of the French capital. In Spain, as well, political turbulence was endemic. Isabel II, Queen of Spain, had been removed from the throne and the Cortes Generales had elected Amadeo I as Spain's first and only Italian born king. Amadeo's reign was short and turbulent, marked by violence and rebellions from the very start. On 11<sup>th</sup> February 1873, with a great sense of personal relief, Amadeo abdicated and returned to Italy.



Amadeo, the only Savoy king of Spain courtesy of Giorgio Pallavicini

The First Spanish Republic was then proclaimed, but no peace came to Spain. Revolts continued to plague the country and the region of **Murcia** broke away from Spain to form its own independent republic, sometimes referred to as the '**Canton of Murcia**' in press and diplomatic reports of the period. **Murcia** wasn't the only region to rebel against the central control of Madrid at this time. Motivated by a range of local and national grievances, Valencia, Salamanca, Seville, Cadiz and Granada all rose in rebellion. However, the revolt in **Murcia** was, in many respects, the most serious uprising of all and led briefly to the region becoming an independent state, separate from Spain. According to the British John Bull newsletter of 17<sup>th</sup> January 1874, the creation of the independent **Canton of Murcia** "... will be regarded hereafter as one of the strangest episodes which even Spain has ever anticipated."

The **Murcian** rebellion against central control from Madrid was led by the city of Cartagena, which rose in revolt on 12 July 1873. Spanish congressman Antonio Galvez Arce, known by many in **Murcia** as Antonete, led the rebels and began by seizing the St Julian Castle and then occupied the rest of Cartagena's substantial fortifications. The city's Town Council was then deposed and Arce and the rebels went on to proclaim that Cartagena was part of the **Independent**

**Canton of Murcia**. Most of the Spanish fleet, docked in Cartagena's harbour, went over to the **Murcian** side, along with 2,000 regular troops from the Spanish army. Arce's independent **Murcia** then had an army and a navy which included warships such as the Almanza, the Mendez Nunez, Vigilante and the modern armour-plated frigate Vitoria, built on the banks of the river Thames in 1868.



Antonio\_Gálvez\_Arce, Politician

What did Arce and his '**independent Murcia**' followers believe in, apart from **Murcians** being in control of their own destiny? It's difficult to know really, because the whole **independent Murcia Cantonal revolution** lasted for just six months and was marked by war, violence and economic collapse. The whole independence movement proved to be rather strange in a number of ways:

A new currency, the **Murcian duro cantonal** was minted, but there was little opportunity to exchange money because trade collapsed, shops were empty and merchant shipping deserted the area.

**Murcian independence** was allegedly asserted by the flying of the red crescent Turkish flag, upside down, from Cartagena's battlements. With money running short, **Murcia Canton** leaders, like Contreras, boarded rebel frigates and then sailed off to Almeria and Alicante, which they threatened to bombard unless the two towns handed over money to the **Murcian** ships. The rebels were really acting like pirates 'demanding money with menaces' from their nearby Spanish coastal neighbours.

The **Murcia Canton's** two frigates, Almanza and Vitoria, were later seized by the German warship Friedrich Karl (commanded by Captain Werner) and the British H.M.S. Swiftsure as they attempted to bombard Malaga. The Spanish sailors were treated as pirates, disarmed and then returned to Cartagena. Captain Werner later negotiated a deal with the new **Republic of Murcia** which ensured the safety of all foreign nationals and their property. Werner's

political masters back in Berlin weren't too happy with the fact that their naval commander had been negotiating with a breakaway rebel republic and he was recalled to Germany. In the meantime, **Murcia's** two warships, seized off the coast of Malaga, became the responsibility of the British.



Cartagena c.1874 by Jean Laurent

The loss of two of its ships was just one indication that the days of the **Independent Republic of Murcia** were soon to be at an end. On land, Arce led **Murcian** troops towards Albacete, where Madrid government troops were advancing under General Saledo. Not surprisingly perhaps, the superior resources of the national government won through and Saledo was victorious. Revolts, riots and disturbances in other parts of Spain were also crushed by the Army of the Central Government and the **Independent Canton of Murcia** became increasingly isolated.



SMS\_Friedrich\_Carl c.1896 by Arthur Renard

In early January 1874, central government troops, under General Lopez Dominguez, captured Fort Atalaya in Cartagena, which really marked the end of **Murcia's** cantonal experiment with independence from Spain. Many of the rebel leaders escaped aboard the warship Numancia. Arce, however, stayed and was sentenced to death for his part in **Murcia's** brief brush with total independence. The **Murcian** politician remained a popular figure in the region though and after some intense lobbying, the sentence was changed to exile rather than death. He later returned to **Murcia** and worked as a town councillor in **Murcia City** until his death in 1898.

The national Spanish republic, which fought so hard to eradicate Arce's **Independent Murcia**, also collapsed late in 1874 and in November of that year, Alphonso XII was proclaimed as the new King of Spain.

Adrian & Dawn L. Bridge





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FOOD AND DRINK

# Ma Millbank's Kitchen



## King's Coronation Menu

In honour of the **King's Coronation** on 6<sup>th</sup> May, I thought we would look at recipes for street parties or picnics that we can eat while watching the proceedings. We start with the dish made famous at the **Queen's Coronation** and of course was named accordingly. This dish is ideally served with cold meats and salads, as is the classic Woolton Pie which was a war time favourite when everyone was cooking with rationing. It's interesting to see that these recipes are still very relevant today with healthy eating and some lucky people will have been alive to watch both **Coronations!**  
Buen Apetito

## Coronation Chicken

100g (4oz) mayonnaise (or ½ mayo & ½ crème fraiche)  
75g (3oz) mango chutney  
1 tsp curry powder  
2 tsp lime zest  
4 tbsp fresh lime juice  
½ tsp salt  
500g (1¼lb) skinless, boneless chicken breast fillets - cooked & diced



1lb cauliflower florets  
1lb diced carrots  
1lb diced swede  
3 spring onions  
1tsp vegetable extract  
1tsp oatmeal  
Water



oranges  
90 tbsp  
2 eggs  
Melted butter



Cook everything together with just enough water to cover, stirring often to prevent it sticking to the pan. Let the mixture cool. Spoon into a pie dish and cover with a crust of potatoes, or wholemeal pastry. Bake in oven temperature 180°C.



Strip away discoloured artichoke leaves and cut base so the artichoke stands upright. Using scissors, snip off the leaf tips and then soak artichoke in cold water and 1 tbsp of lemon juice for 30 minutes. Drain and place in large saucepan of boiling salted water with the remaining lemon juice. Cover and boil gently for 30-45 minutes. Artichokes will float, so turn them during cooking.

Fry onions and bacon in the butter. Add tomatoes (skinned and chopped) and cook. Add breadcrumbs, orange rind and juice, parsley, eggs and seasoning, beating well. Test artichokes by pulling on an outer leaf. If it comes out easily it is cooked. Drain and hold under cold water tap for a few minutes to set the green colour. Scrape out centre slightly and fill with stuffing. Bake in oven for 25 minutes on 190° or gas mark 5.

## Aubergine Tortilla

700g aubergines  
Small bunch parsley  
2 onions  
2 tbsp olive oil  
Salt and pepper  
6 eggs



Wash and dice aubergines. Finely chop parsley and peel and dice onions. Heat 1 tbsp oil in a large frying pan. Add onions and cook slowly for 5 minutes until transparent. Remove onions and add remaining oil and cook aubergine cubes for 5 minutes and season with salt and pepper. Beat the eggs for two minutes, add onions to the aubergines and stir gently. Pour the egg evenly over the vegetables. Cook the tortilla on a very low heat for 5 minutes or until underneath is golden brown. Place a plate the size of the frying pan over the mixture and turn over, sliding the tortilla back into the frying pan to cook the other side. Slide onto a plate and sprinkle with

parsley. Serve hot or cold.

## Stuffed Artichokes

6 medium artichokes  
3 tbsp lemon juice  
Salt and pepper  
2 medium onions  
350g streaky bacon  
75g butter  
700g ripe tomatoes  
2 slices of stale bread made into breadcrumbs  
Rind and juice of two

## Carrot Fudge

4 Carrots  
2 squares Gelatine  
2 tsp Orange essence



Finely grate carrots and boil them in just enough water for 10 minutes. Add flavouring (orange squash with grated rind if you haven't got any orange essence). Add melted gelatine to mixture and cook quickly for a few minutes, stirring all the time. Spoon into a flat dish and allow to set, cut into cubes.



In a large bowl, whisk together the mayonnaise, chutney, curry powder, lime zest, lime juice and salt. Add chicken and toss with the dressing until well coated. Cover and refrigerate until serving. (Use half mayonnaise, half crème fraiche for a lower fat version.)

## Woolton Pie

1lb diced potatoes

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or 699 483 233.



# PUZZLE

# PAGE



## SUPER SUDOKU

Each column and row must contain all of the numbers 0-9 and letters A-F and no two numbers or letters in the same column or row of a Sudoku puzzle can be the same

0						7				D	E	F
B	5	6				E				1		8
	D		0	2	F	1		A		3		
A	E		C	3		8			D			5
C	2	B					3	0	9		D	
E			4	6		1	7		C	0	A	
	0	D	E				C	6			4	2
5			F						1			E
3							2	0				
					B	4					7	
9	8	0		7		D	C	B			3	6
		4	C	6	9		3	E	5			A
					2		0					
2	B	E		4	8							9
	3		1			7	C					D
	1	7		C	A	9				E	0	

## Boggle

Make up words from letters that are touching. You cannot use a letter more than once. Using all the letters, try and make up a 9 letter word

R	E	C
T	N	I
E	P	T

THERE ARE 47 WORDS OF 3 LETTERS OR MORE.

## Wordsearch

Translate the words below from English into Spanish

- COMPOST
- CONIFERS
- DIG
- FERTILISER
- FLOWERS
- FORK
- FRUIT
- GARDEN
- GLOVES
- GROW
- HOE
- HOSE
- LEAVES
- MULCH
- PLANTS
- RAKE
- ROOTS
- SEEDS
- SHEARS
- SHOVEL
- SOIL
- STEM
- TROWEL
- WEEDS
- WHEELBARROW

C	H	V	Z	Z	X	A	R	E	U	G	N	A	M	T	A	J	A	Y	A	J
Y	C	J	F	V	H	Q	I	H	J	E	I	Q	V	K	Z	F	R	C	B	S
P	P	U	O	J	A	R	D	I	N	E	X	R	G	C	A	J	I	U	C	A
A	S	E	T	N	A	U	G	P	X	T	C	C	V	P	D	T	N	N	L	T
G	O	L	I	T	N	A	M	O	G	K	P	A	T	A	C	E	Z	F	N	
E	T	N	A	Z	I	L	I	T	R	E	F	E	O	V	R	A	V	R	I	A
K	I	F	V	T	K	D	A	T	U	R	F	C	L	N	A	R	O	O	H	L
R	O	L	I	R	T	S	A	R	L	O	N	Z	V	M	R	R	O	Q	P	
J	B	O	D	O	P	Y	G	E	A	X	F	F	K	I	H	E	P	M	K	X
A	W	I	L	K	J	V	C	A	L	S	C	X	H	K	R	T	F	T	F	D
S	B	E	H	Q	R	E	E	S	A	L	W	F	F	I	D	I	Y	J	Z	D
P	U	Z	Z	D	R	E	A	F	P	G	N	A	W	B	R	L	R	V	F	A
S	L	E	F	C	P	J	K	D	L	G	J	R	X	N	D	L	P	S	O	D
N	H	H	B	F	O	U	C	Y	L	O	R	O	G	U	P	A	M	U	B	Z
F	W	Y	T	H	P	A	L	E	T	A	R	U	O	A	J	Q	H	G	R	D
X	H	I	X	D	K	O	E	U	I	R	C	E	G	E	W	W	M	T	F	C
C	O	M	P	O	S	T	M	C	E	K	W	P	S	K	T	S	G	S	P	N
W	H	I	Q	Z	M	S	E	S	A	B	R	E	I	H	S	A	L	A	M	
I	K	M	V	L	E	S	W	M	S	A	R	E	J	I	T	P	S	E	W	W
B	D	F	Y	N	S	A	R	E	F	I	N	O	C	R	O	D	E	N	E	T
L	S	M	K	R	I	L	E	E	G	Z	S	E	M	I	L	L	A	S	W	F

Answers on page 78



# South Murcia

Including Alhama de Murcia, Camposol Urbanisation, Condado de Alhama Urbanisation, Fuente Alamo, Lorca, Mazarrón, Puerto de Mazarrón, Totana.

GROUPS



## B CLEAN' GARDENING GROUP

Facebook: "B Clean" Community Gardening  
bcleangardening@gmail.com

Unfortunately Spring has brought out more than the early flowers and new plant growth. Readers may recall that **B Clean** had decided to discontinue trying to tidy up around the green skips in the lower car park due to the amount of non-domestic rubbish that was being dumped in and by them. Despite the availability of the nearby Ecoparque, more and more rubbish is accumulating, including builders' waste and sacks. At the time of writing, the council appears to have stopped clearing the containers, so the situation is going to deteriorate very rapidly.



As if that wasn't bad enough for Camposol's appearance, we are now having plants stolen from public areas and mindless

vandalism. These problems are not confined to Camposol B of course.



On a more positive note, the rest area project is progressing and this year's assault on the ever-present weeds has commenced. The Work Party has been

busy as usual and would welcome more volunteers to try to keep the sector looking pleasant for residents and visitors.



Finally, once again, thanks are due to Colin Thackwell for his continuing cycle challenges which bring in welcome and much needed donations.

## RELIGION

### Mass in English

Tel: 676 219 445 or email: ocarpena@slsonline.org



#### Roman Catholic Church:

We are in St Joseph's Church (El Saladillo), near Camposol and Mazarrón Country Club urbanizations (exit 17, RM3 motorway).

#### Schedule of Mass in English:

Saturday: Mass at St Joseph's, El Saladillo, near Mazarrón Country Club @ 4.30pm

#### Schedule of Confessions:

One hour before Masses. (Also on request.) Call **676 219 445** or email [ocarpena@slsonline.org](mailto:ocarpena@slsonline.org)

#### Sermons of the Cure of Ars - Saint John Maria Vianney

Ah, who would not be touched? A God who weeps with so many tears at the loss of one soul and Who cries unceasingly: My friend, my friend, why proceed you thus to lose your soul and your God? Stop! Stop! Ah! Look at my tears, my Blood which flows yet. Must I die a second time to save thee? Look at me.

Oh, that a Christian should be so

unfortunate as to persevere still in running towards the abyss despite the voice which his God causes him to hear continually! You may say to me, no-one says these things to us. Oh my friends, unless you want to stop up

your ears, you will hear the voice of God, which follows you unceasingly. Tell me, my friends, then, what is this remorse of conscience which overwhelms you in the



midst of sin? Why do these anxieties and storms agitate you? How many times, even when you were sinning, have you not experienced the touch of an invisible hand which seemed to push you away, as if someone were saying:

Unhappy man, what are you doing? Unhappy man, where are you going? Ah my son, why do you wish to damn yourself? ....

Would you not agree with me that a Christian who despises so many graces deserves to be abandoned and rejected because he has not listened to the voice of God or profited by His graces? On the contrary, God alone Who wishes to save this soul and Who is opposed to all that could be prejudicial to it.

He watches over its salvation as if it were the only soul in the world.



**GROUPS**



**Puerto de Mazarrón Ladies' Circle**

Puerto de Mazarrón Ladies Circle

Hello Ladies

The months are going by so quickly. Easter is over and we were fortunate that there were various parades in and around Murcia.

**Friends of Mazarrón Animals** brought their pop-up shop to the March meeting, giving us an insight into their work and monies needed for vet fees. It was a lovely afternoon and many purchases were made and we had a collection to help towards their costs.

Rocher chocolates, after which the cakes and chocolate eggs were eaten.



We enjoyed an enlightening and entertaining talk in March by Maureen Kent on childhood antics, bringing back memories for many of us. Maureen finished with a poem which she had written especially to end her talk. We hope she will return to inform us about another part of her life.

At the end of the March we had our **Trip to Benidorm** which was enjoyed by all in the sunshine, even though Benidorm was extremely busy.

We do have a suggestion box at the meetings which we ask the ladies to use for ideas for trips, speakers and venues for our Summer and Christmas parties.

**May Activities**  
4<sup>th</sup> **Coronation Party**

- 11<sup>th</sup> Sue and Sarah Fashions from Zoco market
- 18<sup>th</sup> Roger Bayliss wildlife photographer
- 25<sup>th</sup> Trip to Guadix to the Cave Houses

On Maundy Thursday we had a **Cake and Egg Decoration Competition**. A lovely variety of homemade cakes and eggs were brought along. Three ladies won Ferro

Look after yourselves ladies and we look forward to seeing you all at the meetings.

*Sheena*

**CHARITY**



[committee@fast2016.org](mailto:committee@fast2016.org)  
[www.fast2016.org](http://www.fast2016.org)

**FAST** is a dedicated team of volunteers trained and certified to deliver potentially life saving first aid in the period between

an ambulance being requested and the arrival of the emergency paramedic crew.

**FAST** is available to all residents living on Camposol, either permanently or temporarily, or indeed visitors to the urbanization. Our services are provided completely free of charge and are available to everyone, regardless of nationality. Whilst the majority of our Responders are British, this does not mean that we only serve the British on Camposol.

the end of the pandemic we have been recruiting new Responders on a constant basis to try to ensure that we can provide 24/7 cover - and this process continues. We are planning to run a further initial responder course in May with additional courses throughout the year. If you are interested in joining our Responder Team, please contact us at [recruitment@FAST2016.org](mailto:recruitment@FAST2016.org) No experience is required as all training, certification, equipment and uniform will be provided, along with a more experienced partner - all we ask for is a genuine desire to help the people of Camposol and lots of enthusiasm! Come and join our team!

If you require our assistance in the event of a medical emergency, please **call 112 and then call FAST on 868 487 015**

As all our Responders are resident on Camposol, they will be able to reach you sooner than the ambulance and will if necessary provide life saving first aid prior to the arrival of the paramedics. In any event, they can be present to monitor the patient (and reassure family members or friends) and gather the necessary information to hand over to the medical crew upon their arrival. In some circumstances this initial support can be critical for a successful outcome.

In order to finance the provision of the service we have re-commenced our fund-raising activities. Our fund-raising organisers have put together a varied calendar of activities. Tickets can be reserved on our **FAST Fun Team** Camposol Facebook page or reserved/paid for and collected at our desk outside The Diner, Camposol B Commercial Centre on Friday mornings from 10.30am-12.30pm. Future events are added regularly - join the group to keep up to date!

Since our return to active service following

**F.A.S.T. For Fun!**

Email Us : [trips@fast2016.org](mailto:trips@fast2016.org) - or

Trips! 
 Social Events!

Get Out and About With Us While Raising Funds for **FAST**

Calendar of Events already under way or planned for this year, so far!

Tues 2 <sup>nd</sup> May	<b>Coach Trip:</b> Caravaca - Running of The Wine Horses - €18 per person
Sat 6 <sup>th</sup> May	<b>FAST Party:</b> King Charles Coronation Celebration Party @ The Diner. Trad. Buffet, Music from Byron G. 1930 - Late, €12.50 per person
Fri 2 <sup>nd</sup> June	<b>FAST Music:</b> GlamJam at Mariano's (rear terrace - in the open air) - 8:00 to 11:00 pm - €5 per person
Thurs 8 <sup>th</sup> June	<b>Coach Trip:</b> Golf Delux & afternoon in Los Alcázares - €25 per person



**CHARITY**

**Cavalli Foundation**  
 "Helping Horses Help People"

Charity N°: G73786279

Call 636 172 198 or [info@cavallifoundation.org](mailto:info@cavallifoundation.org)



It's that time of the trimester where our horses, ponies and donkeys have a special visit from our barefoot farrier. All our horses have been barefoot for several years now, which means they have no shoes. Equines don't need shoes unless they are doing an activity which implies they wear off more hoof than they would naturally do. If you ask a horse to walk on the road, the pavement or concrete, they will erode more hoof than normal, therefore they need shoes to prevent any damage, (or because of orthopaedic purposes). If they live in paddocks and only exercise in the arena or a sandy surface, there is no need for shoes. It's actually healthier for them to be barefoot as it improves circulation. Nuria takes really good care of all of them and we learn so much from her every day!

biggest concern. Donkeys create a very strong connection or bond with each other, so it's always important for their emotional welfare to keep them together.



The new land in los Muñoces

We are very excited about the progress in the new ranch. Our new premises will be located in Los Muñoces - Alhama de Murcia, so very close to where we currently are. For some years now we have been trying to move the animals to a bigger site. It's been a very long process and we have found many bumps in the road, but now it all seems to be working out. We have marked with our architects the distribution of the different paddocks where the animals will live. It's very emotional for us to see the humongous space they will soon have to roam. We have worked so hard to get to this point, but there is still a lot to do. Building work is imminent and hopefully we will move in June.

We are still running all our activities in la Costera de Alhama where we have been

since 2004. We are still receiving school visits, doing our equine therapies with children with development issues and running our **Cavalli Club** on Saturday mornings.

If you would like to become a volunteer to help out with the animal's care, or if you have building/gardening experience and you would like to get involved with the construction of the new ranch, please get in touch with us. Our Volunteers are a very important part of what we do every day. Without their help we would only be able to do so much. All of us together can change the lives of many more animals. Thank you so much!

For more information about what we do keep your eyes on our Fb page and Instagram, Whatsapp or call us on **0034 636 172 198** or visit our website [www.cavallifoundation.org](http://www.cavallifoundation.org) Email [info@cavallifoundation.org](mailto:info@cavallifoundation.org)

All Donations are gratefully received via:  
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 Swift code: **TRIOESMMXXX**  
 Go to web or Facebook page and press the 'donate' button.

Become a Teamer for just 1€/month by searching 'cavalli' on the group browser on [www.teaming.net](http://www.teaming.net)

We and all the animals would be very grateful for your help and generosity.



Donkeys adopted together

Good news about the donkeys that were looking for a new home! It's not easy to find a home for one, even more complicated to find a home for two, but luckily, they have been adopted together which was our

**RELIGION**

**St Nicholas Ecumenical Church**

Rev Bill Coyle Tel 634 143 260  
<https://stnicholas.es>

Calle Sobrija 2248,  
 Sector D20 Camposol



For a number of years, after coming out to Spain, we had a lovely neighbour who was guaranteed to make us laugh by her regular misuse of words. After watching the news, she would talk about the dangers of 'Peterfiles' and 'Cyclepaths'! One day she was explaining the need to keep swimming pools clean in the summer, to prevent the build-up of green 'Allergies' in the water! Fortunately she realised her mistakes and laughed at herself too.

The word she used to describe our Church, was the one I liked best; on introducing me to a member of her family and explained that I was a minister of **St Nicholas 'ECONOMICAL' Church!** Well, thinking about this made me realise that in many ways, she was right. After all, 'economical' has various meanings;

Affordable, definitely for it costs nothing to attend.

Value for money, certainly.

Where else can you find friendship, a warm

welcome, people to listen to your problems or worries and exercise? (After all, singing is so good for our bodies and peace of mind).

You can be guaranteed smiles, hugs, laughter and of course, faith, not forgetting free shared refreshments after each service. Not bad, for all it costs is an hour or so of your time each Sunday morning.

Yes, I really like being a minister of **St Nicholas**

**E c o n o m i c a l ' Church** here on Camposol and sincerely hope that we can share these things with you, if you can spare the time to join us on a Sunday.

All English speaking services are held at 11am each Sunday. There will be no more services now for our

German branch until October.

**Services for May**

- 7<sup>th</sup> Songs of Praise
- 14<sup>th</sup> Holy Communion
- 21<sup>st</sup> Morning Prayer (Ascension)
- 28<sup>th</sup> Holy Communion (Pentecost)

**The Harlequin Rock Choir**  
 Upcoming Performances - All for local charities  
 Wednesday 31st May - 3pm: Golf Club, Camposol  
 Age Concern  
 Saturday 10th June: Hacienda del Álamo - Fiesta  
 Fund to go to MABS  
 Thursday 22nd June: Ascot Ladies Day, Mazarrón Country Club  
 MABS fundraiser



**GROUPS**



**Camposol C Green Fingers Gardening Group**

www.greenfingersgardenandsocialgroup.com



The **Coronation of King Charles III** takes place on May 6<sup>th</sup> and so we are arranging a **Street Party** on Sunday 7<sup>th</sup> May to celebrate. The party will be held on Calle Jimena on C2 from 4pm. There will be music and Carl Thomas, from Total Star Radio, will DJ for us. Bring your own table, chairs, food and drink. Tickets are €5 and children under 12 go free. Come along and celebrate the **Coronation** of the UK's new King. Tickets are available either by contacting John Osborne:

Tel: or Text **634 325 427**

Email: [osbornej43@gmail.com](mailto:osbornej43@gmail.com) or by asking at the bucket points on Wednesday mornings.



Camposol C on a Wednesday morning.

We raised an average of €200 per week this month from the bucket collection. We thank everyone for their generosity, whether you live here or are just visiting.



We have had an average of 8 Volunteers out each Wednesday over the last month, weeding, watering and generally caring for the plants. They are rewarded with breakfast which has been provided by Angie and Costa Café. We thank them. If you would like to volunteer, then just turn up by the Welcome Wall at the entrance to



Our **Annual General Meeting** will take place at Camposol Golf Club in the meeting room on 23<sup>rd</sup> May at 3pm. Please come along and support **Green Fingers** and hear more of what we do for Camposol Lower Sector C.

**CHARITY**



**FORGET ME NOT**

Community Respite Care for the Mazarrón Area

Dee: 603 121 416

Diane: 711 028 693

**Forget Me Not** is a charity group run by volunteers for anyone with an illness that requires a carer to look after them. Sessions are held at the Social Centre Camposol B every Monday and Thursday from 10.15am-1.15pm providing respite to the carer. We have a trained nurse at every session as well as skilled and caring volunteers. We provide tea, coffee and biscuits, with a free lunch. We are open to both residents and non-residents and support holiday makers in need of some well-deserved respite on the provision of some basic information with regards to the individual's specific needs and requirements.

**Forget Me Not:**

We had a visit from the wonderful Hartley, who entertained us with his beautiful singing voice.



On Friday 21<sup>st</sup> April we held another music event at Alley Palais with Sax and Pop classics from Byron G, Latino Jazz Singer Simone, Jack London as John Denver, Harlequin Rock choir plus 70's and 80's classics with Michelle Miles.



On April 5<sup>th</sup> we had a **Quiz Night** at The Diner, with an Easter themed raffle.

A huge thank you to Aaron and Michelle of the Black Bull for allowing Forget Me Not to sell raffle tickets and hold our Easter raffle draw on Good Friday in their bar. The volunteers enjoyed a fun couple of evenings selling raffle tickets, eating fish and chips and singing karaoke (albeit quite badly).

We completed lots of Easter themed craft activities, making decorative felt Easter eggs, cards and bunnies with non-stop glue and sequins.

The gentleman continue to play their competitive dominoes and we aim to do seated exercise sessions at least once a week.

**Monday 8<sup>th</sup> May Forget Me Not Coronation Party** for King Charles II. Dress in red, white and blue. We will be putting up the bunting and waving our Union Jack Flags whilst enjoying some lovely party food and cake. It is expected to be a fun and memorable event for all involved.

**Forget Me Not has had some car stickers printed to spread the word in the wider community of the service we provide for Camposol and surrounding areas.**

**Forget Me Not** pride themselves to always be there for the carer, with help, advice or just a sympathetic ear. April was a very busy time for us all at



**CHARITY**



**MAMAS** - Mazarrón Animal Medi-Aid

Tel 666 186 037 mazarronanimalmedi\_aid@zoho.com  
Registered charity No 9537/1a



We can't start without mentioning the weather! Remember this time last year? We were under water whilst the UK was basking in wonderful sunshine! However, the Spanish think there is a 'tormenta' on its way! It is needed, as the local farmers are trying to grow crops to go towards making up for the deficit caused by the Russia/Ukraine war. Understandably this war is upsetting the economy and making life so difficult for us all. Costs are sky high and charities are struggling.

As you know **MAMAS** was solely for urgent requests, but over the years we have been hands-on in raising money for sterilising your pets. Sadly we became inundated with requests for cat sterilising, particularly from people caring for feral colonies. This absolutely did our accounts no good and when receiving several large requests for emergency surgery we were having to give less. We have now more or less had to revert to urgent cases only and turn cat requests away.

A Spanish lady pointed us in the direction of the Town Hall for money to sterilise feral colonies, but this money ran out very quickly. It just shows the size of the problem. We now have a meeting with a lady from the Town Hall, to find out exactly what we can do to

help this situation.



Talking about emergencies, the much loved **Coco**, a handsome bodeguero, had an obstruction which turned into peritonitis. He spent a week in hospital after an operation to remove a metre of his intestine. Apparently it was 'touch and go' the whole week and the little guy had to fight. He lost so much weight

that he was skin and bone and his owners were broken hearted. The whole procedure was very costly and the owner was struggling to pay the bill, but we were happy to help in such a deserving case to make sure that **Coco** survived. His owners called in recently to tell us he has made it and was on the road to recovery. Happy days!

A smashing lady has given us some great donations. We have been so busy sorting it all out, but it is not easy with only the manager and one volunteer. However, fingers crossed we might have a new volunteer to do a couple of hours. Every little helps (as the saying goes!). If you have a spare hour or two to help us, we would be very grateful. We are just taking away the autumn/winter clothes and replacing them with the spring/summer range (posh - that's us!). There are lots of second-hand items; beds, bedding, books, mirrors, pictures, rugs, curtains, nets, furniture and of course shoes and clothes. We look forward to seeing you soon. Come in and have a look. You will be helping a lovely charity.

The **MAMAS** shop is in Puerto de Mazarrón at the back of Consum, 3 streets on the left, in Calle San Juan.

**GROUPS**

Sector D's strapline is '**determined to make a difference**' and an opportunity has arisen to lead the Gardening Teams in their work to make Sector D better and greener and make that difference.

The role of Volunteer Coordinator for the 4 gardening teams is important and satisfying. You will lead and direct the work of the 4 teams, working with our team of 16 volunteers. Work is currently underway to develop work schedules and identify improvement projects. This is a great opportunity for someone to work with the committee to develop the landscape and environment of Sector D and genuinely make a difference. Please contact [sectordphone@gmail.com](mailto:sectordphone@gmail.com)

Our villa has a climbing Jasmine. "Ok" you say "a lot of properties have a similar climber." Well, according to my neighbours and friends, it is a 'Pink Jasmine'. All I know is that after 8 years in the villa, this year has seen the best display yet and the fragrance is stunning, drawing positive comments from passers-by and neighbours, all of which demonstrates how nature and gardening can make a big difference on how you feel. This rubs off on the **Sector D Gardening Teams**, who, week in week out, make a difference to the community on Sector D through the work they do.

Making a difference is of course the aim of the Sector D community and over the past few months the gardening team have completed a range of project and maintenance works including:



Maintenance of the verges, shrubs and pathways along the bottom of Calle Esparaguera and along Calle Frangulas. This area has been maintained by local residents and the team felt they wanted to support this work by tidying up the other areas. Work has also begun on Calle Babinas and what is commonly known as 'Peggy's Garden'.

Work on the refurbishment of the bin storage areas has taken longer than expected, but we are pleased to confirm that both Calle Babinas and the area in front of 'Pete's Garden' has been completed. This will make the areas easier to clean and keep tidy.



**Wednesday morning 10<sup>th</sup> May** - make a note in your diary for the **D Street Clean** event A list of areas to be cleaned is being developed but include: the bin storage areas on Calle Nogales, Esparrageura, Babinas and litter picking in the garden areas. If you have an area that you would like cleaned or want to volunteer please contact [dsecevents@gmail.com](mailto:dsecevents@gmail.com)

We would like to say a big welcome to Marie- Louise and Derek our new volunteers on the Grounds Maintenance Team.



**CHARITY**

**FRIENDS OF MAZARRÓN ANIMALS**

fma.murcia@gmail.com

+34 711 032 574



www.facebook.com/Friends-of-Mazarrón-Animals-504985486541402/

We hope you all had a wonderful Easter and were able to enjoy some of our fund raisers last month. April unfortunately was quite a frustrating month for the charity as it seemed that the holidays were accompanied by more dog abandonment; dogs thrown out of cars, left to wander attached to leads, or basically just dumped.

Adopting a dog, or cat, is one of the most important decisions you will make. Dogs need your time and attention. They are social animals and they want to be with you. This doesn't mean you have to be together 24/7, but you can generally say goodbye to your spontaneous care-free life. Remember that dogs can live for ten to twenty years and you have to think about that. Will you be moving, having children and how may your circumstances change? Remember also



VELO

that adopting a dog from a 'shelter' will not always be easy. Shelter dogs need time to adjust to new homes. Don't expect to bring home a dog that has been tossed from home to shelter to home to immediately be your best friend. Do your research. Different breeds will suit different lifestyles. Unfortunately we have had dogs returned to the charity because they do not 'fit'. We understand that sometimes this is unavoidable and it's always better that they come back to us. The experience will be traumatic enough for the dog without it returning to an unsafe environment. However with careful planning and thorough research all this upset can be avoided. Luckily most adoptions are pain-free and provide you with unconditional love.

You can view all the dogs we have available for adoption via our Facebook



MARVEN

page. There are all shapes and sizes to suit different lifestyles and homes. There is also information on all our fundraisers. At the time of writing we are still negotiating musical acts for May, but our popular **Market** is already booked in for Saturday May 6<sup>th</sup> at Isla Plana Social Club. For something different why not try our **Zentangle Workshop** on May 11<sup>th</sup>? Zentangle is a fun and easy form of relaxation (zen), where you create (draw) images by using five basic strands; straight lines, simple curves, S curves, dots and orbs (circles). The creation of 'tangles' helps to promote self-confidence, relieve stress and anxiety and improve hand-eye co-ordination. It is a fabulous opportunity to try something new.

Please contact the team at **FMA** for more information about any of our dogs/cats and fund raising activities.

Join our teaming group and donate just 1€ per month.

<https://www.teaming.net/friendsofmazarronanimals>

Donations can also be made using PAYPAL [fma.murcia@gmail.com](mailto:fma.murcia@gmail.com)  
Bank Account **ES39 3058 0206 9227 2050 7854**  
BIC **CCRIES2AXXX**

**RELIGION**

www.wellspringvictorychurch.com

**WELLSPRING VICTORY CHURCH**



Do you remember the old hymn/song?  
**What a Friend we have in Jesus, all our sins and griefs to bear!**  
**What a privilege to carry everything to God in prayer!**  
**O what peace we often forfeit, O what needless pain we bear,**

**All because we do not carry everything to God in prayer.**

Fortunately, the song has the answer – take it to God in prayer.

There is little doubt that almost everyone reading this article will have come across this song at some time or another. There are times when we all go through trouble of one kind or another and although we ought to pray and seek help from the master planner it's all too easy to sit about, get depressed and try to work things out in our heads.

There are very few people who have never prayed in one way or another. For some it's a very natural thing to do and for others it is the hardest thing imaginable. Once again, the mind plays tricks on us and tries to sow seeds of doubt:

Is there a God?  
Is He interested in me?  
Why would He want to help me? I've never done anything to deserve His help and so on.

In our struggles we work through the situation and all the 'what ifs' creep into our minds, perhaps even waking us in the middle of the night and stealing sleep from us.

The reality is that there is a God – ask anyone who believes why they believe and they will tell you of the reality of God. Perhaps, surprisingly, to some, yes, God is interested in each and every one of us and yes, He often wants to help us in our struggles.

Look at the last two lines again and ask yourself if you have been there. The battles can often rage in our heads and the enemy comes up with new tactics and challenges every time our minds try to switch off. The song tells us that we forfeit our peace and suffer unnecessary pain.

At **Wellspring Church**, we certainly believe in the power of prayer. We are a group of people who know God exists and who know that God wants to join us in our troubles. Do you need prayer in a particular situation? Why not come along one Sunday? We can promise you a warm welcome and we will point you to someone who will sit down with you and listen and pray with you. We meet every Sunday at 11am in the Event Room above Trevi Bar, Camposol B.

It is never easy to wave the white flag of surrender and our minds refuse to give in to the difficulties that would bring. It isn't even easy to say "Well perhaps I was wrong after all." The voices in our heads tell us that it would be childish to surrender and counter-productive to allow others to take the victory podium.

It all sounds a bit depressive, doesn't it?

You will be very welcome.



**WELLSPRING VICTORY CHURCH**

A family church for people just like you

We meet every Sunday  
11 am at Trevi Bar Camposol B

We invite you to join us any Sunday morning

The service is also available online from Monday onwards  
[www.wellspringvictorychurch.com](http://www.wellspringvictorychurch.com)

For further help call 607 382 033





LEISURE

f Expat in Mazarron

# Camposol Explorers



The **Expat in Mazarrón** YouTube channel is run by Shaun and is all about his living in Spain, Camposol, places of interest, property and going out walking. **Camposol Explorers** is about going out exploring once a month in the Murcia Region and beyond.

Unfortunately Shaun is due a hip operation and once he is up again walking, the outings will start again. In the meantime, he will be posting some interesting locations, not far from Camposol that you can visit.

put **Mazarrón** on the map. **Mazarrón** has its own Castle and Watch Tower. The Castle is closed at the moment. An old mine shaft collapsed in the Castle grounds and it needs to be repaired. The Watch Tower is in the heart of the town and there is a park and winding path that takes you to the top. There are some good views of **Mazarrón** and if you are brave, a metal ladder that takes you to the very top. Unfortunately the park is a bit run down, which is a shame.

modern with big glass windows, but it is now an exhibition building and when open, you can get a map and information about **Mazarrón**. The map will show you some interesting places to visit.



### Mazarrón Town

Not far from Camposol is the lovely town of **Mazarrón** which for those who live on Camposol, is the nearest town. **Mazarrón** is rich in history, going well back before the Roman times. They say the word **Mazarrón**, came from the Moors who lived here at times, before the Christians took it back. When you enter the town of **Mazarrón**, you can't help but notice the huge mine that dominates the town and

The Saturday morning market is in the main carpark. It can get very busy and parking is a nightmare, so arrive early, to save walking too far. It is a great place for buying good fresh vegetables and practicing your Spanish on the stall holders. During the week, the carpark is still very busy, but once parked, you can walk to the main square where you will find the Post Office and Town Hall. The Town Hall is very

Another interesting place to visit during the week is **Mazarrón Museum**, opposite the Police Station at the far end of town, if heading towards **Puerto de Mazarrón**. Entry to the museum is free and there is plenty to see. It gives you the history of the mines, Castle and a brief history of the town during the 19<sup>th</sup> Century.

Next month, Shaun will introduce you to another interesting place not far from Camposol.

For more information about **Camposol Explorers**, please check out YouTube or join Shaun's Facebook group **Expat in Mazarrón** for information and places to explore.

**CHARITY** Rehoming and adoption: 602 653 639

## Noah's A.R.C. Animal Rescue

Registered Animal Charity N° 9.971/1  
 Helping the animals of Mazarrón for a better future for all!  
 Email: info@noahsarcmurcia.com

Rescue and emergency: 603 206 363 and 604 346 163  
 Port shop: 602 624 521  
 Camposol shop: 711 016 236

**Ricky** is a very handsome loving Podenco boy of just over a year old. He was rescued from a bad situation. **Ricky** is now neutered and fully vaccinated. Let's find him the home he so deserves.



Ricky

**Robbie** is another gorgeous Podenco at our kennels who is looking for a loving home. **Robbie** is



Robbie

approximately 15 months old. He has been neutered and fully vaccinated.

**Jade** is a really sweet and pretty wire haired Podenco. She is approximately 6 years old. She has been in kennels far too long and really would love a forever home. **Jade** has been spayed and fully vaccinated.



Jade

If you have ever owned a Podenco you would know what a loyal, loving breed they are, yet they are so badly treated by the Spanish hunters. They are abandoned in great numbers, something they certainly do not deserve.

All adoptions and fosters will be home checked. All puppies as part of the adoption agreement will have to be neutered or spayed when they are old enough.

If you would like to meet any of these lovely dogs, please contact Jane either by phone on **602 653 639** or email [janenahoming150@gmail.com](mailto:janenahoming150@gmail.com)

**We also need foster homes which are really great in getting the dogs into new homes, teaching them how to live in a home, lead training etc.**

For donations, our PayPal address is: [NA1Treasurer@gmail.com](mailto:NA1Treasurer@gmail.com)

With summer around the corner, if you are having a clear-out, we are always grateful for donations to sell in our shops; clothes, bric-a-brac and furniture. We can collect heavy items. Just call **711 016 236** to arrange.

Please check out our Facebook page **NoahsArc Mazarron** to see more of our lovely dogs looking for their forever homes.



**ENTERTAINMENT**

**CAMPOSOL COUNTRY AND WESTERN**

Email: [tapeb2205@gmail.com](mailto:tapeb2205@gmail.com)



For all you **Country & Western** fans; after an absence of over 3 years the **Country and Western Night** at Mariano's, on Camposol A is back!



We are here every last Thursday of the month, with DJ Eddie B, so if it is Line Dancing you enjoy, or you would just like to sit and listen to Country Music then come on up to Mariano's every last Thursday of the month at 8pm. We would love to see you.

For more details email [tapeb2205@gmail.com](mailto:tapeb2205@gmail.com)

**CHARITY**

**Making a Difference**

TEL 603 389 006

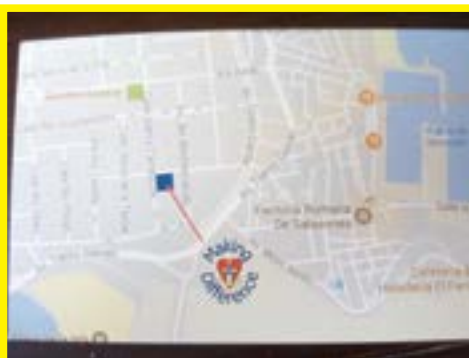


Hi everyone

We firstly want to apologies to anyone who had wanted to drop off items at our pick-up point on Camposol A. Our van was in for a major repair for a couple of weeks last month.

**MAD** continues to help the **San José Church** in Puerto de Mazarrón with our usual monthly donation of 1,000€ to enable them to purchase food items to distribute to those in need in the Mazarrón area at their Food Bank.

We are making an appeal for other worthy causes that could benefit from our aid, so if you know of any schools, humanitarian charities or indeed any social clubs that have a project that would benefit with some financial help, please contact us on **603 389 006** and we would consider your appeal.



Our Shop Volunteers have now changed our men's, women's and children's clothing in the shop to summer wear, so come to our shop in Puerto de Mazarrón and pick up a bargain. We are still appealing for good

quality furniture, so if you are replacing any of your furniture and need to get rid of your old furniture, please think of us and call us on the above mentioned phone number and we can arrange to pick it up.

We thank all our supporters for their continued support. Our van will be at the Commercial Centre Camposol A on Tuesdays from 10.30am-12pm.

The **MAD** shop in Puerto de Mazarrón is open Tuesdays, Thursdays and Saturdays from 10am-1pm. See the map to see where our shop is.

We thank all our volunteers who work so hard to **Make a Difference** to so many people in our area who are less fortunate than us.

**GROUPS**

**Los Palacios Gardening & Community Group**

Box 915, Post Room, Camposol A

[lospalaciosgardening@icloud.com](mailto:lospalaciosgardening@icloud.com)

[www.facebook.com/groups/528564140617103](https://www.facebook.com/groups/528564140617103)

It's been a very busy past few months for the **Los Palacios Gardening & Community Group**. We held our AGM in January and a new Secretary, Mandy Deer, was appointed. This was lodged via the group's newly created digital signature and as all associations should be aware they should now be using this.

We have also installed new steps outside Luz De Sol and Mr Print on the commercial centre. This is a much-needed addition as this will now assist all our visitors, old and young getting up to the shops and bars. We would like to thank Leanne from Tel's Bar and Alen's Supermacado as we stole their idea as they had already installed and paid for their handrails outside their premises.

The Palm Troopers are no longer trimming the palms as now the council contract is up and running, they will be doing these. At present they are concentrating on the commercial centre and parks.

Don't forget the Library is open on a Friday morning from 10am-12.30pm. We have a wide range of books of all genres so there

is something for all! Please note that due to the volume of books we currently have we can no longer take in hard back books and will only be accepting novels. Please come and support the Library as much as you can.



Please don't forget about the **Palacios Gardening & Community Group Summer Ball** on Thursday 23<sup>rd</sup> June. Tickets are only €45. (Hotel rooms also available). See poster for further details.

We are always looking for new volunteers and donations are always welcome.



**GROUPS**



**Camposol 2025**  
What do you want it to be?

**Council Invests in Camposol**

It is over a month since the new Dog Park opened behind the Business Centre and Farmacia on Sector A, near the children's play area. It is comprised of a large, fully fenced-off site, with a sand base, (wear sensible shoes as the sand does stain, but brushes off), plus seating for the owners. It has loads of equipment including: dog training apparatus including a tunnel, seesaw, a water fountain and litter bins. You enter via a double gated lobby area, making the site safe for both owner and dog. As a new dog owner with a rescue dog who we are still training, it is great that we are able to take her to the dog park and safely let her off the lead to run and play fetch.



Work has also started on the proposed fitness area adjacent to the Football Pitch on Sector D with the area cleared and ready for construction to begin.

Both projects came about last year when the Town Council asked for projects to be submitted for funding. The above projects were identified and individuals wrote and submitted the successful bids.

It is hoped that the Town Council runs the same funding process this year and in preparation for that we are asking residents to identify projects that could be submitted for funding; perhaps children's play areas on Camposol B, C and D.

**2025 and Camposol Free Community Sports** assisted the individuals who submitted the bids with gathering votes for the proposals. Clinics were held on Commercial Centres A and B to help residents with the computerised voting system and handing out leaflets providing information on the projects. If you have an idea; visit the **2025** Facebook page to get more information on how you can write a bid. However, if the same rules apply as last year only individuals can submit a bid.

**Info Hub**

**2025** has completed a new booklet on security, which will be published shortly. The booklet contains lots of useful advice to make your home safe and has been developed in conjunction with the neighbourhood security groups on Camposol. As usual see **2025** FaceBook page for details.

**2025** focuses on identifying, coordinating and delivering step-change projects for the community. It is not another association, it is a team of volunteers who want Camposol to develop and flourish.

**CHARITY**

**ANDREA'S ANIMAL RESCUE & THE HENRIETTA FOUNDATION**

TEL: 690 906 565

[andreasanimalrescuemurcia@hotmail.com](mailto:andreasanimalrescuemurcia@hotmail.com)

CHARITY No. 9.980/1a

[www.andreasanimalrescue.com](http://www.andreasanimalrescue.com)



MAY - no way! How on earth have we got to May so soon? The weather has been super; so much better than all the rain we had last year, but we do need some rain. Last year the early Alfa fields were flooded which affected the yield. This year they're so dry and again it will affect the yield, so we're dammed either way. We need the forage as there is no grass as such in this area, so everything must be bought in. In an ideal world everything would be plentiful. We live in hope!

Our fundraising trip to Benidorm was absolutely fab! The sun was shining and there were lots of lovely people on the coach. Thank you to Linda and Dave for the wonderful raffle. You really did us proud. Most importantly we raised some euros for our beautiful donkeys.

During last month we were contacted by the TV crew in Lorca to do a Commercial. What a super afternoon we had with Jose and Dario and the donkeys all behaved themselves. (The promise of lots of carrots did the trick!). The end result can be



seen on our Facebook page. We all know how we love the Easter Bunny because he brings chocolate - normally. This year our boys and girls asked for carrots and apples, so we launched our **Carrot Appeal**. Wow! We were blown away by the amount of people who brought us carrots and apples. Thanks guys. We had bags and bags full for the donks as well as donations from many more. Thank you once again. You really do spoil our donks.



We've had a quiet month - shhhhhh! Let's hope it stays that way.

On the homing front, **Mollie**, the mother of the pups,



found a home with a lovely couple on Camposol. Now we just have to home her 4 remaining girls who are now 5 months old and little stunners.

Our **Sponsorship Scheme** is vital to our ongoing work and really does help to keep our heads above the water. If you would like to sponsor a donkey or pony, please contact me. It makes a great gift.

If you can donate to help care for the 110 donkeys, please message, Whatsap, or email [andreasanimalrescuemurcia@hotmail.com](mailto:andreasanimalrescuemurcia@hotmail.com)

**Donations**

**Paypal**

[https://www.paypal.me/AARHF?locale.x=en\\_ES](https://www.paypal.me/AARHF?locale.x=en_ES)

**Bank Account**

Andreas Animal rescue and the Henrietta Foundation  
Bank Caja Rural  
IBAN: **ES 9830185740682015846617**  
BIC: **bcoeesmm018**

Every Monday there will be someone (usually me!) in the car park on the roundabout of Camposol B. You can drop donations off from 11.30am-1.30pm. We are very visible with yellow panels on the side of our vans. Larger items can be collected by prior arrangement. Items can also be dropped off at our shops in Roldan or Mazarrón from 10.30am-1.30pm

Andrea xx



NEWS

# South Murcia News

We receive information from the South Murcia region on activities very close to the events happening which is often too late to publish in the current magazine. Keep up to date with fiestas etc, by checking the blog [www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/](http://www.costacalidachronicle.com/category/articles-main/costa-calida-chronicle-blog/)

**Including: Alhama de Murcia, Fuente Alamo, Mazarrón & Totana**  
**Check at your local Tourist Office for full details of events.**

**Alhama de Murcia**  
<http://turismo.alhamademurcia.es/>  
 Tel 968 633 512 – Tues Market

**Tuesday 9<sup>th</sup> May & 6<sup>th</sup> June - Free Guided Tour** (in English) **of Los Baños Thermal Baths & Museum.** 11am

**Friday 12<sup>th</sup> - Sunday 14<sup>th</sup> May - Annual Mayos Custom Bikers Weekend.**

Registration for the whole weekend including drinks at bar, meal on Friday, 2 tours on Saturday and visit to Primafrio on Sunday 30€; Saturday and Sunday 25€, Sunday only 20€ to be paid on arrival. Events at the fairground on road towards Sierra Espuña. More information; Espadas 609 081 930 or Pedro 639 591 515

**Saturday 13<sup>th</sup> May - Free Interactive Tourist Gymkhana For Families.** 11am at Tourist Office. Prior booking essential.

**Sunday 21<sup>st</sup> May - Free 90 min Dramatized Tour** (in Spanish) **of The Old Town Centre** from Tourist Office. Booking at the tourist office essential.

**Saturday 27<sup>th</sup> May - Guided Tour of Alhama Centre** (in English). 3€ (2€ under 12's) 11am. Book at Tourist Information Centre

**Sport and Leisure organised by the Town Hall**  
**Complejo Deportivo Guadalentín** (athletics, gymnasium, football pitch, 7-a-side pitch, sauna, summer pool)

Weekdays: 8.15am-2.45pm and 3.30pm-11.30pm

Weekends: 9am-10pm  
 Telephone and bookings 659 682359

**Polideportivo El Praico** (frontón, tennis, paddle tennis, multi-sports facilities)  
 Weekdays: 9.15am-1.45pm and 4pm-11pm. Telephone and bookings 609 319 670

**Pabellón Sierra Espuña** (multi-sports facilities)  
 Weekdays 4pm-10.30pm  
 Telephone and bookings 968 633 243

**Pabellón Adolfo Suárez** (multi-sports, rock climbing, tatami, sauna)  
 Weekdays 8.30am-2.30pm and 4.30pm-11pm  
 Telephone and bookings 968 639 757, ext 5

**Indoor Swimming Pool**  
 Weekdays 8am-10pm  
 Saturdays 9am-2pm  
 Telephone 968 639 757 ext 1

There are some fabulous walks in the **Sierra Espuña National Park.**

Go to <http://turismo.alhamademurcia.es> and click on **Paths of Sierra Espuña.** You will find full details of all walks available and a map that you can download.



**Fuente Alamo Sat Market**

**Monday 1<sup>st</sup> May - Taller Ceramica Antiestres** @ Museo Fuente Alamo 10.30am-1.30pm

**Saturday 13<sup>th</sup> May - Triathlon** 4.30pm-8pm

**Every Wednesday - Hacienda del Alamo Women's Association Coffee Morning** @ The Club House 10am-12pm

**Mazarrón**  
[www.mazarron.es](http://www.mazarron.es)  
 Tel 968 594 426 – Sat Market

**Players From Mazarrón Athletes Recognized For Being Runners-Up Of Spain In Playa Juvenil Soccer**

The Councillor for Sports, Francisco José García, presented the award to the youth beach soccer players; Francisco Javier Campos Méndez, José Luis Morales Morales, Izan Nieto Vivancos, Manuel Merlos Ortega and Francisco Yúfera Moreno. On Thursday 6<sup>th</sup> April the players participated in the

regional championship when it was decided which team will compete in the Spanish championship. (photo)

**Sunday 7<sup>th</sup> May - Age Concern Best of British Garden Party** to celebrate the Coronation @ **Age Concern Social Centre**, 2BAvenida de los Covachos, Camposol C. 12pm-5pm  
 Tickets 10€ to include BBQ, cold buffet, tea, coffee and cakes.



**Free Guided Tours** in Mazarrón area and free **Guided Walks.**

Check for more details at the Tourist Office Call 968 594 426 to book.

**Totana**  
[www.totana.es](http://www.totana.es)  
 Tel 968 418 153 – Wed Market/Fri in El Pareton

**5<sup>th</sup> & 6<sup>th</sup> May - Youth Workshops** for 12-17 yrs. Play ping-pong or badminton, sing karaoke or dance, play cards or a board games, have a snack or dinner, but above all, have a good time in an ideal space to share and interact.

At Espacio Joven Munuera y Abadía. 7pm-12am  
[agendamunicipaltotana@gmail.com](mailto:agendamunicipaltotana@gmail.com)

**Saturday 6<sup>th</sup> May - Visit Al Museo De La Torre De Santiago** 2€ adults (children free) 10am-11.30am  
 Every Saturday until July.  
 (Minimum 10 persons/máximum 20)

**Saturdays & Sundays in May - Guided Visit to La Bastida** 3.40€ (2.50€ disc) 10am/12pm. Book at Tourist Office.

**Saturdays in May - Guided Visit Museum of The Tower of Santiago**

The first level hosts the chapter house that refers to the lands of Totana; the Order of Santiago. The second level is the choir of the church, which shows the Mudejar coffered ceiling of the temple and the explanation of its chapels. The next level is known as 'the bride's room', which was the old house of the bell ringer. The fourth level cannot be visited as it contains the current clock. The last level is the bell tower, where the second oldest bell of the Diocese is located, dating from 1470. 10am

**THE BIG HELP OUT**  
**CHARITY INFORMATION DAY**  
 Your chance to find out about your local Charities and help us to support vulnerable groups in our community.  
 Representatives from each of the Charities will be on hand for advice and any information you need. You could also sign up to volunteer!  
**MONDAY 8TH MAY** from 1pm  
 On A Sector Commercial Centre Camposol  
 We Need Help With:  
 • Subsidizing  
 • Refunding  
 • Events  
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**INFORMATION**

# Birding in Murcia

by Martin O'Hanlon

Email: [antrimbirder@gmail.com](mailto:antrimbirder@gmail.com)

**Galapagos**

Have you ever read a novel called 'This Thing of Darkness' by Harry Thompson? It is based on the true story of the voyages of H.M.S. Beagle by Captain Fitzroy, Charles Darwin and its crew. They explored South America and mapped the regions of Patagonia, Tierra del Fuego and parts of Chile before finally arriving at the enchanted islands of the **Galapagos**. It is not only a great read, but it is an incredible story of adventure, bravery, endurance, philosophical arguments and of course scientific discovery. I strongly recommend trying to get hold of a copy, even if it is probably now out of print. I bought my copy second hand on the internet. I read the book just before my visit to the islands and I can still feel its influence. I think the story enchanted me along with the islands.

We started our weeks cruise in Puerto Ayuro on the main island of Santa Cruz before starting our tour of the Western isles of Floreana (including Post Office Bay), Isabella Island (the largest of the group), Fernandino Island, Santiago Island, North Seymour and then returned to Santa Cruz.

The next island we visited was Floreana, which was known for its few inhabitants; two German families who lived there early last century and a lonely place called Post Office Bay. The German families were famous in the nineteen thirties and forties for their Robinson Crusoe-type existence, but unfortunately they fell out with each other. It often happens that neighbours don't get on, but the complete disappearance of one family and some later French settlers remains a mystery still to be solved. Did they leave voluntarily, or was it something more sinister? I don't think we will ever know!

Besides a beautiful beach with very laid back and friendly Sea Lions, Post Office Bay was known for an old barrel on a post that had been there for centuries. Evidently, it was put there by whalers for people to leave messages and letters. Tradition has it that the next visiting ship is obliged to collect any post addressed to any of their destinations and subsequently deliver it. We left some mail and collected several messages with UK addresses, which we will post on our return.

Our boat was called MY Passion, which had a small crew of about 9 or 10 people including our very knowledgeable wildlife guide and was home to our small group of 12 people for a complete week as we toured the Western Isles. Our daily ritual was a birding/wildlife walk at 5.30am or 6am, followed by breakfast and then snorkelling in the crystal clear waters until lunchtime. Afternoons were normally a siesta, followed by a lecture or more snorkelling or kayaking and then a final walk before sunset. We soon got used to boarding and disembarking from the fast zodiacs which ferried us to the islands.

On one of our Zodiac trips we were accompanied by a large school of Bottle-Nosed Dolphins who thought it was great fun racing our boats, but it wasn't really a serious contest as they were a lot faster than us. It was fascinating watching the adolescent males showing off their acrobatic skills by leaping out of the water.

all the fearless Sea Lions, Tortoises and Iguanas, with the only worry being stepping on a basking animal. The birds were also incredibly tame, but a little more mobile. It was so different from normal birding where things fly away as soon as they notice you. Quite often we were the object of their inquisitive eyes! This was particularly obvious with the seabirds and it was quite common to sit close to **Brown Pelicans** on the beach whilst the **Blue Footed Boobies** were flying past us to their nesting ledges. **Boobies** look similar to **Gannets** and are similar in shape, flight and fishing techniques. However, their bright blue feet are a sight for sore eyes. They look as if they have been paddling in a pot of blue paint. It certainly doesn't look natural.



*Galapagos flycatcher*

The wildlife was absolutely stunning and has incredibly little fear of humans. Photography proved quite difficult as everything was a little bit too close for my camera to focus. In fact, nearly every time I saw a **Galapagos Flycatcher**, it inevitably finished perching at the end of my camera lens. I've never had this problem before!

On Santa Cruz, the main island, we visited a restaurant with a large privately owned nature reserve called El Chato. The bird life was good, but it was really known for the large number of Giant Tortoises that visited the area at this time of the year. There were probably hundreds of these giants meandering very slowly around the grasslands, or wallowing in the small pools that they had created. They must have thought we were hyperactive, as their speed of movement compared with our fast pace was very noticeable. This slow pace of life clearly suited them as they were very long lived and the oldest recorded tortoise lived to over 200 years old!



*Blue footed booby*

Another seabird that was an absolute pleasure to watch swimming and coming to shore to its nesting cavities in the low cliffs was the endemic **Galapagos Penguin** that were often disturbing the very colourful Sally Lightfoot Crabs.



*Galapagos penguin*

Whilst out at sea our boat was followed continuously by magnificent **Frigate** birds. I was wondering why until I saw our chef throwing the organic kitchen scraps overboard. As soon as this happened there was a mass of wheeling **Frigate** birds diving down to collect a tasty snack. It is obviously learned-behaviour as they normally act as pirates chasing innocent **Terns** and **Boobies** until they drop the food they were taking home for their chicks. I suppose it's one way of earning a living.



*Brown pelican*

Continued on page 64





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Continued from page 62



Male Frigate bird

On our many walks inland on various islands there were quite a lot of **Yellow Warblers** and **Mockingbirds** flitting about in the shrubby undergrowth. I was particularly fond of the **Yellow Warblers** as they were constantly searching for small insects and are a hyperactive tiny bird. Once seen, they were very noticeable in their bright yellow plumage and their orange caps. This bird is considered a subspecies that is only found in these islands. I have to admit that I was taking lots of photos of them as they are amazingly photogenic. It's a good job that modern cameras are digital, as I would have spent a small fortune on film!



Yellow warbler

The **Galapagos Mockingbird** is an endemic species only found in the islands. When Charles Darwin was there, he noticed that the birds differed in size on different islands and were significantly different from the ones he had seen in South America. This led him to believe that the **Mockingbirds** on different islands were evolving to suit the environmental conditions through natural selection. It can be concluded that this fairly common omnivorous bird played a big role in Darwin's theories about evolution and natural selection; a little bird, but punching above its weight!



Mockingbird

Every bird I was seeing on the islands had its own story to tell and they were all new to me. I would love to write about them all, but I would be in trouble with the Editor for being too long-winded, so I will finish by mentioning a couple of waders that I enjoyed seeing closely. Well, the first one isn't strictly speaking a wader, but it does have very long legs and feeds in deepish lagoons. It is a **Galapagos Flamingo**, which is believed to be closely related to the **Chilean Flamingo**. We were lucky to find a small family group in an inland lagoon. These **Flamingos** are a little bit smaller and a lot pinker compared to the **Flamingos** we see at San Pedro del Pinatar. I was quite surprised to learn that they are quite long lived and it is not unknown for birds to be 50 years old.



Chilean flamingo

The next wader is a lifer for me (*un bimbo*), it is a **Semipalmated Plover**, so named for the partial webbing it has between its toes. If you look very carefully at the photo you can just see the webbing on its feet. It is a winter visitor in the islands and is really a North American wader, but a good tick all the same!



Semi-palmated plover

This just leaves me with my final offering, a bird that is relatively common in Europe; a **Whimbrel**. It is a winter visitor or partial migrant in the islands and has a huge world-wide distribution and will winter in places as far apart as Africa, South Asia and Australasia. It also breeds in Scotland, so it really is a world traveller!



Whimbrel

Would I visit the islands again? I'm not sure. They are barren, the vegetation is scarce, there is little fresh water and there are lots of black lava flows. They are certainly not the sort of idyllic desert islands of our fantasies.

Am I glad that I visited? There is no doubt about it, I would probably go there again, because the islands and their role in Darwin's theory about the evolution of species will always have a place in my heart.

If you have any comments or queries please do not hesitate to contact me on [antrimbirder@gmail.com](mailto:antrimbirder@gmail.com)

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**RED** - Entertainment

**ORANGE** - Special menus

**PURPLE** - Market, exhibitions, leisure & meetings

**GREEN** - Charity & non-profit making events

**BLACK** - Fiestas & important events

Please refer to the relevant advert or editorial for more details of events

**Every Day**

**Wine Exhibition** @ Jumilla Wine Museum (May)  
**Contemporáneos de Coronado Permanent Art Exhibition** @ Aguilas (Thurs-Sun 7-10pm)  
**Carnival Museum** @ Aguilas (Tues-Sat 9am-2pm & 4pm-9pm)

**Breakfast** @ **The Old Market Tavern**, Pto de Mazarrón (closed Mon)  
**Menu del Dia** @ **The Old Market Tavern**, Pto de Mazarrón 12€ (closed Mon)  
**Menu del Dia** @ **La Granja**, Totana (Tues-Fri) 12€  
**Menu del Dia** @ **Viggos**, Pto de Mazarrón 14€ Mon/Wed/Thu/Fri 15€ Sat all inc a drink  
**Menu del Dia** @ **La Herradura Argentinian Grill**, Cartagena 14.90€/9.50€ under 12's (Tues-Fri)

**Easy Horse Rescue Open Day** @ Rojales (by prior booking) 5€ children, 10€ adults 12pm

**Every Mon**

**Los Palacios Garden & Community Group Working Party** @ Camposol A 9am  
**Camposol Free Community Sports Walking Football Training** @ Camposol D7 9.30am  
**Camposol Free Community Sports Walking Football Game** @ Camposol D7 10am  
**Free Self Defence Workshop for Women** @ Aguilas 11am (until May)  
**Friendship Group** @ Los Alcazares 11am  
**Free Pilates Workshop for Women** @ Aguilas 7pm (until May)

**FAST Nurses** @ Camposol B  
**Age Concern Knitting & Sewing Group** @ Camposol C 10am-1pm  
**HAH Help at Home Table Top Sale** @ La Zona Bar 10am-1pm  
**Forget Me Not Respite Care** @ The Social Centre, Camposol B 10.15am-1.15pm  
**Andrea's Animal Rescue Collection** @ Car Park, Camposol B 11.30am-1.30pm

**Every Tue**

**Camposol Golf Association Ladies' Game** @ Camposol C 9am  
**Los Bandidos Cycle Ride** from Mojácar Playa Tourist Info Centre 9.25am  
**Mojácar Bowls Club Roll-Up** @ Mojácar Playa 9.30am  
**Sonrisas Harmony Ladies' Chorus Rehearsals** @ Los Alcazares 10.30am  
**Bible Study** @ **Living Water Church**, Mojacár 11am  
**Camposol Free Community Sports Cards/Games/Dominoes** @ Camposol A 1pm  
**Prayer Meetings** @ **Living Water Church**, Mojacár 2pm  
**San Javier Squalos Rugby** @ San Javier (12-18 yrs 7.30pm)  
**San Javier Squalos Rugby** @ San Javier (Men 8.30pm)  
**San Javier Squalos Rugby** @ San Javier (Women 10pm)

**Helping the Perrera Dogs Walk** @ Mazarrón (between Camposol & MCC) 9am-11am  
**FAST Training Session** @ The Social Centre, Camposol B 10am  
**Age Concern Vintage Shop Open** @ Camposol C 10am-1pm

**Every Wed**

**Camposol Golf Association Mens' Game** @ Camposol C 8.30am  
**Los Bandidos Run/Walk/Jog Meeting** from Best Indalo Hotel Mojácar Paseo 8.55am  
**Camposol C Gardening Group Clean Up** @ Camposol C 9am  
**Camposol D Gardening Team Work** 9am-11.30am  
**HDA Women's Coffee Morning** @ Hacienda del Alamo 10am-12pm  
**Camposol Free Community Sports Table Tennis** @ Mazarrón Pavilion 10am  
**Los Bandidos Sea Swimming Club** @ Boracay Beach, Garrucha 1.15pm  
**Camposol Free Community Sports Walking Netball** @ Condado de Alhama 4pm

**Age Concern Mindfulness Session** @ Camposol C 10am-1pm  
**Forget Me Not Respite Care** @ The Social Centre, Camposol B 10.15am-1.15pm  
**TSB Golf Society Competition** (Mojacar area)  
**Los Bandidos Cycle Ride** from Mojácar Playa Tourist Info Centre 9.25am

**Every Thurs**



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**Camposol Free Community Sports Walking Football Training** @ Camposol D7 9.30am  
**Mojácar Bowls Club Roll-Up** @ Mojácar Playa 9.30am  
**Art & Re-Cycling Workshop for Women** @ Aguilas 10am  
**Camposol Free Community Sports Walking Football Game** @ Camposol D7 10am  
**Spangles Ladies' A Capella Chorus Rehearsals** @ Los Narejos 10.30am-1pm  
**Los Palacios Gardening/Community Group Bucket Collection** @ Camposol A 10am-12pm  
**Guided Visit to Lorca Castle** 10.15am 4€ (22€ inc lunch)  
**Living Water Church Coffee Morning** @ Mojácar 11am  
**Los Amigos de Mazarrón FC Meeting** @ Camposol A 4pm  
**Free Memory Workshop** @ Centro de Usos Múltiples, Mojácar Pueblo 5-6pm (over 60's)  
**Mazarrón AA Group** @ Cañada de Gallego 5.30pm (please call first on 646 290 420)  
**San Javier Squalos Rugby** @ San Javier (6-10 years 6pm)  
**San Javier Squalos Rugby** @ San Javier (12-18 years 7.30pm)  
**San Javier Squalos Rugby** @ San Javier (Men 8.30pm)  
**San Javier Squalos Rugby** @ San Javier (Women 10pm)



**Every Fri**

**Camposol D Bucket Collection** @ The Hut 9.30am-12pm  
**Los Palacios Gardening/Community Group Book Stall** @ Camposol A 10am-12.30pm  
**Camposol Free Community Sports Walking Football** @ Camposol D7 10.15am  
**Los Palacios Gardening/Community Group Bucket Collection** @ Camposol A Farmacia 10.30am-11.30am  
**Camposol Free Community Sports Petanca** @ Camposol D26 1pm



**Fish & Chips** @ **Viggos**, Pto de Mazarrón

**Helping the Perrera Dogs Walk** @ Mazarrón (between Camposol & MCC) 9am-11am  
**Age Concern 'Men Only' Morning** @ Camposol C 10am-1pm  
**FAST Desk Available** @ Camposol B 10.30am-12.30pm



**Every Sat**

**Los Bandidos Run/Walk/Jog Meeting** from Best Indalo Hotel Mojácar Paseo 8.55am  
**Mojácar Bowls Club Roll-Up** @ Mojácar Playa 9.30am  
**Antique & Collectable Market** @ Aguilas 10am  
**Visit Al Museo De La Torre De Santiago** @ Totana 2€ adults (children free) 10am-11.30am (until July)  
**Open Market** @ Los Alcazares from 10am  
**San Javier Squalos Rugby** @ San Javier (6-10 yrs 10am)  
**Guided Visit Museum of The Tower Of Santiago, Totana** 10am  
**Eco Park 'Coto de las Maravillas' open** @ Cehegín 10am-5pm  
**Guided Visit to La Bastida, Totana** 3.40€ (2.50€ disc) 10am/12pm  
**Archaeological See of Begastrí** @ Cehegín 10am-2pm  
**Camposol Free Community Sports Walking Netball** @ Condado de Alhama 10am  
**Esparto Workshop** @ Cartagena 10.30am-12.30pm (during May)  
**2½hr Free Guided Tour of Historic Aguilas** 11am  
**Harlequin Rock Choir Rehearsals** @ Social Centre, Camposol B 1.30pm  
**Astronomy Tours/Star Gazing** @ **Finca Astronomica**



**Every Sunday**

**Antique and Second Hand Market** @ Cañadas del Romero 8am-1pm  
**Rastro Market** @ Centro Multiusos, Mojácar Pueblo  
**Dog Club Bolnuevo Beach** @ 9am Bring your dog to socialise with other dogs/owners  
**Car Boot Sale** @ Camposol A  
**Los Bandidos Cycle Ride** from Mojácar Playa Tourist Info Centre 9.25am  
**Guided Visit to La Bastida, Totana** 3.40€ (2.50€ disc) 10am/12pm  
**Archaeological See of Begastrí** @ Cehegín 10am-2pm  
**Eco Park 'Coto de las Maravillas' open** @ Cehegín 10am-5pm  
**Free Guided Tour of Castle of San Juan, Aguilas** 11am



**Sunday Lunch** @ **The Old Market Tavern**, Pto de Mazarrón 13€

**MAY**

**Monday 1**

**Día del Trabajo**

**Fiestas del Barrio de San José Obrero**, Alcantarilla  
**Wine Horse Festival in Caravaca** (until 3<sup>rd</sup> May)  
**Ceramic Workshop Anti Stress** @ Museo Fuente Alamo 10.30am-1.30pm  
**2 hour Guided Tour of Historic Lorca** (incl free visit to Embroidery Museum) 2€ 11.30am

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- Tuesday 2** Wine Horse Festival in Caravaca (until 3<sup>rd</sup> May)  
 Monthly 'B' Clean Meeting @ Camposol B 4pm  
 Stamp Collectors Meeting @ Biblioteca, Pto de Mazarrón 6pm  
**FAST Trip to Running of the Wine Horses @ Caravaca 18€**
- Wednesday 3** Santisima y Vera Cruz, Caravaca de la Cruz  
 Santa Cruz, Abanilla and El Estrecho, Fuente Álamo, Ulea  
 Los Mayos, Alhama de Murcia  
**MABS Quiz @ Camposol B**
- Thursday 4** Momo Theatre Performance @ Lorca from 5€ 7pm  
**Cruz de Navajas de Mecano Musical @ Lorca from 35€ 8pm**  
**MABS San Javier Fashion Show @ Sucina**
- Friday 5** Free Multicirco Workshop @ Cartagena 6pm (6-14 year olds)  
 Youth Workshops @ Totana 7pm-12am (12-17 year olds)  
 Faemine and Tired Theatre Performance @ Lorca from 18€ 9pm  
**Cruz de Navajas de Mecano Musical @ Lorca from 35€ 8pm**  
**MABS Craft Fayre @ Camposol B**
- Saturday 6** Esparto Workshop @ Cartagena 10.30am-12.30pm  
 Theatrical Visit Myths & Legends Of Lorca, Fun for all the family 5pm  
 Escape The Magic Trunk @ Cartagena (8-14 year olds) 5pm  
 XVIII Half Marathon @ Calasparra 6pm  
 Half Marathon @ Calasparra 6.30pm  
 Youth Workshops @ Totana 7pm-12am (12-17 year olds)  
 Out Of Sight (Theatre Performance) @ Cartagena from 20€ 7.30pm  
 La Curva de la Felicidad @ Aguilas 8.30pm  
**Free Classical Music Concert @ San Javier 7.30pm**  
**Cruz de Navajas de Mecano Musical @ Lorca from 35€ 5pm and 9pm**  
**Friends of Mazarrón Animals Market @ Isla Plana Social Club**  
**FAST King Charles III Coronation Party/Music/Buffer @ Camposol B 12.50€ 7.30pm**  
**MABS San Javier Coronation Celebration/Buffer @ Sucina**
- Sunday 7** Artisan Market @ Bullas 9am-2pm  
 Artisan Market Mar Menor @ Santiago de Ribera 10am-2pm  
 Greenfingers Street Party/Opt BBQ (6€)/Music @ Calle Jimena,  
 Camposol C Ticket only 5€ from 4pm  
 Comedy Performance 'Martita Sea' @ Cartagena 18€ 9pm  
**Cruz de Navajas de Mecano Musical @ Lorca from 35€ 6pm**  
**Age Concern Garden Party @ Camposol C 10€ inc BBQ/Buffer/Cakes etc 12pm-5pm**
- Monday 8** The Big Help Out Charity Information Day @ Camposol A from 1pm  
 Forget Me Not Coronation Party @ The Social Centre, Camposol B  
**MABS Coronation Race Day @ Calasparra 20€ inc food/drink 2.30pm**
- Tuesday 9** Free Guided Tour of Los Baños Thermal Baths & Museum, Alhama de Murcia  
 (in English) 11am
- Wednesday 10** Camposol D Street Clean
- Thursday 11** Friends of Mazarrón Animals Zentangle Workshop
- Friday 12** Annual Mayos Custom Bikers Weekend @ Alhama until 14<sup>th</sup>  
**Concert feat El Arrebato @ Cehegín**  
**Helping Hands Sale of Pre-Loved Clothing/Jewellery/Shoes & More @ Camposol B 11am-3pm**
- Saturday 13** Free Interactive Tourist Gymkhana For Families @ Alhama 11am  
 Triathlon @ Fuente Alamo 4.30pm-8pm  
**Quiero Flamenco Festival @ Lorca from 28.50€ 10pm**
- Sunday 14** Artisan Market @ Mula  
 4.7km Free Walking Tour on the coast of Aguilas  
 Artisan Market Mar Menor @ Santiago de Ribera 10am-2pm  
 The Happiness Curve (Theatre Performance) @ Cartagena from 17€ 7.30pm  
**Cantajuegos @ Aguilas 12.30pm**
- Monday 15** San Isidro, Yecla, Fortuna and Mula  
 Mini Market @ Los Narejos 10am-1pm



**2 hour Guided Tour of Historic Lorca & free visit to one of the Embroidery Museums.** 2€ 11.30am

**Help Murcia Mar Menor Summer Fayre** @ Los Narejos 10am-1pm

**Tuesday 16** **Los Amigos Mazarrón FC Race Night** @ Camposol B 5€ 7.30pm (food available)

**Friday 19** **Tadeo Jones Musical** @ Lorca 15€/18€ 9pm

**Saturday 20** **Artisan Market** @ Paseo de las Comunidades Autónomas, Pto de Mazarrón 10am-2pm  
**2 hour Guided Tour of Historic Lorca** free visit to one of the Embroidery Museums. 2€ 11.30am

**Vera & District Lions Hippie Peace & Love Party** @ Mojácar Playa 5€ from 6.30pm  
**Helping Hands Tommy Centuri Magic & Illusion Show/3 Course Meal** @ Camposol B 20€

**Sunday 21** **8km Sendalhamia Hiking Tour. Discover the famous Pozos de Nieve** @ Aguilas 8am  
**Artisan Market** @ Caravaca  
**XXIV Sierras de Moratalla Cycling Race Triathlon** @ Cartagena 9am  
**'Ruta del Ferrocarril' (Railway Route)** with Aguilas Tourist Information Centre 11am  
**Artisan Market** @ Sanctuary de la Esperanza, Calasparra 10am-6pm  
**Free Guided Tour of Aguilas Railway's History** in English 11am  
**Coton Theatre Performance** @ Cartagena 12.30pm. From 5€ (for over 3's)

**Monday 22** **9km Walk/Visit to Bodegas Casetaño** @ Yecla 9am 5€ (inc snack/wine at end of tour)

**Tuesday 23** **Greenfingers AGM** @ Camposol C 3pm

**Wednesday 24** **Fiestas de Mayo, Alcantarilla**

**Thursday 25** **Corpus Christi y Virgen de la Salud, Archena**  
**Fuente Old Guards Golf Society Competition**

**Friday 26** **Beauty and the Beast** @ Lorca 12€/15€ 9pm

**Saturday 27** **Free Arts & Crafts Tour of Cento de Artesania/Casa del Artesano** @ Lorca 11am  
**Guided Tour of Alhama Centre** (in English) 3€ (2€ under 12's) 11am

**MABS Calasparra Music Mix Night** @ Calasparra 8pm-midnight 5€ (children under 10 3€)

**Sunday 28** **Free Guided Tour of Aguilas** 11am

**Wednesday 31** **Performance by Harlequin Rock Choir for Age Concern** @ Camposol C 3pm

**JUNE**

**Thursday 1** **Fiestas Trinitario-Berberiscas, Torre Pacheco**

**Bernada Alba Musical** @ Cartagena from 17€ 8.30pm

**Friday 2** **Formula 1 Grand Prix in Barcelona**

**MABS Craft Fayre** @ Camposol B

**Saturday 3** **Formula 1 Grand Prix in Barcelona**  
**2 hour Guided Tour of Historic Lorca** free visit to one of the Embroidery Museums 2€ 11.30am  
**Theatrical Visit Myths & Legends Of Lorca, Fun for all the family** 5pm

**Sunday 4** **Formula 1 Grand Prix in Barcelona**  
**Artisan Market** @ Bullas 9am-2pm

**Tuesday 6** **Free Guided Tour (in English) of Los Baños Thermal Baths & Museum** 11am  
**Monthly 'B' Clean Meeting** @ Camposol B 4pm  
**Stamp Collectors Meeting** @ Biblioteca, Pto de Mazarrón 6pm




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**HELPING THE PERRERA DOGS**

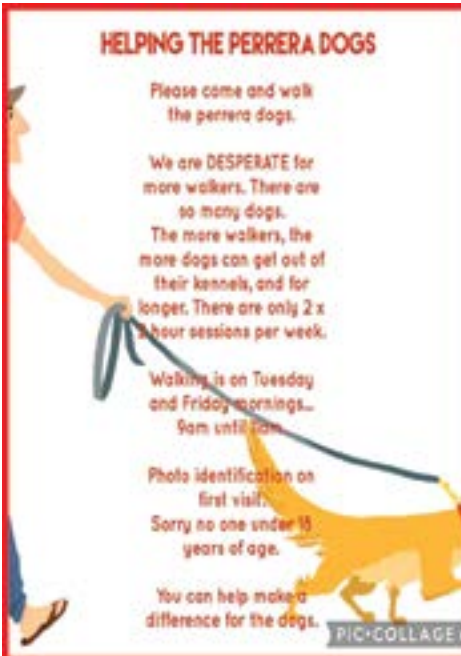
Please come and walk the perrera dogs.

We are **DESPERATE** for more walkers. There are so many dogs. The more walkers, the more dogs can get out of their kennels, and for longer. There are only 2 x 1 hour sessions per week.

Walking is on Tuesday and Friday mornings... 9am until 10am.

Photo identification on first visit.  
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Email: [animalesperrosdelsol@hotmail.com](mailto:animalesperrosdelsol@hotmail.com)



**Fund-Raising Swim Across The Mar Menor.**

For some inexplicable reason, **PAPS** volunteer Wendy Hamilton has always wanted to swim across The Mar Menor from La Manga to Los Alcazares and this is finally happening on Thursday 3<sup>rd</sup> June. She will depart adjacent to Tomas Maestre Port in La Manga at 9.30am and swim to La Playa Bar in Los Alcazares by The Rambla. The event is to raise funds for 2 Charities: **PAPS** (Dog rescue centre in El Mirador) and **San Jose Obrero Children's Orphanage**.

For her safety, she will be accompanied by a boat provided by friends who fund-raise for the **Orphanage**.

Wendy will be welcomed at La Playa Bar some time after 1.30pm by all her friends, music and a definite party atmosphere to celebrate her epic swim. The celebrations will continue when the **Sonrisas Harmony Choir** sings during the afternoon.

If you would like to donate to this epic event, sponsorship forms are available through the **PAPS** email: [animalesperrosdelsol@hotmail.com](mailto:animalesperrosdelsol@hotmail.com) or [murciamiss@gmail.com](mailto:murciamiss@gmail.com)

Please support Wendy in this amazing event by donating money to help two hard-working charities and if you are in the area, why not drop in to La Playa Bar to congratulate her in person? She may not be up for doing much dancing, but we are sure she would love to see you there. Thank you so much for your support!

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# SPORTS & LEISURE SECTION



## SPORTS

### Fuente Old Guard Golf Society

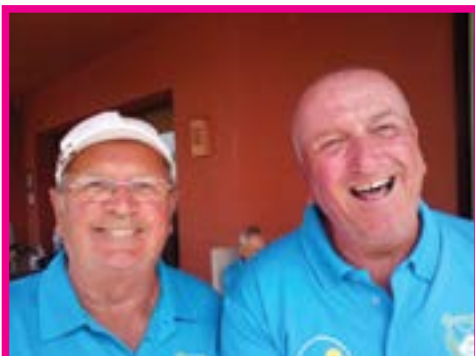
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The **Fuente Old Guard Golf Society** competition for March was on the 30<sup>th</sup>. We went to Lorca Golf Resort and to our surprise we were virtually the only players on the course. The café bar was shut and coffee was only available from a vending machine, but the staff are always friendly and the course is in not-too-bad a condition so on with the golf.

In **Division Two**, Paul Western continued his impressive run of form, also scoring 38 points and was well ahead of Malcolm Archibald in second place with 31 points. Laurence Willey was ahead of the rest in

**Money Pot** equally shared between Gerry McRobert and Peter Allison.

Our next game is to Saurenes Del La Torre on Thursday May 25<sup>th</sup>.



Ken Blakeman with Captain Gary Ahearne

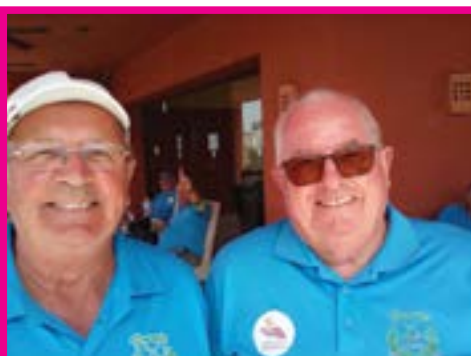
Ken Blakeman, our Captain last year, had a great game in **Division One** scoring 38 points with Mick Daly close behind in this division with 37 points.



Paul Western winner of **Division Two** with Gary

**Division Three** with 36 points, but only on countback from Dave Hall, also with 36 points making 13 players who scored 30 points or more.

**Nearest the Pin Winners** were Peter Allison, Roy Alderslade, Mark Palmer, Hans Hedendahl and Dave May with the **Two's**



**Division Three** winner Laurence Willey

Anyone wanting to know more about **FOGGS**, please email us at [info@fuenteoldguardgolf.com](mailto:info@fuenteoldguardgolf.com)

Dave May

## SPORTS

# FRENCH OPEN TENNIS

**Sunday 28<sup>th</sup> May - Sunday 11<sup>th</sup> June - The French Open Tennis Tournament** (known also as the **Tournoi de Roland-Garros**)

This is one of the four Grand Slam Tennis events which has been held since 1891 for men and 1897 for women. Until 1925, entry was restricted to members of French clubs. The tournament became an Open Championship in 1968, although it was closed to contract professionals in 1972.

a World War I pilot named Roland Garros and was once played on grass.

The Men's Singles winner is awarded the Coupe des Mousquetaires (Musketeer's Cup). It is supposed to symbolize the victories of four famous French tennis players, who together make up the 'Four Musketeers': **Jacques Brugnon, Jean Borotra, Henri Cochet and René Lacoste.**

**Tournament** was played on indoor wood at the Palais des Sports and may not have been considered at the time as an official French Professional tournament.

In 1968, the **French Open** became the first Grand Slam tournament to go 'open', allowing both amateurs and professional players to compete and was won by Australian **Ken Rosewall** in May/June 1968, while the last **French Pro**, won by Australian **Rod Laver**, took place a few weeks later in July 1968.



The event is named after the stadium it is played in, which is in turn named after



The Women's Singles winner is awarded the Coupe Suzanne Lenglen. The 1953 **French Pro Tennis**

It was announced in March 2007 that the event would provide equal prize money for both men and women in all rounds.

When Swiss **Roger Federer** won his first **French Open** title in 2009, he equalled **Pete Sampras'** record of 14 grand slam titles and became the sixth man to win all four majors. **Rafael Nadal** won the 2014 **French Open**, becoming the first man to win the same Grand Slam event nine times. His win in 2018 made it 11 **French Open** titles.





**SPORTS**

**Straight Down the Middle Golf Society**

sdtmsec@gmail.com



Winner Section A - Keith Docking

straight down the middle, so it was more forgiving, leading to some better scoring. As always the course was in fantastic condition and the reception we received from the staff was top notch. After the first properly sunny day of playing 18 holes, I for one was looking forward to a cold beer and chip butty back at Trevi Bar on Camposol where we held our prize giving. Thanks go to all the staff and management for their hospitality.

**Results:**

**Section A**

Winner: Keith Docking  
Runner-Up: Dennis Pendlebury

**Section B**

Winner: Phil Markwell  
Runner Up: Gary Greenfield



Winner Section B & Nearest Pin Hole 5 - Phil Markwell



Runner up Section B - Gary Greenfield

For the **Straight Down the Middle Golf** March competition we found ourselves in the familiar surroundings of Altorreal Golf Club. This was the third time we have played the course in the past 9 months and it plays differently each time. Our previous visit found the typical very fluffy rough that stops your ball dead. However, on this visit the rough had been trimmed and it allowed the ball to run a little more if you were not

**Nearest Pin** Hole 5: Phil Markwell

Our April competition was held at Saurines de La Torre, results will follow in the June magazine.

Andy Eustance

**SPORTS**

**Los Amigos Golf Society**

www.losamigosgolfsociety.es



The April awayday, for the **Los Amigos Golf Society** monthly competition, saw us heading off to Saurines de La Torre Golf, Roldan. Most got there easily, whilst others took the pretty route and arrived ...eventually!

On a rather chilly morning, we booked into what must be the biggest pro shop of all the courses in Spain and having prior knowledge that the Restaurant and Bar were closed, managed to grab a coffee at the Spar supermarket nearby.

The format was an **Individual Stableford** with 22 players taking part in a two-leg competition, with the second leg taking place, again at Saurines, in October.

course was in good condition and the greens were excellent. As with our visit to Lorca in March, where also there were no bar facilities, we decided to head back to our home course at Camposol to announce the results.

Not too much emphasis on these results as this was the first leg. Hopefully on our return in October the bar will be open.

Leading the way for this leg:  
Sandy Bayne with 34 points

**Nearest the Pin** winners were: -

- Hole 2 - 11.5m Sandy Bayne
- Hole 6 - No winner
- Hole 10 - 4.7m John Girvan
- Hole 14 - 13.3m Harry Pearson

Our next away day will be May 1<sup>st</sup> at Condado del Alhama.

Should you wish to join this friendly society, or come along and have 9 holes as a guest on a Friday afternoon, don't hesitate to contact our Captain Gary Greenfield at [garygbmw@gmail.com](mailto:garygbmw@gmail.com)



Designed to be similar to that of the desert courses in Las Vegas and Arizona, with rolling fairways and sandy dunes, the



**SPORTS**

**Los Reyes Golf Society**  
**The Kids in Need Golf Society**



**Aguilon Match Report**

**Los Reyes** held their April fixture at Aguilon. The course was, as usual, in very good condition and the players enjoyed their day out. The weather was excellent and the players, fortified by coffee and bacon rolls, scored freely in both divisions.

32 points were Graham Booth, Malcolm Archibald and Ken Blakeman.



*Division 1 winner Colin Walters*



*Division 2 winner Dave Hall*



*Nearest the Pin Winners - Paul Livingstone, Geoff Ewins, Paul Davis, Mick Shea and Malcolm Archibald.*

In **Division 2** Dave Hall won with 36 points while Terry Rooke scored 33 points.

Colin Walters won **Division 1** with 34 points. He was closely followed by Kevin Jones and Mick Shea on 33 points. Scoring

**Nearest the Pin Winners** on the par 3s were Malcolm Archibald (3<sup>rd</sup>), Paul Livingstone (8<sup>th</sup>), Paul Davis (12<sup>th</sup>), Geoff Ewins (14<sup>th</sup>) and Mick Shea (17<sup>th</sup>).

**SPORTS**

**Mojácar Bowls Club**



**Mojácar Bowls Club** is the only bowls club based in the resort of Mojácar Playa. Situated behind the ServiGroup Marina Mar Hotel, it offers an outdoor six rink carpet green, with stunning views of the picturesque Mojácar Pueblo, as well as the rolling hills and sea views of Mojácar Playa. This small club welcomes all levels of bowlers, with training and mentoring provided for beginners. Open all year round, 'roll-ups' take place on Tuesdays, Thursdays and Saturday mornings, from 9:30am, with a 10am start.



Known as 'The Friendly Club', members seek to balance the game of bowling with the social side, providing opportunities to meet new people and become part of the **Mojácar Bowls Club** community. A few hours gentle exercise, followed by a drink and chat with your fellow bowlers in the clubhouse and bar is an idyllic way to spend a morning.

for the more competitive bowler. However, the emphasis is on having fun in the sunshine and enjoying the bowling and the friendly company.

As well as the bowling, the club arranges regular social and charity events, lunches, quizzes and occasional days out to visit and play other clubs within the region. In turn, other clubs regularly visit **Mojácar Bowls Club** from the UK and Europe, often staying at the ServiGroup Hotels Marina Mar or Marina Playa, both offering attractive accommodation rates for visiting bowlers.

The club was founded in 1996, originally set up as **La Mata Garden Bowling Club**. The club moved to its current location in 2014, following investment in the new bowling green by Mojácar Town Hall Council, supported by the ServiGroup Marina Mar hotel. The club was renamed **Mojácar Bowling Club** and has continued to improve and enjoy the current facilities for the last nine years, including a clubhouse, bar and terrace area.

The club has approximately 50 members, some of whom live in Spain and others who visit the club regularly, usually over the winter months. All members and day visitors are welcome to attend 'roll-ups' as often as they choose. The club also attracts visitors from other bowling clubs, whether on an ad-hoc basis or as part of an organised trip. The club prides itself on developing both new and experienced bowlers, providing the opportunity to enter in-house competitions and league matches,

The club has a Committee of volunteer members, working together to ensure the clubhouse, grounds and equipment are all well maintained, offering a high standard of facilities for bowlers, within a safe environment. The Committee is always open to new ideas to improve the club and the facilities and events available.

Interested bowlers are always welcome to visit the club during a roll-up to meet the members and get a flavour of the bowling. Avenida del Mar  
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 Mojácar

Janet Lawrence: (+34) 627 204 422  
 Email: [janlawspain@yahoo.co.uk](mailto:janlawspain@yahoo.co.uk)  
 Website: [mojaccarb.com](http://mojaccarb.com)



## SPORTS

# SAMM

Sailing Association Mar Menor  
www.sailingmarmenor.com



## A Gentle Start a Week Late

The first day of the **SAMM Spring Race Season** was cancelled due to the very high wind forecast, but March 26<sup>th</sup> dawned bright and clear with a gentle south west breeze of 5 knots.

Six boats started at 11.15am; two **Sailfish** from the **Balaton Group**, two **Gambas** and a **Laser** 2000 from the **Shoestring Group** and John Downs' **Laser Radial**. The dinghies all got away well, but it was a bad start for both **Sailfish**. **Vision** got stuck in irons and **Sirocco** went round the wrong buoy so both were at the back of the fleet. It was then a gentle procession around the course. At 11.40am the wind dropped to 3 knots and backed to the south which caught out a few boats and enabled **Vision**, whose crew read the wind shift well, to close the gap on the leaders. Just as the 'about to finish' signal was made, the wind increased to 4.5 knots and backed further to the east, enabling **Vision** to cross the finish line 10 seconds ahead of the **Gamba Uno**.

The 2<sup>nd</sup> race started promptly at 12.29pm, again in a 5 knot breeze which held throughout the race. All boats got away smartly, with John Down first over and then the fleet started to spread out a little between the first and second marks as the faster boats pulled away from the slower ones. There was little excitement, but John had to do a 360 penalty at the second mark allowing the **Gamba Cuatro** to take the lead and there was some close racing between John and the **Laser 2000** throughout the race.



Laser Radial 26.05.19

These are average lap races with boats handicapped in line with the RYA Portsmouth Yardstick system. When the results were calculated they showed that

the racing was very close. The average lap times were:

### First Race

- 1<sup>st</sup> **Vision** 759 secs
- 2<sup>nd</sup> **Laser Radial** 761 secs
- 3<sup>rd</sup> **Gamba Cuatro** 767 secs

### Second Race

- 1<sup>st</sup> **Vision** 441 secs
- 2<sup>nd</sup> **Gamba Cuatro** 509 secs
- 3<sup>rd</sup> **Laser 2000** 511 secs

Photo from left to right John Down, Laser Radial. Jack Moss, Cuatro. Julian Pering and Paddy O'Donovan Vision

### Disappointment and Drama

The forecast 20 plus knot winds overnight were supposed to drop to 14 knots by 11am on Sunday April 2<sup>nd</sup>, but they had not moderated by delayed times of 11.30am then 12pm. Two novice crews decided not to race in the conditions which forced the Race Officer to abandon the day. The high winds continued well into the afternoon so it was a sensible decision.



Omega 26.05.19

Wednesday, April 5<sup>th</sup> was the first **SAMM Mid-Week Race Day** - a new idea for 2023 requested by some members.

**First Race** - The wind was NW 9.5 knots but gusty. The start timing was hindered when the horn jammed, so a minute was added. Most boats started well with the **Omega**, **Sirocco** and **Laser Radial** in the lead pack. **Vision** had a problem with the rigging and did not start.

Julian, who sailed **Sirocco** single-handed, almost T-boned a dinghy at the first mark when it failed to heed his call of 'Starboard'. He had to heave to on lap 4 to fix the rudder down haul. The **Omega** capsized at the 1<sup>st</sup> mark on the 2<sup>nd</sup> lap, but quickly got going without losing much time

but had to return to the shore to replace lost battens, re-joining the race later. The drama continued with the capsizing of the **Laser Radial** during lap 4. It was righted once, but the rudder jammed and over she went again. The support boat attended, but the sailor, John, was in the water for about 7 minutes trying to right her and got very cold. The support boat crew wrapped him in a thermal blanket, took him ashore for a warm shower, then recovered the **Laser**. John said "I cannot praise enough the support boat crews' recovery of myself



Sirocco flying

**Second Race** - The wind had increased to 10 knots from N, turning more East halfway through, but was less gusty. The **Omega** and **Laser Radial** stayed ashore so 4 boats raced as **Vision** had sorted the rigging problem. This race has much less drama. The **Laser 2000** moved up the field, but was late doing so and, despite finishing 1<sup>st</sup> on the water, was 3<sup>rd</sup> after handicaps were applied. After the finish Julian in **Sirocco** couldn't get his engine started and had to pick-up his mooring under sail. He got it wrong and lost his boat hook so was in real trouble. The support boat supplied another boat hook and the crew was transferred to help, but Julian lost his spectacles and hat overboard in the process. He admitted that he saw the **Laser** capsized, but could not see John, so stopped racing and went to check. Realising John had been taken ashore by the support boat, he re-joined the race but missed a mark. The Race Officer thanked him for his honesty but had to mark him DNF. A good end to a dramatic day's racing.

### First Race

- 1<sup>st</sup> **Ginetta** 375 secs
- 2<sup>nd</sup> **Dos** 481 secs
- 3<sup>rd</sup> **Omega** 586 secs.

### Second Race

- 1<sup>st</sup> **Sirocco** 297 secs
- 2<sup>nd</sup> **Ginetta** 319 secs
- 3<sup>rd</sup> **Dos** 376 secs

Join in on **SAMM Race Days**.  
[www.sailingmarmenor.com](http://www.sailingmarmenor.com) for more details



**SPORTS**

# Los Amigos de Mazarrón FC

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**Review of the 2022/23 Season**

The 2022/23 season started in mid-September, later than usual because of the reduced size of the league due to the reconstruction of the Spanish football system. The first game was a trip to Aguilas, normally an enjoyable day out, but not so this time. The game had been moved to their third-choice ground at the last minute and we found there was no canteen and only one toilet which, to gain access to, you had to go outside the ground and walk round to the other side. The game ended in a 2-2 draw and the next two games were both drawn, before we gained our first victory, 4-0 at home to CD Lumbreras. The next game was also

the winner in time added on.

Despite this setback, we entered the New Year with two wins, 3-2 at home to CD Algar and 1-0 away to CD Lumbreras. This left us in 2<sup>nd</sup> place, the promotion play-off position, four points ahead of 3<sup>rd</sup> place with just seven games of the season left. We were the top scorers in the league at that stage and with the best defensive record. What happened next is inexplicable; five successive defeats, leaving us thinking less about promotion and more about relegation. A 4-1 home win over already relegated Mar Menor in the penultimate game gave us a little breathing space, but we still needed a draw in our final game at home to Algezares UD to avoid the prospect of a relegation play-off. We managed this 0-0 and sent our neighbours Bala Azul into the relegation play-offs where they were beaten 1-0 on aggregate by Union Molinense CF.

Spanish supporters Group, the Redboys, played a friendly game of walking football against members of **Los Amigos de Mazarrón FC** and the **Camposol Walking Football Club** and a great time was had by all at the Estadio Municipal, the home of **MFC**.

**Tuesday 16<sup>th</sup> May - Race Night** returns to Alley Palais, Camposol B

Doors open at 7pm with the first of eight races starting at 7.30pm. There will be a short break for food at the conclusion of the 3<sup>rd</sup> race which should be at approximately 8.30pm.

Two of the eight races will be 'auction races' when spectators can bid for a horse and enjoy a share of the profits if the horse wins. On a smaller scale, punters can bid for a horse or a jockey in the other races. It costs €3 to own a horse and €2 to own a jockey and there is a prize and a rosette for the winners. You can sponsor a horse or a jockey at the **Los Amigos** weekly meetings at Mariano's, Camposol A every Thursday at 4pm.

Admission is €5 which includes a Race Card and entry into a Prize Draw. Tickets are on sale at our meetings, Alley Palais, or email [dereksocialfc@gmail.com](mailto:dereksocialfc@gmail.com)

**Tuesday 19<sup>th</sup> September - Black-Tie Dinner**

@ Restaurante Amapola, Bolnuevo. Three-course meal, a glass of cava or orange on arrival followed by a choice of starters - squid in batter with tartare sauce, Spanish ham and cheese or vegetable tempura. Main course - Chicken with Peppered Sauce or Special Sea Bream Amapola. Dessert - Cheesecake or Fresh Fruit. Local beer, house wines and soft drinks will be included during the serving of dinner only. Coffee is also included. Entertainment by vocalist Carolyn May.

Tickets €33 for members and €37.50 for non-members. Transport will be provided to and from the venue at an additional cost of €5 pp (first 55 to reserve)

Please contact [dereksocialfc@gmail.com](mailto:dereksocialfc@gmail.com) to book your tickets or call at our weekly meetings.



Redboys game



Redboys Game

win of the season; 4-1 at home to the eventual champions Balsicas.

Wins against Atletico Santa Cruz, Mar Menor and Aguilas in the return fixture, coupled with three more draws, saw us still unbeaten after 12 games on 18<sup>th</sup> December when we travelled to face SFC Minerva. Never a good hunting-ground for **MFC**, we suffered our first defeat. Minerva went ahead in the first minute and we thought we had rescued a point and maintained the unbeaten record when Chiky equalised in the 86<sup>th</sup> minute, only for Minerva to grab

For the second season running, the influx of cash by the owners and the introduction of so many foreign-born players did not succeed. Relegation from the Tercera was followed by near relegation from the Preferente. I cannot see there will be many of the foreign-born players remaining next season. Carlos Rivas has already announced that he has left **MFC**.

However, we must thank our President Diego for all his hard work and enthusiasm and hope that he is not too dispirited and will continue to work to achieve promotion back to the Tercera next season.

**Other News**

There is little activity at the Football Club during May and June until training resumes in July. However, representatives of the

LOS AMIGOS DE MAZARRÓN FC

## RACENIGHT

TUESDAY 16<sup>th</sup> MAY 2023  
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Email: bettyloyd1560@hotmail.com

**CGA Men's Wednesday Group**

The Competition on Wednesday 22<sup>nd</sup> March was a Medal, played from yellow tees in teams of 3 with one to score. Scoring was very good and on the day, the greens were also good, but putting was tricky on some holes.

**Results:**

- 1<sup>st</sup> - D Deegan, D Plant, S Rowbotham - 55 - 17 under par.
- 2<sup>nd</sup> - S Dixon, M Green, E Toye - 56 - great golf played by S Dixon & M Green.
- 3<sup>rd</sup> - N Morgan, D Griffiths, J Layland - 58

Betty Roberts

**Club De Golf Thursday 23<sup>rd</sup> March**

- 1<sup>st</sup> - 37 points - Alan Hebblethwaite
- 2<sup>nd</sup> - 35 points - Debbie Murray
- 3<sup>rd</sup> - 34 points - Dennis Jones



Desert Springs

**Results:**

- 1<sup>st</sup> - E Toye, D Griffiths, D Smith - 59 strokes
- 2<sup>nd</sup> - N Morgan, K Halliwell, D Watts - 60
- 3<sup>rd</sup> - D Hopkins, B McClusky, S Parsons - 61 c/b
- 4<sup>th</sup> - D Deegan, H Pearson, T Colvin - 61

There were four 2s: D Bunn, D Deegan, D Watts and D Griffiths.  
The football card was won by J Lawlor.

Thanks to Derek, Harry and Terry for the presentation.

**Wednesday April 5<sup>th</sup> Competition**

This was a **Pinehurst Medal** with 9 three balls taking 6 drives each so no spare drives. There were no disasters to hear of, as one player from every team stood on the 18<sup>th</sup> tee, knowing it was all down to him to win or lose the Competition. There were no 'dead ducks' floating, so well done to all anchor men.

**Football Card Winner - D Watts.**

Thanks to Martin and Bob for the presentation.

Eugene Toye  
C.G.A. Competitions' Secretary

**CGA Ladies' Tuesday Group**

On a fine sunny Tuesday, 21<sup>st</sup> March, the ladies held their bi-annual fun day and lunch, organised by Irene Langley. Generous sponsorship was provided by The Clubhouse, The Diner, Rob Greatley, The CGA and Cat's Bar. After a great team game of Sixes with extra fun supplied by 'notes in holes', we all met up at The Diner for a lovely meal and the prize giving.

**Nearest the Pins:**

- Alison Vasey (3<sup>rd</sup> hole), Vron Porter (5<sup>th</sup> hole), Sue Brew (11<sup>th</sup> hole), Irene Langley (13<sup>th</sup> hole)
- Nearest the 2<sup>nd</sup> hole ditch was Hayley Barker

The winning team was Irene Langley, Verona Elder, Sue Brew and Debbie McLachlan.

Debbie McLachlan

**CGA Golfing Away Day**

It was a lovely day for the 40 golfers who played at Desert Springs on 14<sup>th</sup> April. The course was in great condition especially considering the scarcity of rain. It suited long straight hitters of the ball as the holes were quite long. It was not advisable to go looking for errant balls as there was a sign saying 'beware of snakes and scorpions'. The day was extremely good value as CGA Members played at the subsidised price of €35 including a buggy. The Competition was an individual **Stableford Competition** with cash prizes for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places.



Nearest the pin

**Nearest the Pins:**

- Ray Lyons (3<sup>rd</sup> Hole), Gary Lovejoy (5 & 11), Rob Greatley (13)
- In 2 shots - 8<sup>th</sup> Alastair Rae.

The Clubhouse Committee

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**Humanists of Murcia**

Tel: 669 338 885  
[humanistsofmurcia@gmail.com](mailto:humanistsofmurcia@gmail.com)  
[www.humanistsofmurcia.com](http://www.humanistsofmurcia.com)

**Darwinian Gardeners**

The April event for the gardening group was a visit to the new, bedding plant nursery in Atalaya. There were 27 of us and almost all of us bought a large number of well-priced plants. We then drove back to the Casa Colorá in Leiva where we had an excellent meal.

teams of 4 and all teed off sometime after 11am. The sun shone and we had a fun couple of hours. Jan Wallace took the pictures.



We then drove to the Restaurant Marea Nareja where we had a menu del día. Annie had by then added up the scores and awarded tiny gold cups to the winning team - Annie, Des, Hazel and Linda. The team which came second were awarded a prize as well - Jon, Bernice, Marilyn and Geoff.

cars by about 1.30pm and then drove to Restaurante El Pilon for a menu del día. It with great sadness that we announce that Martin Rushton died on Tuesday 11<sup>th</sup> April. He was involved with the **Humanists of Mazarrón** as Secretary for many years and was one of the founder members of the **Darwinian Gardening Club**. We offer Anne our sincere condolences



**Humanists of Murcia**

We celebrated the Spring Equinox with a game of Adventure Golf at **Golf Delux** in Los Alcázares. We were divided into 5

**Humanists of Murcia Walking Group**

On Wednesday 15<sup>th</sup> March, Richard and Hazel led a group of 20 walkers on a walk behind Mazarrón Country Club. We met at La Taverna for a coffee and then set off. It was a beautiful walk on a lovely sunny day. We were back at our

If you would like to join us for walks, gardening outings, games' evenings and lots of lunches, get in touch:

Facebook page  
 Call **603 205 649**  
 Email: [humanistsofmurcia@gmail.com](mailto:humanistsofmurcia@gmail.com)  
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